



7th June, 2017 • Birmingham City Centre (Austin Court, B1 2NP)
£165 before 5th May, £195 after • 10 am - 4:30 pm

Best practice in commissioning green prescriptions

A one day training course to help professionals working in the health system to scope, design and implement a green prescription scheme in their locality.

Local natural outdoor spaces close to where people live provide huge untapped opportunities for improving their health and wellbeing. The evidence for this is strong.

Green prescriptions are a core aspect of social prescribing (referral of patients to local non-clinical services available in the community). Increasingly clinicians are referring patients to nature-based interventions for a variety of long-term conditions. There is emerging best practice in the UK, including the widely-acclaimed Branching Out programme involving NHS Scotland.

Green prescriptions can form a core part of achieving sustainability in the health system. Many providers of outdoor spaces are seeking collaborate with healthcare and public health organisations to deliver safe, cost-effective outcomes for patients.

The course will cover:

- Models for commissioning.
- Examples of best practice.
- Identification and management of providers
- Pros and cons from the point of view of health outcomes.
- Integration into the plans of Local Authorities, NHS Trusts and sustainability plans.

The course is aimed at people working in core parts of the health system such as:

- Local authority public health and social care functions (including Health and Wellbeing Boards)
- GP surgeries and Clinical Commissioning Groups looking to innovate in care models.
- Social care providers.
- NHS Trusts keen to do more for promoting wellness and wellbeing.

The course rate includes:

- Refreshments including lunch.
- Printed and on-line versions of course materials.
- CPD certificates.

Dr. Dan Bloomfield, is an expert on nature-based solutions to local health priorities. With support from NERC he runs a project (www.adoseofnature.net) at the University of Exeter's campuses in Penryn and Truro to increase the number of 'green prescriptions' provided by GPs to patients with long-term conditions. Dan also works as a psychotherapist in private practice.



To reserve your place: email info@ecosystemsknowledge.net with a sentence about your job and where you work. We'll send a booking link. Tel. 0333 240 6990

The Ecosystems Knowledge Network is a Charitable Incorporated Organisation, registered with the Charities Commission for England and Wales (No. 1159867) and the Office of the Scottish Charity Regulator (No. SC045732). Registered office: The Old Music Hall, Oxford, OX4 1JE.