



Building Bridges

A Hospice of Wichita Falls Program for Grieving Children, Teens and Their Families

Building Bridges offers emotional support to grieving children, teens and their families who have experienced loss through the death of someone significant in their lives.

With *Building Bridges* as a support, children come together to share the experience of life.

Love Can Build A Bridge...

Building Bridges is held each fall and spring for 8 weeks. Participants meet for one hour every week during the session.

Participants are divided into small age appropriate groups. A caregiver's group is held simultaneously to meet their needs.

Each group is facilitated by at least two specially trained facilitators.

Kindergarten - 12th Grade

**Building Bridges is a
FREE Community Service!**

Principles

The principles of Hospice of Wichita Falls, as it addresses bereavement needs throughout the community, are found in the **Building Bridges** program.

- **ACCEPTANCE** of the expression and experience of a wide range of emotions in a safe environment.
- **VALIDATION** of the unique quality of individual grief.
- **GUIDANCE** through the painful days of mourning and adaptation of family change.
- **CREATION** of skills and abilities that effectively serve participants throughout life.

Building Bridges is offered to families grieving ANY type of death - not just families who have used hospice services. *The death does not have to be recent, nor does the child need to be presenting difficulties.*

Families may enroll by contacting Hospice of Wichita Falls or visiting www.howf.org

For Dates & Questions
Call Hospice of Wichita Falls at
940.691.0982



The Community's Choice
Since 1985