



# Conference 2019

## Programme

09.11.19 – 9:00am – 4:00pm

**9:00 – 9:30 am**

**Registration, Coffee and Networking**

**9:30 – 9:45am**

**Opening thought: Wayne Bullock CBE**

**9:45–10:15am**

**Panel Debate: Issues facing Young People**

**10:15–10:30am**

**Break**

**10:30–12:45pm**

**Workshop 1**

**12:45–1:30pm**

**Lunch**

**1:30 – 3:45pm**

**Workshop 2**

**3:45 – 4:00pm**

**Evaluation and Finish**

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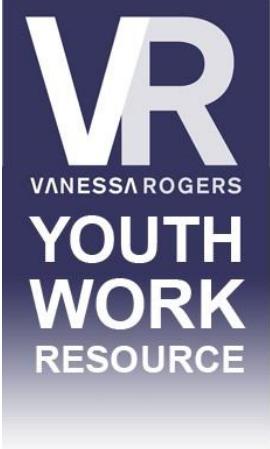


# Speakers and Workshops

Brook	Sex, Pressures and Social Networks – Young People and Pornography
	<p>For 55 years <b>Brook</b> have been the nation's leading national charity to offer a holistic approach to improving young people's sexual health and wellbeing. Through our unique combination of clinical services, education and wellbeing programmes, training and advocacy work, we make a significant difference to the lives of under 25s.</p> <p><u>This workshop has the following learning outcomes.</u></p> <ul style="list-style-type: none"> <li>• Introduce Sexual Health &amp; Pornography</li> <li>• To explore your values and attitudes in relation to pornography</li> <li>• Understand pornography and the law</li> <li>• Explore the prevalence of pornography use and the misconceptions held by young people in relation to sexual health</li> <li>• Understand the impact of revenge pornography</li> <li>• To develop your skills to support young people to achieve safe, healthy, happy relationships and sex.</li> </ul>

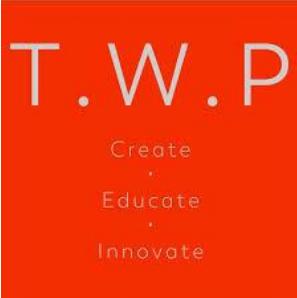
Street Style Surgery	Creativity with young people: t-shirt spray painting workshop
	<p>The <b>Street Style Surgery</b> is on a mission to inspire as many young people as possible across the UK through our creative, entrepreneurial and highly educational (in a cool way) workshops. This workshop provides the opportunity to get creative whilst learning how to deliver the same session to young people where they can express themselves in a fun, creative and easy-going workshop environment. When delivered with young people the workshop offers them:</p> <ul style="list-style-type: none"> <li>• A chance to explore the idea of pursuing a career in fashion and an insight into the skills and qualities required</li> <li>• An opportunity to share their ideas, engage in peer-to-peer praise rather than peer pressure... and develop their communication and presentation skills</li> <li>• An increased respect for the opinions and ideas of others – and a sense of how this feedback can be used to improve their initial concept</li> <li>• The raised self-confidence levels that come with having an idea and then seeing it brought to life</li> <li>• A whole lot of fun!</li> </ul>

Self Esteem Team	Self Esteem and Body Image with young people
	<p>In 2013, Nadia Mendoza &amp; Grace Barrett founded the <b>Self-Esteem Team (SET)</b>. Since then, they have worked with tens of thousands of young people, written a book approved by doctors and added an army of speakers to their ever-growing team of educators. The team continue to tour the UK's schools, helping young people with the tools they need to navigate their mental health, body image, and ability to perform under pressure.</p> <p><b>Self-Esteem Class:</b> It's important to learn how to connect with others, as well as how to communicate with confidence. These are skills that sit at the forefront of our day-to-day lives and have the capacity to support us through transitional times and place us back in the driver's seat. This class explores identity, how to challenge the labels that others put on them and discover confidence-boosters that help create a positive feedback loop.</p> <p><b>Body Image Class:</b> In a world of selfies, photoshop, and social media, it's easy to forget just what incredible machines our bodies are; instead caught in a 24/7 loop of comparing ourselves to others online. This class takes a critical look at the world around us, getting to grips with where negative body image stems from, providing tools to help re-evaluate self-worth and develop armour to face the future.</p>

 <p><b>Vanessa Rogers</b></p>	<p><b>Managing challenging behaviour with young people</b></p> <p>Prior to becoming a successful consultant, author and trainer in youth work and PSHE, <b>Vanessa Rogers</b> managed children's services for Hertfordshire County Council. She is currently a leading author in her field, with practical resource books published worldwide by The National Youth Agency and Jessica Kingsley Publishers. She is a regular writer for Children and Young People Now, an Associate Trainer for UK Youth, and was commissioned by the BBC to create teaching and learning packs for two of their major BBC3 series. This practical workshop to support front line staff working with young people in a range of youth work and social education settings.</p> <p><u>Participants will:</u></p> <ul style="list-style-type: none"> <li>• Discuss how and when young people get angry</li> <li>• Consider their own responses to challenging/difficult situations</li> <li>• Consider the factors and 'triggers' that can lead on to aggression</li> <li>• Try out simple techniques to de-escalate challenging situations</li> </ul> <p><u>This workshop has the following learning outcomes.</u></p> <ul style="list-style-type: none"> <li>• The basic principles of anger management theory and how this works in practice</li> <li>• That everyone has 'triggers' that impact on how we cope with feelings of anger and aggression</li> <li>• How to identify early warning signs and techniques to diffuse challenging situations</li> <li>• How to work together to safely manage challenging behaviour</li> <li>• Ways to help young people better express their emotions to reduce challenging behaviour in the future.</li> </ul>
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 <p><b>Andreea Iosub</b></p>	<p><b>Youth Voice and Participation: Creating frameworks for youth participation in your organisation</b></p> <p>Andreea specializes in global digital transformation, covering company strategy, cultural considerations and change management, empowering greater collaboration in the digital workplace. With the ability to engage and influence global stakeholders, she drives adoption, implementation and the use of knowledge/collaboration systems, processes and other enablers. Her work covers design and adoption of digital strategies, global delivery across competencies and stakeholders and change and programme management in order to effectively serve the business and delivering valuable solutions to end-customers.</p> <p>This interactive workshop will cover the basics of a youth participation framework in an organisation working with young people. The session will cover the main steps in designing a youth participation framework needs assessment, programme design, implementation, monitoring and review, and accountability.</p>
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	<p><b>Online Safety with young people</b></p> <p>Content TBC</p>
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<b>Tin Whistle</b>	<b>How to engage young people in creativity, storytelling and public speaking</b>
	<p><b>Tin Whistle Productions</b> is the resident theatre company based at the Princess Royal Centre for Performing Arts. Established in 2017 to CREATE new pieces of theatre to excite &amp; engage the local community as well as EDUCATE young people through drama &amp; dance pieces. The company also wants to develop an INNOVATE (-ive) approach to corporate training by using improvisation &amp; performance skills in the boardrooms to develop dynamic &amp; confident business leaders.</p> <p>This workshop will focus on how to engage young people in creativity, storytelling and public speaking, the workshop itself will be engaging, creative and fun with hints, tips and techniques on how to engage your young people through drama.</p>

<b>The Health Improvement Commission</b>	<b>How to support children and young people in developing healthy eating habits</b>
	<p>The Health Improvement Commission are a newly established, independent charity created to deliver health improvement initiatives in Guernsey and Alderney. Our main aims are to develop, deliver and evaluate health improvement initiatives in the Bailiwick and bringing together partners in the voluntary, commercial and public sectors.</p> <p>This workshop will provide opportunity to explore and discuss how youth workers and leader's actions affect young peoples' environment, their interaction with food and eating habits.</p>

<b>Nick Hynes and Sebastian Graca da Silva</b>	<b>The Children and Young People's Plan (CYPP) and The United Nation's Convention on the Rights of the Child (UNCRC): What are they and what do they mean to me?</b>
	<p><b>Nick Hynes</b>, Head of Inclusion and Services for Children &amp; Schools and lead officer for the Island's Children and Young People's plan is joined by <b>Sebastian Graca da Silva</b> Senior Participation and Engagement worker at the Youth Commission to give an overview on 2 key policies for young people across the Bailiwick and how they impact those working with or on behalf of young people in our community.</p> <p><u>This workshop has the following learning outcomes:</u></p> <ul style="list-style-type: none"> <li>• The history of both the CYPP and UNCRC</li> <li>• An overview of the priorities and themes of the CYPP</li> <li>• How to recognise and use the articles of the UNCRC</li> <li>• Understand the roles your settings can play in supporting the CYPP</li> <li>• Understand the roles your settings can play in supporting the UNCRC</li> </ul>

<b>DofE</b>	<b>DofE annual conference (for DofE award Co-ordinators and Volunteers <u>only</u>)</b>
	<p>The Annual Duke of Edinburgh's Award conference will now take place as part of the wider Youth Commission Conference.</p> <p>This session will focus on:</p> <ul style="list-style-type: none"> <li>• Guernsey route planning</li> <li>• Show and tell</li> <li>• CPD</li> <li>• Shared resources</li> </ul>

## Opening Speaker - Wayne Bulpitt CBE



At the same time as successfully building Active Group and associated appointments within the sector, **Wayne Bulpitt** has been a passionate supporter of philanthropy and volunteering, especially in the support and development of young people. He was at the centre of the strategic leadership of the Scout Movement in the UK culminating in his appointment in 2009 as the Movement's first UK Chief Commissioner with responsibility for leading the 580,000 adult volunteers and young people. On retiring from these posts in September 2016 he was appointed a Vice President of the Movement.

In addition, Wayne has been influential in wider community and youth issues, currently chairing The Diana Award and as a member of the Prime Minister's Champion Group on Dementia, whilst in Guernsey he has founded and continues to be involved in a number of significant charities including the Guernsey Community Foundation, the Youth Commission for Guernsey & Alderney and Home-Start Guernsey.

A highly regarded inspirational leader and philanthropist, Wayne's significant contributions were recognised in the 2017 Birthday Honours when he was made a Commander of the Most Excellent Order of the British Empire (CBE).

## Debate Chairs – Members of the Youth Forum for Guernsey and Alderney



The **Youth Forum** is a group of young people from across the Bailiwick who represent the views of their peers and issues important to young people. The Youth Forum engages with business and community leaders, senior civil servants and politicians.

The Youth Forum's primary focus is to provide a voice for young people within the community, and to ensure that young peoples' voices are heard by those making strategies and decisions that affect the lives of young people.