



CONGRATULATIONS TO OUR WINNER!

Back in October 2018 we started the planning for the biggest ever raffle that we have ever run here at Beaumont House.

We started a conversation with Richard Gelsthorpe from Pratt and Gelsthorpe and began the arduous process of applying for a Gambling Commission Licence.

By the narrowest of margins we were granted the licence in time to launch the raffle at our 2019 Winter Ball, and Richard gladly offered to support us by tying in Pratt and Gelsthorpe's own 100th anniversary celebrations.

And so from 9th February the entire team were consumed with where, when, and how many tickets we could sell.

We booked market stalls and braved the wind, rain and storms in Newark and Southwell. We attended summer fetes, festivals and shows in Collingham, Thoresby, Newark and sweated in the sun. We went to sports clubs, pubs, shops and mailed them to our supporters. We drove the Peugeot 108 kindly lent to us by Pratt and Gelsthorpe 1000s of miles to ensure we gave ourselves the greatest possible chance of selling the tickets.

Read more on page 2

STOP PRESS

Please see our website and social media platforms for our COVID-19 statement and for ways in which you can continue to support Beaumont House during this difficult and uncertain time.



MESSAGE FROM IAN PHILLIPS BEAUMOND HOUSE DIRECTOR



Welcome to the Spring 2020 edition of our Newsletter.

Despite the recent storms the first signs of Spring are beginning to show. We have a new Government in place and we have left

Europe. Whilst these are all positive steps forward there is for each of them a negative lurking in the background be it the clear up from the floods, repairs following wind damage or the general uncertainty in the economy that has been brought about through the Brexit debate. As Company Secretary my role involves responsibility to oversee the finances and I have certainly seen the impact on us over the last few years of the economic uncertainty that has existed. It has been difficult at times to assess the appetite of the statutory funding bodies to provide additional funds, even though they bring pressure to bear to expand the services they want us to offer. Similarly the whole area of fundraising has changed with many more charities trying to raise funds. Our population is living longer than it has ever done and average life expectancy is increasing which, in turn, increases the number of people wanting to use our services.

I became involved with the charity around the time that Beaumont House first opened. I was asked if I could lend a hand to the lady who was looking after the books and some twenty-five years later that still seems to be my job! I am very proud of everything that we have achieved over the years not only in terms of the innumerable families we have been able to assist, but also in the manner in which we have changed to remain relevant. It is an absolute delight to sit for a few minutes with a patient and talk to them about their experience of Beaumont House and there is always the highest praise for all of the efforts that go into caring for the individuals who use our services. Every single aspect of the operation is praised – the welcoming nature of the reception team, the tremendous care provided by the nursing team, the help given by the volunteers and the thoughtfulness from the catering team are always mentioned. We now start our board meetings with a short patient story to serve as a reminder as to why we all volunteer to carry out the roles that we do.

We managed at the end of last year to open our retail outlet in Collingham after many months of planning. This is our third shop and we have been delighted with the response from those wishing to volunteer, those donating goods and above all else the never-ending stream of customers. The opening of the Collingham shop was followed in the run up to Christmas with the Light Up a Life Events in Newark and Southwell, both of which were exceptionally well supported. We then came to the drawing of the raffle for a Peugeot car and we thank Richard Gelsthorpe who attended on the day to draw the winning ticket and congratulate Mrs Megan Willis on winning the car.

As we move into 2020, exciting times lie ahead for us. From 1 April we have been admitted onto the Nottinghamshire Council Fast Track Care Programme which will allow us to enhance the care packages we are able to offer and we have successfully renewed our Cyber Essentials Accreditation. We have been successful in obtaining grants towards our new therapy room and__ for the much-needed repair works on the windows in the main house. As directors we recognise that we operate in a dated building, but we keep on top of the repairs and continue to work hard to maintain the feeling of Beaumont House being "Home from Home".

On the fundraising front, following the success of last year's event we are running the Dragon Boat Race again on 20 September 2020 and entry forms are already available and space is becoming limited.

We cannot achieve what we do without the tremendous support from our volunteers and we were absolutely delighted with the support we received when we opened the Collingham shop. We always have opportunities for volunteering at Beaumont House and even if it's only for a couple of hours a week, please do get in touch with Cathy Lowe as she will certainly find you something to do!

Can I finally thank you for taking the time to read the Newsletter which I hope you find interesting. Beaumont House is your local hospice and with your help and support we will continue to develop it and continue to provide those in Newark and district who have life-limiting illnesses, along with their families, a quality support network for many years to come.



SUSTAINABLE SHOPPING CHAMPIONS

Sustainable shopping is very much the buzzword as we begin this new decade. The startling fact that it takes 10,000 litres of water to make one pair of jeans, coupled with the backlash against fast fashion, means more people than ever are committing to being more careful and #notbuyingnew.

Our Newark shop supervisors, Liz Freshney and Julie Day, are practising what they preach, by dressing almost entirely in pre-loved clothes.

Whole movements (are springing up) connected to the promotion of choosing more wisely. Alongside #veganuary there is growing support for re-using and recycling clothes and household items. Charity shops are at the forefront of this new more conscious way of thinking. They are increasingly the first choice for anyone wanting things that are #newtothem that

will not contribute further to a throwaway society. Like reusable cups and bags the idea of reusable clothing is becoming an attractive one.

Even London fashion week has embraced vintage shopping and many top brands now include vintage pieces on their websites. There's the obvious case of being individual but also the thrill of finding the perfect piece is far more satisfying than being able to walk to a rack of identical items and buy one.

Customers also have the satisfaction of knowing they are helping Beaumont House by buying from the shop. Julie said: "They know where the money is going. Every penny is well spent." Small local charities such as Beaumont House rely totally on the generosity of our community



and we are always grateful for all the help we receive. So this year when thinking of that fabulous new outfit or household item, it would be great if you could #choosereused and in doing so, not only score yourself that beautiful bargain piece but along the way help Beaumont House too.

Front page cont...

We set ourselves targets to reach at each event to maximise the sales, adopting 'The Apprentice' style selling techniques to encourage sales. For weeks and months we nervously watched the pile of stubs begin to grow. Whilst we set ourselves a target of 30,000 tickets we never truly dared believe we would get anywhere near that amount. So in the final days when stubs came flooding in and the total grew and grew we knew the effort we put in would mean a resounding success.

We have so many people to thank – anyone who sold,

bought or promoted sales – thank you so much – every single ticket sold meant another pound in the pot for Beaumont House.

And so to the day of the draw – **24441 tickets** were released from under lock and key and transferred into a bin no less. Richard kindly pulled up his sleeve and drew the winning ticket. We were delighted to announce that a local family won the car and Megan Willis and her young family who 'bought loads' of tickets were the winners! It was a wonderful moment to be able to tell Megan, who said the best thing

she had won in a raffle until then was a bottle of champagne, and never thought that she would be the winner of a brand new car!

Thank you to everyone again for every little bit of support – might we do it again? Possibly, but definitely not this year!



Photograph courtesy of the Newark Advertiser



Carers Support

Becoming a carer can affect a person's finances, social life, education, employment, and general health and well-being.

Over 7 million people in the UK are a carer.

Beaumont House wish to reach out and support those who care for someone using the Beaumont House Community Hospice services. A new support group started in February 2020 offering support, information and advice. The groups will be held monthly at Beaumont House for anyone caring for a patient of Beaumont House Hospice.

The drop-in sessions will be held every other month on the first Wednesday from 2.00pm - 4.00pm.

The next session will be held on Wednesday, 1st April 2020.

Staff Development

As part of looking after the team that look after you, our Clinical Nurse Lead will be attending a QELCA course which is about quality end of life for all and some of our Health Care Assistants are undertaking their NVQ qualifications. We also have some newly trained mental health first aiders, who recently attended. Kat Wright, our Event Coordinator attending the training.

"Recently I attended an Adult MHFA Two Day course, ran by And Partnership, to qualify as a Mental Health First Aider and it was one of the best courses I have been on. Mental health is such a prominent issue; one in four of us will experience mental ill health in any given year. The course was such an eye opener to the range of mental health issues and how best we can help those suffering, both at work and in our personal life, with finding the support they need to recover. It's important to remember that it is OK not to be OK and to reach out for help. As a Mental Health First Aider for Beaumont House my door is always open".

THANK YOU!

...to the team of volunteers from John Deere of Langar very kindly came into the hospice back in November to help decorate our rooms.



Winners of the Asda Green Token Scheme!



A huge THANK YOU goes out to everyone who voted for us in the Asda Green Token Scheme. We are delighted to be the winners of the Q4 2019 scheme and were kindly presented with a £1000 cheque by Asda in Newark last week.

The funds will be used to purchase items for our day care patients.

Thank you once again!

Walk through the door of Beaumont House Community Hospice and you'll be welcomed into an environment that is incredibly encouraging and most of the time a cheery place to be. A lot of people think it's a really sad place to come to but, in actual fact, it's far from that.





BEAUMOND HOUSE COMMUNITY HOSPICE

2020 CHALLENGES

SKYDIVE - LANGAR AIRFIELD

Take Part in a tandem Skydive from 13,000ft to support Beaumont House Community Hospice. Tandem Skydive over Nottingham Experience the incredible sport of skydiving!

**2
MAY**



WING WALKING - WICKENBY

The perfect challenge for thrill seeking adrenaline junkies! Experience one of life's greatest aerial adventures whilst supporting your local hospice.

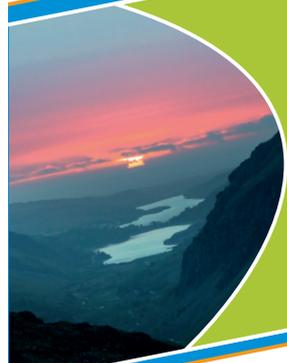
**24
JULY**



SNOWDON AT NIGHT

Explore the highest mountain in Wales and England by moonlight. Watch the sunrise across the stunning mountain range from the summit & see unforgettable views of the sun rising across the Snowdonia National Park.

**8-9
AUG**



NEWARK HALF MARATHON

Are you a keen runner? Can you run the Newark Half Marathon & raise money for Beaumont House? FREE place and FREE running vest if you pledge to raise £150 for Beaumont House!

**9
AUG**



To find out more about our challenges, please contact

Fundraising on 01636 385025 or email fundraising@beaumonthouse.co.uk

www.beaumonthouse.co.uk



DRAGON BOAT FESTIVAL 2020

DRAGON BOAT FESTIVAL



We are delighted to announce that Abachem Engineering and Ringrose Law, Newark, are our headline sponsors for the Dragon Boat Race, which will be held on Sunday, 20th September at Newark Riverside Park.

The last event was a huge success, raising a staggering **£28,274.40** for Beaumont House and the Children's Bereavement Centre.

Teams are urged to sign up as soon as possible as places are going fast! As well as the Dragon Boat Race, there will be fun for all the family with inflatables, live entertainment and local food stalls and a bar.

For further details, please visit www.beaumonthouse.co.uk/dragon-boat-race-2020 or contact Kat Wright at Beaumont House 01636 385025 katherine.wright@beaumonthouse.co.uk or Rachel at Children's Bereavement Centre - rachel@childrensbereavementcentre.co.uk.

HOSPICE IMPROVEMENTS

We are pleased to be able to make some changes within the hospice to benefit patients and staff.

An example of this is the planned move of the office from downstairs to upstairs. This will enable staff to be both responsive to patient call bells but to do so safely with reduce risk of trips and slips by going upstairs quickly. This is just part of an improvement plan including having the facilities team downstairs so that they are more accessible when facilities issues need reporting and addressing. Also because the hospice at home team has recently

expanded to offer more community support, they need an improved space to

access our electronic patient record systems, make confidential phone calls and plan visits. To enable this the admin team and the hospice at home team will swop offices to make the best use of the spaces that we have in the hospice.



RUN THE RADIUS

RUN 15 MILES OVER 30 DAYS TO FUNDRAISE FOR BEAUMOND HOUSE



OUR FIRST EVER VIRTUAL RUNNING EVENT!

Run the Radius is a virtual event where we are asking people to run, walk, jog, bike, dog walk (any activity of your choice!) a total 15 miles - the radius of Newark that we support; with the aim of raising £50 for Beaumont House.

THANK YOU!

...to everyone who helped us with our **Christmas bag packing**, which raised an amazing **£1,175.86!**

We honestly could not do this without all of our wonderful volunteers helping us to continue to offer our services within Newark and surrounding villages.

We need your support more than ever as fundraising events get cancelled and potentially people do less with others – including shopping!

Through our event you can still support us and help us to raise the vital funds we need to keep Beaumont House open at a time of increased financial pressure. **Further details will be announced shortly on our social media pages and website so keep your eyes peeled!**



FLAGSHIP AWARDS

I am always delighted to have an opportunity to highlight some of the wonderful staff and volunteers that contribute to the success of the hospice at the three-monthly celebration event.

The nominations for the awards for all flagships are made by colleagues and patients or

members of the public and are an excellent way to say that special thank-you that each of them deserves. The decision is made by a panel and it's often a difficult decision-making process to assess who has gone the extra mile over and above their paid or voluntary role. If you would like to volunteer to help on the panel, please do let

Charlotte know. Also, if you would like to nominate a member of staff or a volunteer for a flagship award, please do contact Charlotte for further information.

Debbie Abrams OBE
Chief Executive



Left to right: Eileen (pictured with Louise) - long service award. Jo - bronze award. Gary - bronze award (pictured with Debbie).

Proposed New Bereavement & Garden Room

One of the ambitions we want to deliver for people who live in our 15-mile catchment area of Newark, is to improve and extend our bereavement support provision and also our complementary therapies offer.

We have been wanting to do this for the last three years but have been constrained by insufficient space. We are delighted that a local charity has granted us £44,433k to be able to do this and we have had confirmation that our application for planning permission to establish a 'therapy room annexe' has been successful. The BNA Charitable Incorporated Organisation is a new independent, grant-making charity based in Lincoln. They were pleased to be able to support us as a local charity to make a real difference as a part of their focus on communities in Newark and Nottinghamshire, Lincoln and



Lincolnshire and the surrounding area. We are very grateful for their support.

This means we can now start work to provide a private and quiet space which will allow us to deliver both bereavement support and also complementary therapies such as massage, reiki, reflexology. In addition we can make some modifications to the hospice office space so that the care team are based nearer to patients and can respond quicker. We can also move the Hospice at Home team to a larger office because we have recently increased the community work we do are expanding that team.

The building itself is likely to take four to six months to deliver and nearer the time we will be looking for additional volunteers who may have qualifications and experience in bereavement support or complementary therapies. If you would like further information about this please do contact Lucy Millard to register your interest in this exciting development.

THE BEAUMOND HOUSE BUSINESS CLUB



The Beaumont House Business Club Relaunch Breakfast was held at the hospice on Wednesday 19th February and was a great success!

Businesses in our 15 mile radius were invited to indulge in pastries and bacon rolls whilst learning about the new and exciting benefits that the Business Club has to offer. It was a great opportunity for current and prospective members to meet the Beaumont House team, to learn more about the hospice and to share ideas how local businesses can support such a great cause.

When the scheme was first launched Henry Price from Abbott and Co was the first to recognise its value, 'the Beaumont House Business Club is a great opportunity for local Newark businesses not just to support an excellent local charity but also to positively demonstrate to their customers and staff that they care about the local community and the people within it'.

Beaumont House is focused on sourcing regular income to ensure the continued provision of invaluable services to the local community; this scheme is a fantastic way to achieve this. Businesses can sign up for different levels of memberships which offer various benefits to promote their company as well as an association with a charity much loved

in Newark. Promotion on social media and in newsletters, use of the charity logo, discounted and free tickets to own Beaumont House events are all advantages the scheme offers. Kat Wright, our Corporate and Events Fundraising Officer, says, 'with our Bronze membership costing only £100 per a year this is very affordable to a range of businesses in our catchment area, yet the difference it would make to the local people physically and emotionally that need our services is immeasurable.

Since the Relaunch we now have 20 members in the Business Club, and we want this to keep growing!

If you would like more details about the Business Club and how you can support the hospice please contact Kat Wright on 01636 385025 or visit beaumonthouse.co.uk/business-club.



Local Jobs for Local People

Reflect Recruitment Group provides temporary and permanent recruitment services to local businesses and individuals looking for work in the Newark, Grantham and Lincoln areas.

As Gold Members, we actively support our chosen

charity, Beaumont House Community Hospice in Newark who have touched the lives of so many people living, working and studying within the community.

Working with local businesses our service extends across all sectors and industries. We promote opportunities within administration, accounts, industrial, manufacturing, warehouse, managerial and technical areas.

Please contact us for more information on 01636 700373 or via our website www.rrgroup.co.uk





Ableworld Newark are proud to be patron members and supporters of Beaumont House

Hospice. The work they do supporting families in our local communities 365 days a year is invaluable to so many people in our local area.

We are proud to support local charities and good causes in our communities, as working together means we can all support so many more people.

Here at Ableworld, we pride ourselves on being an ethical trader, ensuring our customers receive honest and free advice and guidance on mobility equipment. We do not put customers under any pressure to make a purchase. We want to give them as much information as they require in order to make an informed decision. We offer a wide range of mobility equipment including mobility scooters, riser recliner chairs, wheelchairs and adjustable beds, as well as smaller items to help customers on a daily basis such as dressing aids, pill boxes, walking sticks and cushions. All of our items can be demonstrated and explained

to customers in store so you can understand how they may be able to help.

We also have our own stairlift and engineering team who can install, repair and service stairlifts, as well as service and repair mobility scooters, wheelchairs and other equipment. We are endorsed as a Which

Trusted Trader for approved service, repairs and installation, as well as being acknowledged as a Handicare Prestige Partner for stairlifts, giving our customers added peace of mind.

Our aim is to support customers in living a more comfortable and active life, and our team is on hand six days a week to help as much as we can.

Our store is located at 112 Farndon Road, Newark. NG24 4SE. 01636 703598.



CARDZONE

Cardzone Ltd is now into it's second year of Patronage of Beaumont House. This is a wonderful local charity to our business, and

we feel privileged to be a part of its business club.

The charity does a great job of keeping us informed of events we can get involved with, last year we were happy to put a team together for the dragon boat race a great team building day was had by all. We chose Beaumont House as a key charity of our business because of the vital work they do locally and also how well their business club is set up, they make it very easy to donate!

Time to spare at the weekend?

At Beaumont House we have a wonderful team of volunteer receptionists but we would love to see it grow.

We are looking for people who could spare about four hours on a Saturday or Sunday to be our receptionist on a rota basis.

The job involves answering the phone and welcoming visitors. Each session is different but each is very rewarding.

No experience is needed, just a friendly manner and a smile.

Anybody interested should contact volunteer co-ordinator Lucy Millard at lucy.millard@beaumonthouse.co.uk

You can find out more about volunteering for Beaumont House on our website beaumonthouse.co.uk/volunteer



BE BRIGHT BLUE 2020

Please Support our Wonderful Be Bright Blue Campaign!

This is the 5th year we have run this campaign for Beaumont House and we have always been very successful with support from our wonderful community!

We would like to ask for your help to enable us to raise £5000 which will go directly to patient care, supporting our loved ones when they need it most.

If you are part of a school and can organise a cake sale or a dress down day.... We want to hear from you!

If you are a business and would like to turn your window blue or wear crazy blue wigs for a day.... We want to hear from you!

Can you have a coffee morning, a collection in church or an individual that would like to make a direct donation? We want to hear from you!

Can you hold a raffle in your work place for us?

If 50 individuals held one raffle and raised £100.00, that would raise the entire amount of the campaign!

Please contact Cathryn Crane on 01636 385025 if you would like to discuss any ideas – Id love to hear from you!



DAY THERAPY

We've had lots of fun in Day Therapy over the last few months from dancing, dog visits and fashion shows!



BEAUMOND HOUSE CHARITY SHOPS

We have had a steady start to the new year in all our shops and it is hard to believe that Spring will soon be upon us!!

We are busily preparing donated clothing for the spring season changeover and, as always, there will be bargains galore in all our shops. We are massive supporters of the sustainable shopping movement and you will find loads of pre-loved items in our shops which are a one-stop shopping opportunity for all the family. We are guaranteed to have something for everyone.

Our Facebook charity shops page is going from strength to strength and you can see a wide selection of goods we have for sale which changes on a daily basis. Check us out and join the group for up to the minute updates on what's going on in retail. Our Collingham shop is now well established and continues to follow the success of our other two shops in Newark and Southwell. Drop in and say hello whenever you are passing.

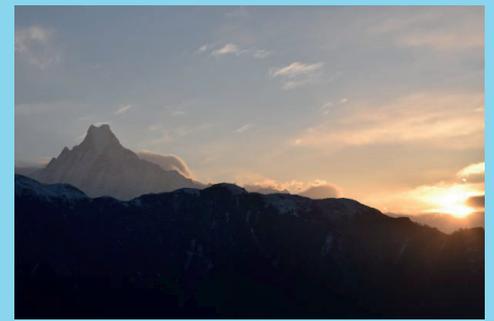
We are currently looking at opportunities to expand our shop base and retail operation further and 2020 promises to be a really exciting year for us. A massive thank you to our volunteers, customers and donors for all of the amazing support that makes our shops such a fantastic place to be!!

Gary White, Retail Manager (Feb 2020)



THANK YOU!

...to everyone who took part in the **Annapurna Sunrise Trek** in early 2019. The trekkers combined raised an outstanding **£9717!**



Thank you to everyone at Beaumont House Community Hospice for the love and wonderful care given to our sister Irene King over the past four and a half years.

She made so many friends in day therapy and loved coming because she always knew she would have a good time with lots of fun and laughter.

Irene (pictured second left) felt so comfortable at Beaumont House the staff and volunteers became like a second family to her. She often used to say that coming to the hospice was like having a huge hug.

Irene always said that when the time was right she wanted to be at the hospice because she knew she would be loved and well looked after. She has been and we could not have wished for better care for her.

Thank you from Irene and her family to all at Beaumont House and to the generous people of Newark whose donations are invaluable and essential to the future of the hospice.

Tricia and Ruth



