

Westside
929 SW Simpson Ave #130
Bend, OR 97702
541-330-1437 x2
inspire@inspirepreschool.org



Tax ID: 45-3726266

Eastside
2891 NE Conners Ave
Bend, OR 97701
541-330-1437 x1
www.inspirepreschool.org

November 13, 2017

Dear Friend of Early Childhood Education,

Thanks to our generous donors over the past year we have been able to:

- Install a full playground at our West location
- Update the toys at our East location playground
- Provide care for over 200 children
- Grant more than \$25,000 in scholarships



Our goal this past year was reached, for which we are very thankful. **At Inspire Early Learning Centers, we are passionate about helping children grow to their highest potential.** This coming year we are focused on continuing to support our scholarships and implementing trauma informed care.

We'd like to share a story of one of the children who benefited from scholarship funding. Sophia has been with Inspire for 4 years, and went into kindergarten this fall. She often had overwhelming emotional outbursts, but with the help of our teachers and Conscious Discipline strategies, Sophia learned to take deep breaths and express her feelings in a way that others can understand. We were proud to send her to kindergarten knowing that she had learned an important life skill.



Adverse Childhood Experiences (ACEs) can lead to challenging behaviors in preschool classrooms. Recent studies have shown ACEs can also contribute to various life-long emotional, physical, and even economic difficulties. **That's why we are passionate about helping children grow to their highest potential - which includes assisting children in dealing with trauma.** In 2018, we will be partnering with TRACES Central Oregon and OSU Cascades in tracking the growth of our students, and how their development changes as our teachers focus on resilience development.

Would you partner with us to provide scholarships and high quality early childhood education? Your year-end donation of \$50, \$100, \$500 or another amount will help us continue to develop and implement trauma-informed, resilience building curriculum at our schools, and make sure that we can include as many families as possible in our programs.

Thank you for your generous consideration!

Kara Tachikawa

Executive Director

Inspire Early Learning Centers



Thank you for your tax-deductible donation to Inspire Early Learning Centers! Please complete and detach the form below. We will send a receipt for your donation within 10 business days of receiving your gift.

You can make a donation by returning this form with a check, or completed with credit card information.

You can also donate by phone (541-330-1437)
or on our website (www.inspirepreschool.org/sponsorship-and-partnerships)

-----detach-----

Name _____ Phone _____

Address _____

Donation \$ _____ For scholarships trauma training anything
By check other: _____
 credit card (fill out below)

Name on card _____ Exp Date _____

Card Number _____ CCV _____

I authorize Inspire Early Learning Centers to charge by credit/debit card the amount shown above.

Signature _____ Date _____

THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs are
ADVERSE
CHILDHOOD
EXPERIENCES

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse

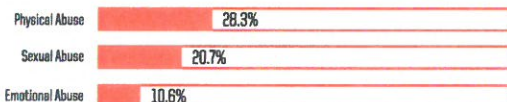


Divorce

HOW PREVALENT ARE ACEs?

The ACE study* revealed the following estimates:

ABUSE

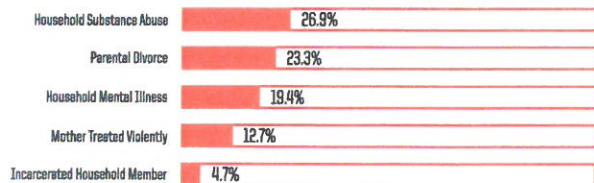


NEGLECT

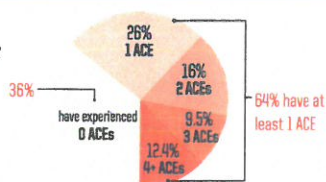


percentage of study participants that experienced a specific ACE

HOUSEHOLD DYSFUNCTION



Of 17,000 ACE study participants:



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes



Possible Risk Outcomes:

BEHAVIOR



Lack of physical activity



Smoking



Alcoholism



Drug use



Missed work

PHYSICAL & MENTAL HEALTH



Severe obesity



Diabetes



Depression



Suicide attempts



STDs



Heart disease



Cancer



Stroke



COPD



Broken bones