

— www.drvbrooksdunbar.com —

courage, authenticity, decisiveness, and poise



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Dr. V Brooks Dunbar (Dr. V) is on a mission to empower professional women and workforce ready girls to step boldly into their lives by providing them with the tools, strategies and support to trust their decisions, act with conviction, and stand firmly in their beliefs. In 2017, she authored the motivational book on women and self-leadership titled, *DIVA DECISIONS: How to Get from Smart to Intelligent by Claiming Your Power of Choice*, and is the creator of DISCOVER YOUR CONFIDENCE ZONES™, a personal audit system designed to help women unleash their power to lead with commanding confidence.

Dr. V has spent more than two decades mentoring and coaching women and girls around the globe. She is a former expatriate working, studying, and traveling in Europe, Central America, and South America. She is a passionate advocate for small businesses, entrepreneurship, and leadership equity for women.

Products

Discover Your Confidence Zones™ Personal Audit System

Our proprietary personal audit system is customized specifically for professional women to assess their level of confidence across key areas of their lives: self, career, relationships, and personal space.

Signature Talks

- Confidence: Take Command of Your Power Center
- Self-Doubt: How to Reverse This Confidence Killer
- Renewable/Relational Confidence: Are Your Career Relationships Missing The Mark
- Lack Confidence: Why High Self Esteem Isn't Helping It

Media Contributor















"I am the engine behind women who are changing the world. I show them how to build and sustain renewable confidence to perform at their highest level. My graduates 'lead' with courage, authenticity, decisiveness, and poise and have achieved the mental bandwidth necessary to fully activate and experience their dreams."

DR. V BROOKS DUNBAR



I accept that I am a **creator**.

Everything I could possibly need is **AT THIS VERY MOMENT** in and about my consciousness.

I am a command center of **COURAGE**, **AUTHENTICITY**, **DECISIVENESS**, and **POISE** with the mental bandwidth necessary to fully activate and experience my dreams.

Tereate exactly what I need to be whoever I want.

SIGNATURE _____ DATE _____

TCFC and Dr. V are on a mission to have **1 MILLION** women and girls take the pledge.

Take the online pledge at **www.drvbrooksdunbar.com** and be counted!



let's do the work!

DR. V BROOKS DUNBAR

The Confidence Commander
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