



PMSI Selects Saturn Care to Facilitate Chronic Care Management Program

Saturn Care's CDMP (Chronic Disease Management Program) to serve as platform for PMSI's chronic care management in patients with diabetes

February 14, 2018

CONSHOHOCKEN, Pa -- Saturn Care, a digital health company with a mission to help primary care solve diabetes, today announced that Pottstown Medical Specialists Inc. (PMSI) has selected the CDMP platform for use in their Chronic Care Management (CCM) program. The CCM program is a comprehensive support service of the patient education team under the leadership of Debbie Zlomek, RN, CDE, and is open to all Part B Medicare patients living with diabetes and one or more other chronic conditions.

"Saturn Care's CDMP platform is truly unique and a great fit with our workflows" said Kim Slifer RN, Clinical Applications Specialist with PMSI. "PMSI already provides its diabetes patients with extensive self-management education and coaching. To make these programs sustainable, we want to take advantage of Medicare reimbursement for our comprehensive one-on-one services. CDMP enables us to do that, and also helps achieve quality goals under accountable care organization contracts and other quality-based programs that reward performance. Saturn Care's expertise in technology deployments and the breadth of published clinical data provides customers like us the confidence that we can use the platform to work collaboratively with more patients to achieve both individual and population-level health goals."

The PMSI Chronic Care Management Program began as a pilot program in September 2017, and has experienced significant growth in just its first few months. It will now gradually be expanded across PMSI primary care sites in Montgomery and Berks counties. The program offers enhanced access to PMSI primary care services and care coordination with a patient's health care providers. Eligible patients can sign up for the program by phone, and there may be no cost to patients who have certain Medicare Supplemental insurance.

About PMSI

First known as Deviney, Guthrie & Popolow, LTD, from the merging of three separate practices of internal medicine in August 1978, the company name became Pottstown Medical Specialists, Inc. (PMSI) in May 1980. Over the years PMSI has added gastroenterology, cardiology, pulmonology, nephrology, rheumatology, oncology, pain medicine, neurology, and education to its specialty roster. Complementing these physicians and specialties are ancillary services such as a nuclear cardiology camera, digital echo machine, infusion therapy, therapeutic pain

injections, and diagnostic sleep center. PMSI has also developed a strong six location primary care division. This growth has been accomplished by the acquisition and merger of practices as well as opening new practices which are strategically located throughout the area. These offices stretch from Colledgeville to Bally to cover a large geographic area. Being part of PMSI allows each practice to operate like a small independent practice and at the same time have the luxury of a strong corporation standing behind them.

About Saturn Care and CDMP

Saturn Care is a digital health company helping primary care practices to achieve superior clinical and behavioral outcomes with their most complex and resource-intensive patients, notably those who suffer from diabetes and related chronic conditions. Saturn Care's Chronic Disease Management Program (CDMP) solution enables primary care to work collaboratively with patients to prevent complications of chronic disease using a clinically-proven, comprehensive program incorporating advanced cloud-based technology and services. Using mobile apps, CDMP makes it possible to gather unique patient data not found in the electronic health record (EHR), and by integrating directly with the EHR, then makes it possible for primary care providers to act on a more complete understanding of the patient and their behaviors.

CDMP originated with a multi-year, grant-based development effort involving leading experts in diabetes from institutions including the Joslin Diabetes Center, the United States Department of Defense, Baystate Medical Center and others. During the course of development, CDMP was used with nearly 200,000 patients and deployed at 11 sites in countries around world and integrated with several EHRs. A large, NIH-funded, randomized, controlled clinical study demonstrated CDMP's ability to significantly improve both clinical and behavioral outcomes in patients with uncontrolled diabetes. The results of the study were published in *Diabetes Care* in April 2015¹, joining several other peer-reviewed publications supporting the utility and acceptance of CDMP among healthcare professionals.

To learn more about Saturn Care, its team and CDMP, visit www.saturncare.com

¹Accessible at <http://care.diabetesjournals.org/content/early/2015/01/22/dc14-1412>.

###