



Sacred Garden Fellowship

presents

Radical Change

April 26-28, 2019

White Eagle Conference Center, Hamilton, NY

Facilitated by

Donald Gilbert, MSW and Adriene Nicaastro-Santos, MS

We all have stories we tell ourselves and others, the stories that we think make us who we are. Based on error perceptions, these stories keep us locked in a prison of our own making. If you desire to go beyond the surface into deep introspection, loosening the grip of self-created scripts to live freely without fear, join us for a spiritual healing weekend of radical change and experience the following:

- Clarification of your personal story;
- Reframing and release of the beliefs that created your story;
- Psycho-spiritual, experiential group activities to process and facilitate radical change;
- Supportive and authentic group processing;
- Real-time grounding of new behaviors, thoughts, and feelings; and
- A relapse-prevention plan for leaving fear behind.

We welcome your participation to help you navigate this time of transition into new and rewarding growth. As ever, we remain open to Divine guidance, as Spirit never fails to provide pleasant surprises that create a rich experience, a weekend filled with much love, joy, and healing.

To register or for more information visit: www.sacredgardenfellowship.org

Donald Gilbert is an ordained minister, teacher, therapist, and healer who lives and practices in Albany, NY. He started his career after graduating from Syracuse University in 1970 with a Masters in Social Work. Don has integrated his training as a therapist with many years of spiritual study and practice. Currently, he privately practices spiritual psychotherapy and co-facilitates spiritual discussion groups and weekend retreats locally and internationally for deep spiritual healing.

Adriene is a psycho-spiritual therapist, ordained minister, healer, teacher, and author who graduated in 1993 from Hahnemann University with a Master of Science in Group Process and Group Psychotherapy. She began an intense study of Sacred Garden Fellowship (SGF) teachings, as well as other metaphysical and spiritual materials over eleven years ago. She guides individuals through deep levels of healing, integrating spiritual development and personal growth through ongoing retreat and psycho-spiritual intensive co-facilitation, while privately holding sessions, workshops, and groups locally and internationally. For information visit www.pathways2innerpeace.com.