

Anthem: I Must Tell Jesus Words & Music by Elisha Hoffman / Arranged by Mark Hayes

## Humility, freedom from anxiety, and self-control are Christian character traits.

...from Disciple's Study Bible footnote

The anthem "I Must Tell Jesus" was originally written as a hymn by Elisha Hoffman (1839-1929) who was a Presbyterian minister and composed over 2,000 hymns.

The writing of this hymn was the result of a pastoral visit Hoffman made to a woman who was in great pain and very discouraged. He reminded the woman that she needed to tell Jesus about her problems. The woman started repeating the words, "Yes, I must tell Jesus." On his way home those words rang in his ears and wouldn't go away. He promptly wrote the words and the tune to the hymn, "I Must Tell Jesus." He expressed that we not only need to go to Jesus about our needs but also about the worldly temptations we face

each day. from https://www.collegeoftheopenbible.com/hymn-history-i-must-tell-jesus.html

I Peter 5:6-8a – Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith.... NIV

We need **humility** to faithfully accept God's guidance according to Bible Scholar William Barclay. Giving God control of our lives in all situations is a humbling experience.

Scripture assures us we are not alone and God cares for us; therefore, we can have **freedom from anxiety**. We can also understand Barclay's statement, "...life is not out to break us but to make us...." Trusting our lives to God is possible because God works for good with those who love him (Rom. 8:28).

Interestingly, giving God control takes **self control**! There are things to do in trusting God and giving Him control. Barclay describes these as 1) praying for God's will to be done, 2) putting all our efforts into living for Christ, and 3) being alert and resistant to fear and doubt which the devil can create during difficult times.

<u>Prayer</u>: Almighty God, I am amazed You care for me despite my unworthiness. I know You hear my prayer concerns and needs, and I humbly accept and trust your guidance. Fill me each day with your Holy Spirit so I am free of anxiety; may I have self control to give my life back to you whenever I start to take it over again.

## **Anthem Text:**

I must tell Jesus all of my trials; I cannot bear these burdens alone.

In my distress He kindly will help me; He ever loves and cares for His own.

I must tell Jesus all of my troubles; He is a kind compassionate friend.

If I but ask Him, He will deliver, make of my troubles quickly an end.

Tempted and tried, I need a great Savior, One who can help my burdens to bear;.

I must tell Jesus; He all my cares and sorrows will share.

I'm gonna tell Jesus. I must tell Jesus. I cannot bear my burdens alone;

I must tell Jesus. Jesus can help me, Jesus alone. I must tell Jesus!