



Let's Talk!

March 2018



PGL Trip

Are you aged 11—13? Do you fancy spending 3 days at a fantastic PGL outdoor activity centre? Would you like to find out more about M.A.D and get involved in making things better for other children in care? If the answer is **yes** to these 3 questions then you are in luck!! We have booked a stay are Boreatton Park near, nr Shrewsbury so that you can take part in some great activities, meet new members of M.A.D and get to know what the group is all about... and hopefully you will then join us!

The days will be action packed doing things like abseiling, quad biking and archery - if you are up for the challenge and are free 13th—15th April 2018 (please check with your carer) and then contact Darren Foley on 01384 815172 or email Darren.Foley@dudley.gov.uk.



Just before Christmas we organised a Christmas party for Children in Care aged 8 - 11 at Scallywags, Brierley Hill. We had over 50 children who joined us and got to go on all of the play equipment, meet Santa, be entertained by a magician and eat some great party food. We also gave everyone a Christmas present from us as well!

Thank you to the staff at Scallywags and to all of the carers who brought the children – it couldn't happen without your help!!

A group of children in care and care leavers recently went to Worcestershire County Cricket Club to take part in an event for Children in Care Councils from across the West Midlands. We got to meet loads of other people who are in care that are all working to make things better, as well as taking part in workshops on things like Independent Living.

'My favourite part of the day was the market place. I helped to make a display that we took with us, and could explain to everyone what we have been doing, and we could speak to other groups about their work' – Shanika.



Let's Talk



MOMO MIND OF MY OWN

We think MOMO is really useful and to encourage more young people to register, we have a fantastic competition! All you need to do is register for MOMO by April 16th and you will be entered into a draw to win one of 2 Samsung tablets!

This competition is only open to those in the care of Dudley MBC so you will have a great chance of winning!!!

VISIT - <http://mindofmyown.org.uk/young-people/>

With our last issue of Let's Talk! we sent a survey for you to complete—thank you to everyone who returned them!!

You told us that the most important issues for you are:-

Contact with my family.

Help finding a home when I am older.

We are now going to work on improving the top two things for everyone in care... If you have any ideas on how to improve things or what you would like to see happen please contact us on the details below.

As sleepovers were also high on the list we asked Claire Reilly, one of Dudley's Independent Reviewing Officers about whether we are allowed to have them – this is what she said:

'For most people the decision on whether you can have a sleepover, at either your own or someone else's home, can be made by you and your carer.' There is a small number that will also need to get permission from their social worker before a sleepover – this is to make sure that you are going to be safe and would only be the case if it is included in your Care and Placement Plan'.



Are you interested in joining us and making a difference??

If so we want to hear from you!!

**Please contact Darren Foley on
01384 815172 or email
Darren.Foley@dudley.gov.uk for more
Information!**



We recently met our Specialist Nurse, Tracey Deeming, to talk about Health Assessments.

If you have any concerns or questions about your health or your Health Assessment contact Tracey.

Tracey is available on **01384 366264** or you can speak with your social worker if you prefer!

