

Louis-Riel XCookie Meet - 2019-09-12
Hornets Nest : Louis-Riel XC Training Grounds
Results

Event 1 Girls 3k CC Intermediate

Name	Year School	Finals	Points
Results - Women			
1 Oehling, Kyra	Samuel-Genest	12:24.42	1
2 Elias, Julianne	Louis-Riel (8e)	13:43.93	2
3 Scobie, Kayden	Louis-Riel (7f)	13:47.84	3
4 Outwater, Grace Nancy-Ly	Louis-Riel (8d)	13:52.47	4
5 Baudin, Apolline	Louis-Riel (7d)	14:07.81	5
6 El Abdi, Dounia	Louis-Riel (8b)	14:32.19	
7 Rinaldi, Emilia	Louis-Riel (7f)	14:42.01	6
8 Lavoie, Arièle	Louis-Riel (8e)	14:51.32	7
9 Ebeid, Alexa	Louis-Riel	14:55.57	
10 Parker, Judith	Samuel-Genest	14:56.34	8
11 Roussel, Mariève	Louis-Riel (8d)	14:57.50	9
12 Desjardins, Makella	Louis-Riel (7d)	15:13.16	10
13 Aselford, Ella	Louis-Riel (8c)	15:23.08	
14 Hubert, Eva	Louis-Riel (8e)	15:53.77	11
15 Abada, Sarah	Louis-Riel (8d)	15:56.47	12
16 Babb, Zoé	Louis-Riel (7e)	15:57.29	13
17 King, Adèle	Louis-Riel (7d)	15:59.20	14
18 Milne, Béatrice Larocque	Louis-Riel (7e)	15:59.46	15
19 Prud'homme, Jade	Samuel-Genest	16:00.43	16
20 Galbraith, Hayley	Louis-Riel (8e)	16:10.04	17
21 Yusuf, Safa	Louis-Riel (7e)	16:11.66	18
22 Laviolette, Ellie	Louis-Riel (8d)	16:22.03	19
23 Thibault, Juliette	Louis-Riel (7d)	16:30.72	20
24 Adams, Chloé	Louis-Riel (8e)	16:35.38	21
25 Tremblay, Jersey	Louis-Riel (8e)	16:39.43	22
26 Cloutier, Caitlin	Louis-Riel (7e)	16:50.59	23
27 Lecomte, Annabelle	Louis-Riel (8e)	16:51.96	
28 Kaniki, Sarah	Louis-Riel (8d)	16:52.36	24
29 Lafrenière, Annika	Louis-Riel (8d)	16:52.61	25
30 Raymond, Mia	Louis-Riel (7e)	17:02.73	26
31 Novais, Lara	Samuel-Genest	17:02.95	27
32 Sheehy, Marie-Pierre	Louis-Riel (7e)	17:09.00	28
33 Charles, Maya	Louis-Riel (8d)	17:11.01	
34 Vallières, Noémie	Louis-Riel (7c)	17:14.62	
35 Albadry, Safia	Louis-Riel (8d)	17:23.35	
36 Omar, Ikma	Louis-Riel (8e)	17:24.43	
37 Lebrun, Emma	Louis-Riel (7b)	17:29.33	29
38 Barry, Aissata	Louis-Riel (8a)	17:31.51	
39 Ouellet, Amélie	Louis-Riel (7d)	17:43.66	30
40 Lokanga, Ammishaddai	Louis-Riel (7b)	17:49.55	31
41 Bellevance, Lauriane	Louis-Riel (8e)	18:02.29	
42 Meunier Carpentier, Emma	Louis-Riel (8e)	18:09.89	
43 Charest, Anna	Louis-Riel (7d)	18:10.25	32
44 Poirier, Lilliane	Louis-Riel (7d)	18:10.51	
45 Larmour, Brooklyn	Louis-Riel (7e)	18:23.86	
46 Richer, Raphaëlle	Louis-Riel (7c)	18:24.58	
47 Delorme, Isabelle	Louis-Riel (7a)	18:26.53	
48 Gravel, Vanessa	Louis-Riel (8e)	18:28.31	
49 Laroche, Claire	Louis-Riel (7b)	18:34.54	33
50 Goswany, Sanika	Louis-Riel (8e)	19:04.10	
51 Farid, Fathianna	Louis-Riel (7b)	19:07.33	34
52 Lalonde, Mackenzie	Louis-Riel (7b)	19:08.28	35


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....Event 1  Girls 3k CC Intermediate
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5	Louis-Riel (7e)	69	13	15	18	23	26	28
	Total Time: 1:04:59.00							
	Average: 16:14.75							
6	Louis-Riel (7f)	87	3	6	38	40	41	42
	Total Time: 1:10:37.62							
	Average: 17:39.41							
7	Louis-Riel (7b)	127	29	31	33	34	35	37
	Total Time: 1:13:00.75							
	Average: 18:15.19							

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Event 2 Boys 3k CC Intermediate

Name	Year School	Finals	Points
Results - Men			
1 Plessas-Azurduy, Mattias	Louis-Riel (7d)	11:14.29	1
2 Perrier, Colin Lee	Louis-Riel (8b)	11:38.95	2
3 Jeggo, Zachary	Louis-Riel (7e)	11:39.63	3
4 Cova, Daniel	Louis-Riel (7e)	11:42.71	4
5 Ouellette, Justin	Louis-Riel (8e)	11:43.69	5
6 Aquillina, Nathan	Louis-Riel (7e)	11:48.72	6
7 Vallejos, Ccostas Adrian	Louis-Riel (8d)	11:50.88	7
8 Oehling, Ethan	Samuel-Genest	12:01.48	8
9 Sorne, Abdoul Samadou	Louis-Riel (8a)	12:14.08	9
10 Rollin, Loïc	Louis-Riel (7c)	12:14.61	10
11 Dubuc, Xavier	Louis-Riel (7f)	12:15.52	11
12 Page, Jérémy	Louis-Riel (7a)	12:19.53	12
13 Larocque, Mikael	Louis-Riel (7b)	12:19.86	13
14 Quinlan Elva, Xavier	Louis-Riel (7c)	12:21.15	14
15 Shiau, Julian	Louis-Riel (7c)	12:23.43	15
16 Bernard, Ludovic	Louis-Riel (8e)	12:35.72	16
17 Jolicoeur, Alexis	Louis-Riel (7c)	12:47.54	17
18 McDougall, Oliver	Louis-Riel (7d)	12:50.15	18
19 Houssein, Hamza	Louis-Riel (7a)	12:52.73	19
20 Mayar, Noah	Louis-Riel (7f)	13:01.01	20
21 Bankole, Bayo Emmanuel	Louis-Riel (8d)	13:03.60	21
22 Laflamme, Daniel	Louis-Riel (7e)	13:06.19	22
23 Kaye, Cohen	Louis-Riel (7c)	13:07.66	23
24 Baraka, Niyoshuwa	Louis-Riel (8d)	13:09.93	24
25 El Guaari, Iliass	Louis-Riel (7f)	13:14.42	25
26 Hamidi-Tremblay, Shams	Louis-Riel (7f)	13:15.22	26
27 Dansou, Jean-David	Louis-Riel (7e)	13:22.69	27
28 Charest, Zachary	Louis-Riel (8e)	13:25.37	28
29 Sigouin, Mathieu Pierre	Louis-Riel (8d)	13:26.44	29
30 Tate, Lincoln	Louis-Riel (7d)	13:29.15	30
31 Gaspard, AltonSony	Louis-Riel (7f)	13:30.58	31
32 El Kaissy, Ihab	Louis-Riel (7e)	13:30.79	32
33 Levesque, Félix	Louis-Riel (7d)	13:36.47	33
34 Rosales, Cael Jaime	Louis-Riel (8a)	13:36.82	34
35 Provencher, Kareem	Louis-Riel (7d)	13:37.57	35
36 Bellot, Jayvyn Timothee	Louis-Riel (8b)	13:43.73	36
37 McKinley, Luka	Louis-Riel (7e)	13:46.36	
38 Gait, Landon	Louis-Riel (8c)	13:47.07	37
39 Noel Traore, Alexandre	Louis-Riel (7b)	13:47.71	38
40 Makanga Youlou, Nehemie	Louis-Riel (8a)	13:47.93	39
41 Dion, Zachary	Louis-Riel (7f)	13:49.28	40
42 Galbraith, Liam	Louis-Riel (7d)	13:50.03	41
43 Roy, Olivier	Louis-Riel (7f)	13:52.83	
44 Yao, Joshua Emmany David	Louis-Riel (7e)	14:06.47	
45 Dib, Anas	Louis-Riel (7b)	14:06.64	42
46 Parsonage, Jason	Louis-Riel (7f)	14:22.31	
47 Bah-Ceillier, Gael	Louis-Riel (7a)	14:23.32	43
48 Soussi, Yassine	Louis-Riel (8a)	14:23.98	44
49 Baker, Joshua	Louis-Riel (7d)	14:27.81	
50 Stiles, Ryan Borden	Louis-Riel (8d)	14:32.74	45
51 Grodzki, Viktor	Louis-Riel (7d)	14:33.25	
52 Souleiman, Kahin	Louis-Riel (8c)	14:44.52	46

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53	Macleod, Marcus	Louis-Riel (7a)	14:44.77	47
54	Jean-Vézina, Émeric	Louis-Riel (7c)	14:49.67	48
55	Roy, Etienne	Louis-Riel (7d)	14:51.52	
56	Bounouar, Aymen	Louis-Riel (8b)	14:52.93	49
57	Blais, Hogan	Louis-Riel (7a)	14:54.73	50
58	Tinzapa, Benjamin	Louis-Riel (7c)	15:01.69	
59	Ross, Matthew	Louis-Riel (8a)	15:05.44	51
60	Landriault, Simon	Louis-Riel (7c)	15:09.36	
61	Vigne, Eden Anthony	Louis-Riel (7f)	15:09.87	
62	Nassar, Wisam	Louis-Riel (8f)	15:12.09	52
63	Blais, Mark	Louis-Riel (7f)	15:13.08	
64	Gatchell, Hunter	Louis-Riel (7a)	15:34.24	53
65	Drouin, Christian	Louis-Riel (8c)	15:44.27	54
66	Abou-Arraj, Jeremy Rafic	Louis-Riel (7a)	15:46.38	
67	Kamunga Mutombo, Joatham	Louis-Riel (7e)	15:50.98	
68	Makouan, Rayan	Louis-Riel (7e)	15:52.97	
69	Al-Battah, Nawaf	Louis-Riel (7b)	15:55.67	55
70	Daher Mohamed, Hassan	Louis-Riel (7f)	15:56.60	
71	Johnston-Henriquez, Vacy	Louis-Riel (7f)	15:57.27	
72	Bellemare, Maxime	Louis-Riel (7e)	15:57.94	
73	Leger, Luke Patrick Mich	Louis-Riel (8d)	16:00.06	56
74	Uwimana, Hakeem	Louis-Riel (7f)	16:00.32	
75	Dupuis, Félix	Louis-Riel (7b)	16:04.66	57
76	Poulin, Damien	Louis-Riel (8f)	16:05.53	58
77	Thisdelle, Maddox	Louis-Riel (7a)	16:11.60	
78	Diallo, Thierno	Louis-Riel (8c)	16:12.97	59
79	Crowe, Thomas	Louis-Riel (7e)	16:13.62	
80	Gnanamurugan, Kaathric	Samuel-Genest	16:13.97	60
81	Vermette, Félix	Louis-Riel (7e)	16:16.39	
82	Rose, Dylan	Samuel-Genest	16:19.43	61
83	Griffin, Xavier	Louis-Riel (7b)	16:26.92	62
84	Ewaree, Hassan	Louis-Riel (7f)	16:45.74	
85	Gagou, Ibrahim	Louis-Riel (7f)	16:49.68	
86	Richer, Mathieu	Louis-Riel (7c)	16:50.01	
87	Relling, Jaylani	Louis-Riel (7c)	16:51.55	
88	Gervais, Justin	Louis-Riel (7d)	16:54.48	
89	Meunier, Antoine	Louis-Riel (8f)	16:55.71	63
90	Meunier, Adrien	Louis-Riel (8c)	16:55.90	64
91	Collin, Cédrik	Louis-Riel (8d)	16:56.07	
92	Gallant, Tristan	Louis-Riel (7d)	16:57.18	
93	Serey-Cormier, Rafael An	Louis-Riel (7c)	16:58.00	
94	Labilloy, Nathan	Louis-Riel (8f)	17:10.01	65
95	Simon, Léonidas	Louis-Riel (7e)	17:12.05	
96	Roy, Thomas	Samuel-Genest	17:15.86	66
97	Gagnon, Daniel	Louis-Riel (8b)	17:18.11	67
98	St-Onge, Jonathan	Louis-Riel (7e)	17:18.81	
99	Campbell, Sidney	Louis-Riel (7f)	17:25.98	
100	Lkassbi, Adam	Louis-Riel (7a)	17:32.65	
101	Elharradji, Ilyas	Louis-Riel (7e)	17:33.18	
102	Gamache, Jérémy Gilbert	Louis-Riel (8d)	17:39.96	
103	Hill, Ryder	Louis-Riel (8a)	17:40.17	68
104	Plante, Jackson James	Louis-Riel (8d)	17:40.51	
105	de Courville, Philippe	Louis-Riel (8f)	17:40.77	69
106	Rose, Logan	Samuel-Genest	17:43.22	70
107	Darling, Braden	Louis-Riel (7c)	17:47.51	

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....Event 2 Boys 3k CC Intermediate

6	Louis-Riel (7a)	121	12	19	43	47	50	53
	Total Time:	54:20.35						
	Average:	13:35.09						
7	Louis-Riel (8e)	121	5	16	28	72	75	
	Total Time:	56:26.38						
	Average:	14:06.60						
8	Louis-Riel (8a)	126	9	34	39	44	51	68
	Total Time:	54:02.81						
	Average:	13:30.71						
9	Louis-Riel (7b)	148	13	38	42	55	57	62
	Total Time:	56:09.88						
	Average:	14:02.47						
10	Louis-Riel (8b)	154	2	36	49	67	73	74
	Total Time:	57:33.72						
	Average:	14:23.43						
11	Samuel-Genest	195	8	60	61	66	70	
	Total Time:	1:01:50.74						
	Average:	15:27.69						
12	Louis-Riel (8c)	196	37	46	54	59	64	76
	Total Time:	1:00:28.83						
	Average:	15:07.21						
13	Louis-Riel (8f)	238	52	58	63	65	69	71
	Total Time:	1:05:23.34						
	Average:	16:20.84						

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Results

Event 3 Girls 3k CC Open

Name	Year School	Finals	Points
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Results - Women

1	Hopkins, Jamie	MacKenzie C.S.	11:58.69	
2	Deighton, Katherine	MacKenzie C.S.	12:41.52	
3	Duguay, Ella	Louis-Riel	13:12.34	1
4	Brûlé, Emily	Samuel-Genest	13:47.79	2
5	Côté, Léanne	Samuel-Genest	13:59.74	3
6	Shannon, Liliane	Louis-Riel	14:00.06	4
7	Duguay, Frederique	Louis-Riel	14:52.24	5
8	Gauvin, Gabrielle	Louis-Riel	15:02.40	6
9	Galuga, Sophie	Samuel-Genest	15:04.80	7
10	Tian, Amber	Fulford Academy	15:29.70	
11	Bourré, Sophie-Chanel	Samuel-Genest	15:53.89	8
12	Abada, Mariam	Louis-Riel	16:13.66	9
13	Hackett, Teeshie	Louis-Riel	16:48.48	10
14	Tomescu, Alice	Fulford Academy	19:02.00	
15	Bisaillon, Zoé	Samuel-Genest	20:40.75	11
16	Drouin, Camille	Samuel-Genest	23:22.14	12
17	Buis, Emma	Samuel-Genest	23:22.65	

Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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Results - Women

1	Louis-Riel	16	1	4	5	6	9	10		
	Total Time:	57:07.04								
	Average:	14:16.76								
2	Samuel-Genest	20	2	3	7	8	11	12		
	Total Time:	58:46.22								
	Average:	14:41.56								

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Event 4 Boys 5k CC Open

Name	Year School	Finals	Points
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Results - Men

1	Ducharme, Antoine	Louis-Riel	19:33.46	1
2	Pollock, Thomas	Louis-Riel	19:33.86	2
3	Gagné, Zackary	Louis-Riel	20:50.78	3
4	Levesque, Loick	Louis-Riel	21:08.92	4
5	Steer, Sam	MacKenzie C.S.	21:47.52	
6	MacDonald, Liam	MacKenzie C.S.	21:58.79	
7	Lapointe Lawless, Sasha	Samuel-Genest	22:49.34	5
8	Sigouin, Tristan	Louis-Riel	23:05.18	6
9	Gobeil, Théo	Samuel-Genest	23:05.73	7
10	Hamel, Philippe	Samuel-Genest	23:54.46	8
11	Ducharme, Vincent	Louis-Riel	25:39.93	9
12	Fortin, Mathieu	Samuel-Genest	26:40.59	10
13	Lu, Godspeed	Fulford Academy	28:36.00	
14	Lalonde, Jean-Sébastien	Samuel-Genest	29:01.32	11
15	Berkholder, Aidan	Fulford Academy	29:06.81	
16	Renaud, Edouard	Samuel-Genest	30:59.99	12

Team Scores

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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Results - Men

1	Louis-Riel	10	1	2	3	4	6	9
	Total Time:	1:21:07.02						
	Average:	20:16.76						
2	Samuel-Genest	30	5	7	8	10	11	12
	Total Time:	1:36:30.12						
	Average:	24:07.53						