

Acai

Fresca Organic Acai with Guarana and Banana
Toppings: Granola, Strawberry, Banana, Coconut Flakes, Peanut Butter, Nutella and honey

Lime-a-licious Organic Acai with Guarana, Lime Juice and Banana
Toppings: Granola, Pineapple, Blueberry, Strawberry Peanut Butter and Honey

Hazelnutella Basic Acai with Guarana mixed with Nutella and Banana
Toppings: Granola, Strawberry, Banana, Coconut Flakes, Nutella, Hershey, Chocolate Chips

Additional Toppings (\$0.75 / topping):

Agave, Almond Butter, Coconut Flakes, Caramel, Chia seeds, Chocolate Chips, Goji Berries, Hemp seeds, Hershey's chocolate syrup, Honey, Nutella, Peanut Butter
Banana, Blueberry, Apple, Kiwi, Mango, Pineapple, Strawberry

*Vegan choices available

Bowls

Small: \$6.99
Regular: \$8.99



Dragon-Fruit

Everyday Dragon Fruit mixed with Banana, Pineapple, Applejuice and Almond Milk
Toppings: Granola, Strawberry, Banana, Peanut Butter, Coconut Flakes and Honey

Flavorful Dragon Fruit mixed with Banana, Pineapple, Applejuice and Almond Milk
Toppings: Granola, Kiwi, Mango, Banana, Nutella, Peanut butter, Coconut Flakes, Goji Berries and Chia Seeds

Fruity Dragon Fruit mixed with Banana, Pineapple, Applejuice and Almond Milk
Toppings: Granola, Banana, Strawberry, Pineapple, Blueberry, Hershey and Honey.

Green

Popeye Fresh Base made with Spinach, Kale, Banana, Pineapple, Almond Milk and Applejuice
Toppings: Granola, Banana, Pineapple, Kiwi, Coconut Flakes, Chia Seeds, Peanut Butter and Honey

Sharp Fresh Base made with Spinach, Kale, Banana, Pineapple, Almond Milk, Apple juice and lime juice
Toppings: Granola, Banana, Mango, Pineapple, Flax Seeds, Coconut Flakes and Almond Butter

Glow Fresh Base made with Spinach, Kale, Banana, Pineapple, Almond Milk and Applejuice
Toppings: Granola, Strawberry, Pineapple, Coconut Flakes, Peanut Butter and Honey

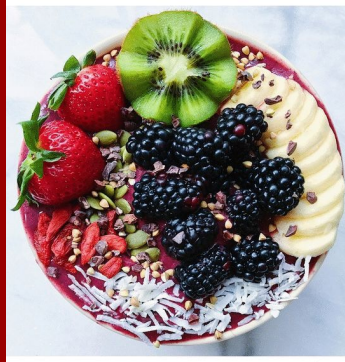
Additional Toppings (\$0.75 / topping):

Agave, Almond Butter, Coconut Flakes, Caramel, Chia seeds, Chocolate Chips, Goji Berries, Hemp seeds, Hershey's chocolate syrup, Honey, Nutella, Peanut Butter
Banana, Blueberry, Apple, Kiwi, Mango, Pineapple, Strawberry

*Vegan choices available

Bowls

Small: \$6.99
Regular: \$8.99



Oatmeal

Elementary Soaked Oats in Almond milk
Toppings: Granola, Strawberry, Banana, Coconut Flakes, Peanut Butter and Honey

Berry- Berry: Soaked Oats in Almond Milk
Toppings: Granola, Strawberry, Blueberry, Raspberry, Nutella, Coconut Flakes, Goji Berries and Honey

Nutritious: Soaked Oats in Almond Milk
Toppings: Granola, Kiwi, Mango, Pineapple, Coconut Flakes and Honey

Breakfast

Avocado Toast layered with Avocado, topped with Cherry Tomatoes, honey/agave and Red Pepper Flakes.

Nutty Nutella Toast layered with a thick sheet of Nutella topped with sliced Banana and Honey/Agave.

Cheesy Toast layered with a thick sheet of Cream Cheese topped with Strawberry, Banana, Coconut flakes, Honey/Agave and Hershey chocolate syrup

\$4.99



Peanut butter Toast layered with a oodles of Peanut Butter topped with Strawberry, Banana, and walnut.Can add Sriracha for an extra touch

Hummus Toast with oodles of Hummus topped with Cherry Tomatoes, Honey/Agave, and Red Pepper Flakes.

B.A.T. Toast layered with fresh Avocado, Hot Bacon and Cherry Tomatoes with Red Pepper Flakes.

Additional Toppings (\$0.75 / topping):

Avocado, Boiled Eggs
Agave, Almond Butter, CoconutFlakes, Caramel, Chia seeds, Chocolate Chips, Goji Berries, Hemp seeds,Hershey's chocolate syrup, Honey, Nutella, Peanut Butter
Banana, Blueberry, Apple, Kiwi, Mango, Pineapple, Strawberry

Beverages

Coffee	\$ 1.69
→ Regular	
→ Decaf	
→ Hot Chocolate	
→ Cappucino	
Bottled Drinks.....	\$ 1.89
Bottled Water.....	\$ 1.49
Vitamin Water / Gatorade.....	\$ 1.89
Bottled Juice.....	\$ 2.09
21 oz Fountain drink.....	\$ 1.69



Subs

\$7.49



Glazed Chicken: chicken strips, american cheese, lettuce, tomato, red onion and barbecue sauce

Buffalo chicken: chicken, american cheese, lettuce, tomato, red onion, and buffalo sauce.

Firenze chicken: chicken patty, american cheese, lettuce, tomato, red onion and chipotle sauce.

Ham: Fresh cut ham, provolone cheese, lettuce, tomato, pickles, and pesto aioli

Tuna: Tuna, provolone cheese, lettuce, tomato, onion, mayo and oil/vineger

* Each sub comes with a side of potato chips and dill pickle or small salad.

Add Meat: \$1.50 / meat

Additional Toppings / Dressings: \$.50 / Topping Jalapeno, Banana Pepper, Black Olives, Sweetpepper mayo, Oil/Vinger, chipotle, honey mustard, ranch, caesar, blue cheese, buffalo sauces, avacado

Steak: Steak, provolone cheese, onion, green pepper, and chipotle sauce (ketchup/mayo)

Brisket : Pastrami brisket, swiss cheese, lettuce, onions, pickle, mayo and mustard (brown/honey)

Tri-Meat : Fresh cut turkey, Ham and Roast beef with provolone cheese, mustard, lettuce, tomato, red onion , pickles and mayo .

The Italian Stallion: capicola, salami, ham, provolone cheese, lettuce oil/vinger and, pesto aivoli

Roast Beef :

Roast beef, Provolone cheese, Lettuce, tomato, mayo and oil/vineger.

Spring Goddess: herby chickpea salad loaded with spinach, green pepper, tomato, onion, cucumber, carrots, avocado and mayo .

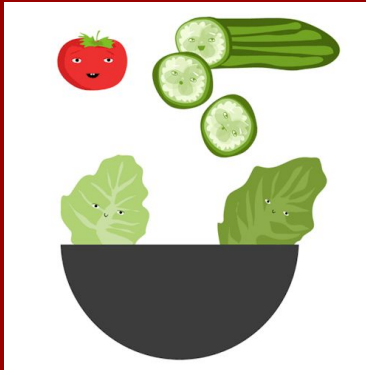
Salads

Caesar Chicken : Seasonal mixed greens, chopped lettuce, tomato, croutons and grilled chicken and cheddar cheese. Served with a Caesar dressing.

Thai Chicken Chopped lettuce, matchstick carrots, cucumbers, croutons, cheddar cheese and grilled chicken,. Served with a thai peanut-ginger dressing.

Mixed greens & chicken Seasonal mixed greens, Lettuce,dried cranberries, walnuts , croutons and grilled chicken . served with a balsamic vinaigrette dressing.

\$6.99



Tuna Mixed seasonal greens, lettuce, carrots, tomato, cucumbers, croutons with a scoop of tuna salad and cheddar cheese. Served with a balsamic vinaigrette dressing.

Turkey Mixed seasonal greens, lettuce, carrots, tomato , cucumbers with turkey and cheddar cheese,. Served with a balsamic vinaigrette dressing.

Deli Mixed greens, lettuce, matchstick carrots, tomato, cucumbers, onion, croutons, cheddar cheese, avocado. Served with a ranch dressing.

Add Meat: \$1.50 / meat

Additional Toppings / Dressings: \$.50 / Topping Jalapeno,Banana Pepper,BlackOlives,Sweetpepper mayo, Oil/Vinger, chipotle, honey mustard, ranch, caesar, blue cheese,buffalo sauces,avacado