

United States Strongman, Inc. Contest Entry Form

Contest Director: Jon VanTassel

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Date & Time: July 11th 2015

Weigh-in: day before 5pm day of 9am

Location: 3103 State Rt 208 Wallkill New York 12589

Hotel:

Divisions: Light weight men, woman, masters / middle weight men, woman, masters / heavy weight men, woman, masters (groups to be broken up as needed)

Events: Axle clean and press for reps, yoke 60ft, sled load and drag, regular deadlift, load medley (keg / sandbag)

Awards: medals/trophies

Entry Fees: \$50.00

Entry Deadline:

Mail Entries & Fees: Hudson Valley Strength po box 667 Wallkill New York 12589

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against United States Strongman, Inc., Willie Wessels, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the United States Strongman, Inc. CONTEST and its related events, I hereby grant United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to United States Strongman, Inc. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Age: _____ Date of Birth: _____

Email: _____

Division: _____ Weight Class: _____ Height: _____

Gym: _____

Signature: _____

(Parent or Guardian signature required if the contestant is under 18.)

Axle	dl	yoke	sled	carry	Keg/
sandbag/keg					
Lw/men	210	405	500	tba	150/125/200
Mw/men	240	500	650	tba	230/225/250
Hw/men	275	600	700	tba	250/225/275
Lw/woman	100	205	250	tba	100/105/?
Mw/woman	120	225	300	tba	?/ ?/?
Hw/ Woman	130	275	350	tba	?/ ?/?
Lw / Master men	210	405	500	tba	150/125/200
Hw/Masters men	240	500	550	tba	230/225/250

Axle Clean and press each rep on tires

Deadlift from floor - up and down commands no sumo or touch and go

Yoke- 60ft one drop

Sled- keg will be loaded into sled then pulled, sandbag will be loaded then pulled keg will be loaded then pulled total 50 feet

Carry - keg will be carried 25ft and placed upright, sandbag will be carried 25ft, keg will be carried same as first. No shouldering or tacky

Weights subject to change