

We've selected some Healthier Options for you in this Menu. Be sure to visit our Website at www.babeshotdogs.com for our full Menu.

SOUP (Served Seasonal in Fall and Winter Months)

Babes offers 4 soup choices Daily. Our Healthy Choice is.
Vegetarian Minestrone.....Cup \$2.99.....Bowl \$3.99

BABES CREATE-A-SALAD...\$7.99

Create the Perfect Salad for you!

Choose Your Fresh Greens

Romaine • Spring Mix • Spinach • Iceberg

Add your favorite Ingredients

<u>Veggies</u>	<u>Misc.</u>	<u>Cheese (Choose 1)</u>
Tomatoes	Hard Boiled Egg	Cheddar
Red Radish	Mandarin Oranges	American
Cucumber	Red Grapes	Swiss
Mushrooms	Black Bean Corn Salsa	Feta
Asparagus spears	Black Olives	Parmesan
Pepperoncini Peppers	Pasta	Mozzarella
Roasted Red Pepper	Bacon Bits	Bleu cheese
Green Bell Pepper		
Red or Green Onion		
	<u>Meat (Choose 1)</u>	<u>Extra Meat</u>
	Grilled Chicken	Add (\$2.25)
	Buffalo Chicken	
	Roast Beef	
	Taco Meat	Steak or Breaded
	Turkey	Shrimp Add (\$3.00)
	Ham	
<u>Extras (50¢ extra)</u>		
Pecans		
Toasted Almonds		
Cranberries		
Apples		

Choose Your Dressing

Babes offers a variety of salad dressings. Our Healthier Choices are listed below.

Zesty Italian	Balsamic Vinaigrette
Fat Free Ranch	Fat Free Raspberry Vinaigrette
Fat Free Italian	Fat Free French

Your Choice.... Tossed or Chopped!

Prices subject to change without notice 9/2017

BABES SIGNATURE SALADS

Babes offers a variety of Signature Salads. Our Healthier Choices are listed below. Visit our website for all of our Salads.

BABE'S CHOPPED SALAD- chopped iceberg and romaine lettuce, diced chicken, real bacon, scallions, pasta shells, tomato & bleu cheese crumbles. Tossed with your favorite dressing...\$7.99

APPLE PECAN CHICKEN SALAD- romaine & iceberg lettuce, pecans, apples, dried cranberries, bleu cheese, tomatoes, diced chicken. Tossed with raspberry vinaigrette dressing....\$7.99

FRUITY HAWAIIAN SALAD- spring mix, diced grilled chicken, cucumbers, red onions, tomatoes, red grapes, Mandarin oranges & toasted almonds. Tossed in our fat free raspberry vinaigrette dressing...\$7.99

CHEF SALAD- iceberg and romaine lettuce blend, ham, turkey, American and Swiss cheese, tomatoes, cucumbers and hard boiled egg. Tossed with your favorite dressing...7.99

CHICKEN SALAD- diced chicken fingers, iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing...\$7.79

GARDEN SALAD- iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing...\$5.49

GARDEN SIDE SALAD- iceberg and romaine lettuce blend, tomatoes, cucumbers, carrots and radish. Served with your favorite dressing...\$3.49
add meat to side salad: \$1.00, add cheese to side salad: .60

All Salads are "made to order"

BABES SIGNATURE COLD WRAPS

SOUTHWEST TURKEY- Slow roasted Cajun turkey breast with black bean corn salsa, roasted red peppers & scallions wrapped in a chipotle tortilla with ancho chipotle sauce....\$7.99

CLUBHOUSE-Sliced ham, turkey, bacon, American and Swiss cheese, lettuce, tomato, on your choice flour or honey wheat tortilla with mayonnaise.....\$7.99

TOTALLY TUNA-Albacore tuna salad with lettuce, red onion, tomato, cucumber and alfalfa sprouts on your choice flour or honey wheat tortilla \$7.99

VEGETARIAN-Romaine lettuce, guacamole, alfalfa sprouts, tomato, cucumber, carrots and red onion drizzled with balsamic vinaigrette dressing rolled in a spinach tortilla.....\$6.99



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Healthy Eating

BABES SIGNATURE HOT WRAPS

STEAK FAJITA-Seasoned tender grilled steak, sautéed onions, bell peppers, cheddar cheese, tomato, guacamole, sour cream and salsa wrapped in a steamed chipotle tortilla.....\$7.99

GRILLED CHICKEN FAJITA-tender grilled chicken breast strips, sautéed onions, bell peppers, cheddar cheese, tomato, guacamole, sour cream and salsa wrapped in a steamed chipotle tortilla.....\$7.99

CHIPOTLE CHICKEN- tender grilled chicken strips, cheddar cheese, bacon, lettuce, tomato, cucumber and scallions wrapped in a steamed chipotle wrap with ancho chipotle sauce.....\$7.99

BLTC-Bacon, lettuce, tomato and cheddar cheese. Your choice of flour or honey wheat tortilla with mayonnaise.....\$6.99

BABES CREATE-A-WRAP...\$7.99

Choose Your Wrap

Honey Wheat • Chipotle • Spinach • Garlic Herb • Flour

Choose Your Sauce

Chipotle Salsa
Mayo Horseradish Dijon
Ranch Buffalo

Choose any one meat

Ham Grilled Chicken
Turkey Roast Beef
Tuna Steak or Shrimp **\$3 extra**
Extra meatadd \$2.25

Choose any one Cheese

American • Swiss • Shredded Cheddar • Mozzarella
Warm Melted Cheddar • Feta • Parmesan • Bleu cheese

Choose Your veggies

Asparagus	Pepperoncini
Carrot	Radish
Cucumber	Red Onion
Green Pepper	Green Onion
Roasted Red Pepper	Tomato
Mushrooms	
Black Olives	

GRILLED CHICKEN SANDWICH.....\$4.89

Tender, juicy chicken breast served on your choice of white or wheat Kaiser roll

TUNA SALAD SANDWICH.....\$5.19

Served on a French roll with lettuce and tomato



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Babe's Healthy Choices



**2600 W. Jefferson St.
Joliet, IL
815-744-7773**

Fall/Winter Hours: Mon-Sat 10am-9pm, Sunday 11-8pm

Visit **www.BabesHotDogs.com**
For more information, coupons & daily specials



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