



Travel List

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|--|--|
| <input type="checkbox"/> Activities/Toys for Car/Plane | <input type="checkbox"/> Clothes** |
| <input type="checkbox"/> Favorite Toys | <input type="checkbox"/> Diapers |
| <input type="checkbox"/> Kangaroo Emergency Thermal Blankets** | <input type="checkbox"/> Wipes |
| <input type="checkbox"/> Tape** | <input type="checkbox"/> Butt Cream* |
| <input type="checkbox"/> Sound Machine** | <input type="checkbox"/> Sippie Cups/Bottles |
| <input type="checkbox"/> Monitor | <input type="checkbox"/> Pumping Gear and/or Formula |
| <input type="checkbox"/> Swaddle or Sleep Sack | <input type="checkbox"/> Baby Food (if not eating what everyone else eats) |
| <input type="checkbox"/> Used/Unwashed Fitted Sheet | <input type="checkbox"/> Medical Kit* (routine meds, infant/children pain reliever & allergy meds, bandaids, antibiotic ointment, thermometer, nail clippers, NoseFrida, etc.) |
| <input type="checkbox"/> Pack'n'Play if no crib at destination | <input type="checkbox"/> |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> |
| <input type="checkbox"/> Bedtime Books | <input type="checkbox"/> |
| <input type="checkbox"/> Lovey/Blankie | <input type="checkbox"/> |
| <input type="checkbox"/> Anything else for sleep | <input type="checkbox"/> |
| <input type="checkbox"/> Pacifier | <input type="checkbox"/> |
| <input type="checkbox"/> Bath Products | <input type="checkbox"/> |
| <input type="checkbox"/> Bath Toys | <input type="checkbox"/> |
| <input type="checkbox"/> Bath Towel | <input type="checkbox"/> |
| <input type="checkbox"/> Tooth Brush | <input type="checkbox"/> |
| <input type="checkbox"/> Tooth Paste | <input type="checkbox"/> |

*Anything you might need that your pediatrician has okayed

**Further explanation in blog post titled 'Sleep tips for traveling with your littles over the holidays' at www.afterthestorksleep.com