



Saturday, October 14, 2017

TIMES

- * Registration: 12:45 pm
- * Lecture: 1 pm - 4 pm
- * FREE Intro to Essential Oils & Dentistry: 12pm-1pm
- * Refreshments and snacks included
- * BUNDLE a.m. & p.m.: Save and receive lunch

3 CE Hours

TUITION	Until Oct 7th	After Oct 7th
RDH/CDA's		
In-Class (I-C)	\$75	\$125
Live-Online (L-O)	\$50	\$75

BUNDLE a.m. & p.m. and save! (6hrs)		
a.m. & p.m. I-C	\$125	\$200
a.m. & p.m. L-O	\$75	\$125

- * Bring a friend or team member and \$

LOCATION

In-Class: Fanshawe College,
1001 Fanshawe College Blvd.,
London, ON. N5Y5R6, RmA2014
Live-Online: Your location & device

- * Suggested learning goals available

Sleep & Oral Health : Identifying and Understanding the Oral and Health Implications of Altered Sleep

Dr. Corrine Seeley, PhD. Sleep Neuroscience

PROGRAM OUTLINE

This intimate and informative course was created to provide the dental professional with the tools and ability to recognize and identify the signs and symptoms of common sleep disorders e.g. obstructive sleep apnea (adult & pediatric) and how disrupted sleep effects your clients overall health e.g. delayed healing. Learn the proper channels for referring your clients when sleep issues are suspected, while growing your shared care circle through intra & inter-professional collaboration. Also, leave with multiple resources and a sleep specific referral form that your clients can take to their MD.

LEARNING OBJECTIVES

Following this session, each attendee will be able to:

1. Identify how lack of sleep negatively affects your clients health e.g. heart health, blood sugar balance, immune system ie: delayed healing etc.
2. Describe three main sleep disorders; Obstructive Sleep Apnea - OSA (adult & pediatric), bruxism and insomnia, signs and symptoms & treatment procedures and how they pertain to the oral systemic link
3. Explain how lifestyle (eg. caffeine use, nutrition, stress etc.) is contributing to the development of these sleep disorders
4. Identify the dental professional's role in educating and screening clients for signs and symptoms for sleep disorders, while understanding the importance of making referrals to the appropriate professional(s) (intra & inter professional collaboration)

ABOUT THE SPEAKER

Dr. Corrine Seeley, PhD. Sleep Neuroscience

Dr. Seeley has over 10 years of experience researching, teaching and working as a clinical sleep practitioner. Her clinical training began at the Limestone City Sleep Clinic, a centre for diagnosing and treating common sleep disorders such as sleep apnea, insomnia and narcolepsy. Prior to opening her sleep consulting business, Baby Sleep Solutions by Dr. Seeley, Corrine obtained her Ph.D. in Sleep Neuroscience from Queen's University, specializing in the role of sleep and brain development and working as a course instructor for the university She has devoted her career to making sleep education more mainstream amongst new parents, working professionals, and healthcare professionals.

