

Shopping List

- Tinned Meat (pork and non-pork)
- Rice Pudding
- Tinned Fruit
- Jam
- Cereals
- Cooking sauces
- Coffee
- Tinned tomatoes
- Toiletries (regular sized toothpaste, toothbrushes, shower gel, deodorant)
- Hot Chocolate
- Fruit Juice (UHT/Carton)
- Tinned Soup
- Pasta Sauce
- Biscuits
- Tinned Potatoes
- Vegetarian (vegetable curry, Macaroni cheese, noodles)

Please no fresh produce or perishable food

Thank you for your support!

Part of the work of The Trussell Trust

WAYS TO DONATE

There are many ways you can donate to Southwark Foodbank which we have outlined below. We often get asked what the most effective way to donate to us is.

Cash donations (both regular and one off) are very useful to us cause then we can get what we need according to the resources required. Money also helps us to essentially keep our service running in the long-term.

Food donations are always welcome because immediate demands can be met. It's really up to you. Any way you choose to donate is useful to us.

Thank you in advance! 😊

