

Seven Tendencies Towards Regeneration
IN AGRICULTURE, COMMUNITIES, AND **PERSONAL SPIRIT**

1. PLURALISM

Increase in diversity of plant species.

Increase in diversity of businesses, people and culture.

Increase in diversity of personal experiences, capacities, opportunities and openness to new experiences.

2. PROTECTION

More surface cover of plants, ending erosion and increasing beneficial microbial populations near the surface.

More resistance to economic and cultural fluctuations because of quantity and variety of businesses and people, which increases overall employment and community stability.

Improvement of personal hardiness and an ability to withstand crisis, accompanied by a boost in the body's immune system.

3. PURITY

Without chemical fertilizer and pesticide use a greater mass of plants and other life exists in the soil.

Without pollution of the environment, more people can exist in better health.

By ending detrimental habits such as smoking or thinking negatively, the potential for growth, happiness and success increases.

4. PERMANENCE

More perennials and other plants with vigorous root systems begin to grow. As businesses and individuals become successful and stable, they can contribute more to the community.

New, more positive, personal spiritual behaviors take root and provide a deeper meaning to life.

5. PEACE

Past patterns of weed and pest interference with growing systems are disrupted.

Former patterns of violence and crime are reduced, improving overall security and well-being.

Negative emotions such as anger, fear and hate lessen in intensity and are replaced by tolerance, compassion and understanding.

6. POTENTIAL

Nutrients tend to either move upward in the soil profile, or to accumulate near the surface, thereby becoming more available for use by plants.

"Trickle up" economics -- more resources and money accumulate and are more available to more people.

The positive qualities and resources in yourself and your environment become easier to access and effect more people around you.

7. PROGRESS

Overall soil structure improves, increasing water retention capacity.

Overall community life improves, increasing the health and wealth of its inhabitants.

Capacity for well-being and enjoyment increases.