

ASCOTT VILLAGE CHARITY PRESENTS

ASCOTT-UNDER-WYCHWOOD

Charity Run

10k Multi Terrain & 5k Fun Run/Walk

SUNDAY 27th OCTOBER 2019

10.30 am at the Recreation Ground, High St, Ascott-under-Wychwood

Medals for First 100 10k & 50 5k finishers

Prizes for:

10k - 1st, 2nd & 3rd male & female

1st male vet. 40, vet. 50, & vet 60

1st female vet. 35, vet. 45 & vet 55

5k – 1st, 2nd & 3rd male and female

Free car parking, changing and shower facilities, refreshments

Course not suitable for wheelchairs or pushchairs

Postal entries close 20th October 2018

Entries will be accepted on the day between 9.00 am & 10.00 am

Please enter me for:

	TICK	POSTAL ENTRY FEE	ENTRY ON DAY
Minimum age 15 10K	<input type="checkbox"/>	£12.00	£14.00
All ages 5k Fun Run/Walk	<input type="checkbox"/>	£6.00	£7.00

Surname: _____ First Name: _____

Address: _____

Post Code: _____ Email: _____

Phone no. _____ D.O.B: _____ Sex: M _____ F: _____

I declare that I am medically fit to run and understand that I enter at my own risk. The organisers will not be responsible for any injuries sustained by you or for any property lost in the changing rooms or on the course.

Signed: _____ Date: _____

CHEQUES PAYABLE TO: ASCOTT-UNDER-WYCHWOOD VILLAGE CHARITY

Send entries and (9x6) stamped addressed envelope to:

Stuart Fox, 27 London Lane, Ascott-under-Wychwood, Chipping Norton, Oxon, OX7 6AN

stuart.john.fox@gmail.com

This form will be retained for two years and used to contact you about the 2020 & 2021 run. If you do not want this form retained after the race please tick here.