



RAISING GENEREROUS KIDS: WHY WE GIVE

*Downloadable
Workbook*

EILEENFAUVER.COM

WHY WE GIVE...

Sharing the help you and your family have received highlights our interdependence.

We need each other. By honoring your family's history of being helped you help your child to understand the impact of giving and why they might choose to give to others too.

HONORING FAMILY HISTORY

1. Reflect on the gifts, chances and opportunities you've received throughout your life, big and small. This could be as life changing as being adopted, or simply that a teacher encouraged you.
2. List them in the chart below.
Grab an extra sheet of paper if you need more space.
3. Describe the impact of each those gifts.
4. Then list or describe the gifts and help your relatives have received and the impact of those gifts.

There's room to add in other family members, loved ones or generous souls who come to mind. These could be a former employer, a teacher, another family...

WHY WE GIVE

GIFTS

IMPACT

MY LIFE

PARENTS

GRANDPARENTS

GREAT-
GRANDPARENTS

WHY WE GIVE

(MORE)

GIFTS

IMPACT

BEING HELPED

Looking back on these lists and the impact of your life, is there a particular event or two that particularly resonate with you?

Do you choose a specific act of generosity that relates to these events?
If so, how?

If not, are you called to?
Why or why not?

How do you choose to give and how does that impact someone else's life? The act doesn't need to be equal or the same, simply a way to impact another's life.

Ex: volunteering at school, making someone a meal, donating to a scholarship fund or organization...

HELPING OTHERS

BONUS:

Reflect and list any ways you or your relatives have helped others and the significance it has had on their lives.

Wishing you a year full of help and helping ahead.

~ Eileen xx

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