

## Private health cash plans

- **Westfield Health** recognises CNHC registration for reimbursement on a limited number of corporate paid plans provided by specific employers for Aromatherapy, Hypnotherapy, Nutritional Therapy, Reflexology and also for those CNHC registered Massage Therapists who practise Indian Head Massage and Sports Massage. Westfield Health will also reimburse for Sports Massage provided by CNHC registered Sports Therapists who are qualified in Sports Massage.  
Clients who wish to seek reimbursement through Westfield Health will need to check that their employer's plan covers the treatments concerned.
- **Health Shield** will reimburse for the following CNHC registered disciplines on specified corporate paid plans: the Alexander Technique, Aromatherapy, Bowen Therapy, Hypnotherapy, Naturopathy, Nutritional Therapy, Reflexology and Shiatsu. Health Shield will also reimburse for those CNHC registered Massage Therapists who use Chair Massage, Indian Head Massage, Remedial Massage or Sports Massage. Health Shield will also reimburse for Sports Massage provided by CNHC registered Sports Therapists who are qualified in Sports Massage. Health Shield policies do not cover any other CNHC registered disciplines at the current time.  
Clients who wish to seek reimbursement through Health Shield will need to check that their employer's plan covers the treatments concerned.
- **Simplyhealth** will reimburse for CNHC registered Reflexologists
- **Bupa** has stated that in time it will be willing to consider reimbursement for practitioners registered on Accredited Voluntary Registers (AVRs) such as the CNHC register. However to date it has not made this commitment.  
The Professional Standards Authority (PSA) included the following comment from Bupa in a recent bulletin: 'Given the value we place on quality assurance of providers, Bupa supports the work of the Professional Standards Authority to accredit voluntary registers of health and social care practitioners. In due course, once the scheme has taken off, we may wish to review Bupa recognition criteria to reflect membership of an accredited voluntary register.'  
We will keep registrants updated as and when this situation changes.

*Please note CNHC will continue to work with these and other private health cash plan providers to widen the scope of reimbursement and will provide further information in future news updates*

*Updated: 16 May 2014*