

Welcome! The Kishwaukee Valley Wanderers are excited to sponsor the Volksmarch in the Genoa area. We have an exciting weekend of events lined up to celebrate the start of the fall season, so plan on spending some time in our beautiful expanse of prairie, forests, and enjoy our friendly downtown.

What is a Volksmarch? A volksmarch is a walking event designed to promote physical fitness exercise, recreation and fellowship. Each participant sets his or her own pace along a well-marked trail. This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) and is open to all! This event counts toward acquisition of IVV Achievement Awards.

Location Carroll Memorial Park, Park Avenue (IL Rt. 72) and Madison Street, Genoa, IL 60135

Start Time 8 a.m. - 11:00 a.m.

Finish Time No later than 2 p.m.

Distances 10K (6.2 miles) & 6K (3.7 miles)

Parking On street parking and temporary lot

The Trail: Trail Rating - 2B. Strollers, wagons, and wheelchairs will have moderate difficulty on the rural portion of the course. The trail has a few hills with sturdy paths and part is on pavement through the town. The 6K portion of the trail winds along the river, through the forest preserve to a reconstructed original 1835 log cabin. To complete the 10K, the trail also runs through Genoa's scenic neighborhoods and historic downtown.

AWARD AND FEES: Pre-registration for award and credit is \$9 (Sept. 5, 2016) and credit only fee is \$3.00. Cost of the award at the event will be \$10. There is no fee just to walk the trail. There will be no refund of any fees paid. Profits from this event will be used to help support the programs of the Goodfellows of Genoa.

INFORMATION CONTACT:

Carolyn Tobinson 815-761-4660 or kvwanderers@gmail.com

Registration: All participants, including infants and children, must check in at the registration table and receive a start card. Your start card must be signed before the walk and returned to the finish table upon completion of the walk. This procedure allows us to keep track of all participants. Pre-registration is a great option and may be completed through email or locally at Tobinson's Ace Hardware.

Event Award: The award will be the "A" award, a pin, and will be a great memento of our 2nd annual walk. There is a limited number of awards available and they will not be reordered.

Refreshments: Water and Porta-Potties will be available at the Start/Finish point. You are welcome to carry water with you throughout the event.

Pets: Dogs are permitted. They must be on a leash at all times. You are required to clean up after your dog.

Sponsors: The Kishwaukee Valley Wanderers is a non-profit walking club located in Genoa, IL. We are members of the American Volkssport Association - www.ava.org.

Disclaimer: The American Volkssport Association, its subsidiary clubs and the sponsors of this event cannot be held liable or responsible for accidents, theft, material damage, and/or injury. Every reasonable effort will be made to make the walk safe and enjoyable. Participants are cautioned to take due care and restrain your children. Children 12 and under must be accompanied by an adult and pets must be on a leash. It is requested that participants keep the trail free from papers and other debris. By registering for this event, the participant agrees to these conditions. All participants must sign a waiver.

