

HIGHLIGHTS OF THE FIRST DEGREE LESSONS

For over 65 years, thousands of seekers from around the world have joined us in Astara on this mystical journey. These seekers have experienced a spiritual “view” not visible from the “lower” road. If you are a seeker, we invite you to send for your Lessons now.

LESSON 1, THE LONG JOURNEY OF SPIRITUAL BECOMING and LESSON 2, MEDITATION AND THE ANATOMY OF CONSCIOUSNESS, LESSON 3, THE ANCIENT MYSTERY SCHOOLS:

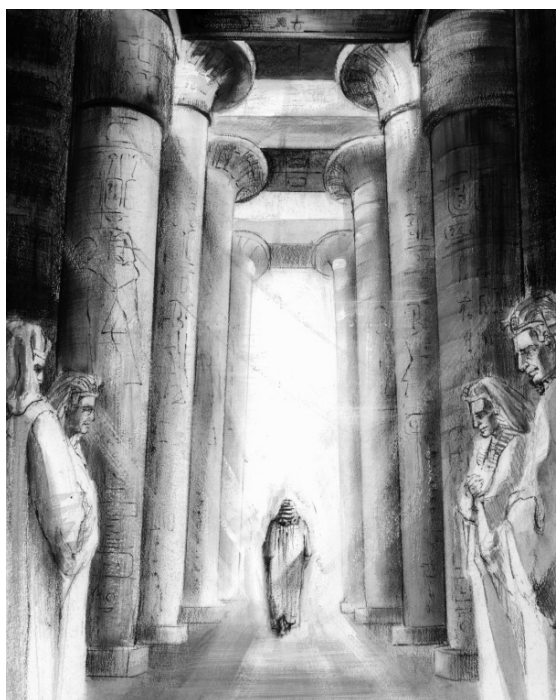
Learn the purpose of Astara and the different methods of spiritual development, ancient and modern. Experience the connection between healing and spiritual activity and the seven substances that comprise your body, ways to direct the healing forces and how to tap into the chakras and assist your own self-healing.

Experience the marvels of fruitful meditation. Discover the three paths available to you, deciding for yourself which path to follow. Discover the anatomy of your consciousness the power of affirming and how to direct the healing forces. Learn about the Greater and the Lesser Mysteries and their ups and downs and of the Rebirth of the Mysteries and the Rising of a New Light. Meet the author and see a bit about how she came to write these wonderful Degree Lessons. There is also a peek at some advanced teachings for the spiritual student.

LESSON 4, COSMIC CHEMISTRY OF PRAYER AND STEPS TO HEALING AND LESSON 5, ASTARA AND THE PORTALS TO SPIRITUAL INITIATION:

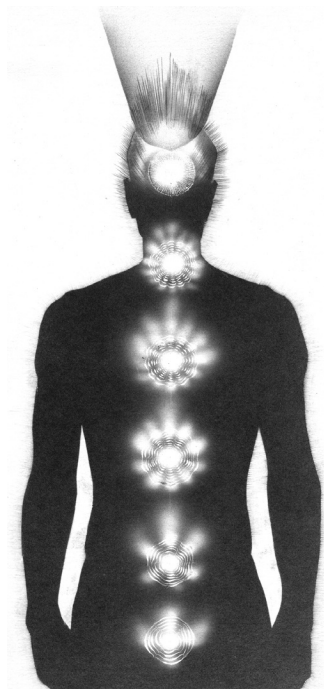
An introduction to the role of Master Jesus and Astara's Spiritual Masters in Mystery Schools throughout the ages. Learn of Astara as a Place of Light in both physical and astral realms. Learn of our bioenergetic nature, the etheric body and the genes, and the importance of breath and prana, the power of White Light and the cosmic chemistry of prayer, all fundamental to Astara's healing work and the four elements of self-healing, and the Mystic Circle of Seven for cosmic help in solving problems. Discover the Microcosm and Macrocosm, the ancient Astara and Astara's purpose today, and how the essence of your spirit descended into your physical body.

LESSON 6, THROUGH SCIENCE TO MAGIC, and LESSON 7, THROUGH THE NEEDLE'S EYE: Your next step in the journey explains six basic causes for illness. Learn how to guide your subconscious in its role toward healing and health, and the importance of inner confession in the healing process and treating the whole person. Learn of self-healing. Grasp the true meaning of the Aquarian Age and why a diary of spiritual events helps you ascend the ladder of progression. Learn of the mystic “call” and how to continue your spiritual, mystical journey to nourish your soul.



LESSON 8, LIGHTS ALONG THE WAY, and LESSON 9, THE SEVEN MANSIONS IN THE DIVINE HOUSE: Enter step three of The Penetralia and begin the important process of learning how your use of will power aids in your journey. Discover the influence tolerant endurance, faith, selfishness, greed, vanity and love has for progression or regression. View the White Wings of Healing. Travel the seven planes of our solar system — leading to the ultimate plane — the divine Godhead. Witness the birth of a soul and learn the important law of attraction.

LESSON 10, THE HUMAN BEING — THE MEASURE OF ALL THINGS, and LESSON 11, CHAKRAS — THE UNIVERSE WITHIN: Your study of your total being continues, offering knowledge and understanding of the four ethers. Learn the totality—positive and negative aspects — of each ether. Learn of the etheric double and the astral body, how they differ and how they relate to your mental and causal bodies. Discover the marvels of etheric and auric emanations. Enter the realm of the all-important chakras and travel the sea of forces.



LESSON 12, KUNDALINI — THE SERPENT FIRE, and LESSON 13, THE UP-RAISED SERPENT — GUARDIAN OF THE GOLDEN FLEECE: Explains your two nervous systems and their future merger. Discover the vagus nerve and the three “trees” in humans. Examine the kanda and powerful kundalini and learn how kundalini is related to your future godhood. Delve into the mystery of the Serpent and its role in our evolution. This Lesson includes The Second Step of Lama Yoga.

LESSON 14, THE SILVER CORD AND THE SEED ATOMS, and LESSON 15, WHEN THE SILVER CORD IS BROKEN: This Lesson contains one of the most important esoteric aspects of your journey — the silver cord and the sutratma. Recognize other key cords in your forcefield. Examine the seed atoms and how they affect your karmic destiny. Experience the awakening of your astral centers. Get acquainted with your Whole Person. This Lesson unveils an important preview of your destiny, explaining how the silver cord and seed atoms influence your transition to the otherside. Discover what death really is.

LESSON 16, AND AFTER THAT — THE JUDGEMENT, and LESSON 17, LAMA YOGA AND THE HOLY NAHD: Just what is meant by the second birth? Unravel the mystery of death and the three “types” of dying. Journey to the lonesome valley of the Bardo, the valley of atonement, purgatory, hell and heaven. Offers guidelines on death for

the Astarian and how to achieve spiritual initiation at the hour of your transition. Completes your knowledge of Lama Yoga — including the pranic breath, chanting and the Holy Nahd. Travel to the secret place of the Most High and experience the ultimate blessing.

LESSON 18, REBIRTH — THE TURNING WHEEL OF EVOLUTION, and LESSON 19, THE MOVING FINGER WRITES: Discover why reincarnation is the law of evolution in action. Why the heavenly Parents send Their children to the world of matter to learn. Why you should not dwell on “who was I before?” but get busy building your hoped-for future. Learn that the laws of compensation, love, correspondence and attraction are all facets of karmic law. Learn the different types of karma and how to reconcile karma with free will and the remission of sin.

LESSON 20, CHRISTIANITY AND REINCARNATION — DOGMA VS. DOCTRINE, and LESSON 21, SCIENCE OF REBIRTH: Realize that the doctrine of reincarnation has a Biblical foundation. Uncover what the Biblical people and early church fathers taught about reincarnation. Dramatic quotations from such persons as Plato, Henry Ford, Harry Houdini, Sir Arthur Conan Doyle and others concerning their beliefs in repeated incarnations and the reasons for those beliefs. Learn how the soul actually re-enters the realm of matter and is embodied in flesh. Absorb concepts concerning the soul journey; how it is accomplished and descriptions to help you prepare for your mission in this incarnation.

LESSON 22, PLANTING THE SEEDS OF A SOUL: Learn of the inner plane factors that make the union of the female egg and the male sperm more than just a lump of protoplasm. Grasp the interactions of the personality image, the sutratma and the seed atoms in constructing a human being. Learn how the laws of attraction and karma combine to affect genetic heredity. How the life cord, the emotional cord and the consciousness cord affect our subconscious, waking conscious and superconscious minds.

Continue your journey of progression with “Gnothi Seauthon — Know Thyself” (Lesson One, Second Degree). In this Degree we teach further concerning humankind on all levels of being because “to know oneself is to know God.”

Remember, by becoming an Astarian you’ve indicated you’ve heard the “Call” for all light seekers to travel the mystical, spiritual road. Here at Astara we welcome you — and encourage you in your journey toward the light.



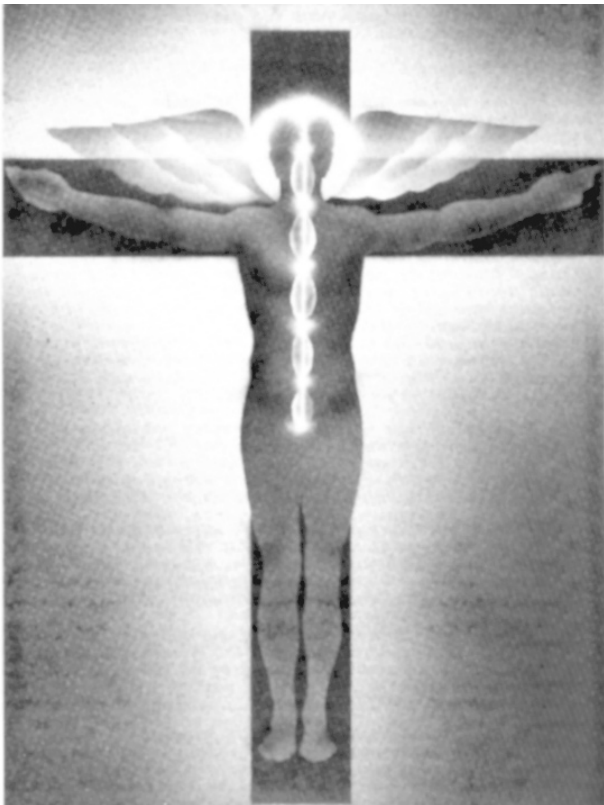
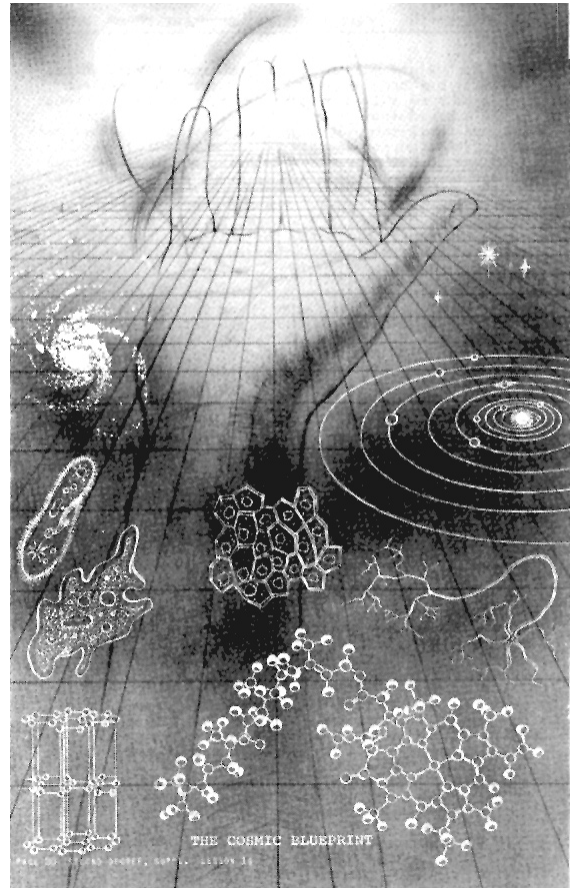
HIGHLIGHTS OF THE SECOND DEGREE LESSONS

Imagine if Astara's Degree Lessons were available in high school health classes, college anatomy classes or even your doctor's office. Maybe in the future. But for now it just isn't likely. Why?

Mainly because these teachings offer lessons from Ancient Wisdom. They dare to challenge the traditional views of how and why your body works. They teach you to look at what you are in a way you may never have before. These deep teachings will lead you to ask why are there so many hospitals filled with unhealthy people and why are there so many doctors treating so many sick people?

LESSON 2, HUMAN BEING — ANIMAL OR CHILD-GOD?, and LESSON 3, ROOTS OF THE TREE OF KNOWLEDGE: Let your spinal column be your staircase to unlocking the mysteries of the physical frame. See the importance of the spinal column dating as far back as the ancient Egyptians. Travel the spinal causeway with eight important steps. Learn of the role bones play in immortality. Discover the sympathetic nervous system's value to the astral body. View the conscious mind's impressions on the subconscious. Learn to deal with phobias, complexes and inhibitions. Discover your built-in communication system. See the caduceus. Experience the transcendental power of love.

LESSON 4, THE HOLY BREATH, and LESSON 5, THE SPHINX WITHIN: Travel the Rivers of Light. Learn of the Nadis and the science of the magnetic fluid. Experience the magnificent power of the Holy Breath. See the magnetic fluid as White Light. Learn how nerve fluid affects healing and follows your thoughts. Compare the etheric body to astral-mental bodies. Learn to purify your breath and practice Tummo. Consider your individual Book of Judgement. Travel the route of the seed atom. Probe the meaning of the mystical death and reading the akashic records.



LESSON 6, HUMAN BEING — MASTER OF DESTINY OR VICTIM OF FATE, and LESSON 7, QUEEN PITUITARY AND HER FALLEN LORD, PINEAL: Medical science's study of the endocrines is common compared to esoteric studies. Learn the endocrine's involvement in healing, emotions, the chakras, carnal habits. View the reconciliation between the physiological and the mystical. These Lessons describe why you are the "living philosopher's stone." Recognize the pituitary as the queen of your inner world and the wonder of the pineal gland as king. Peer through your spiritual telescope to unveil the real YOU.

LESSON 8, THE BIRTH OF THE THIRD EYE, and LESSON 9, TREASURES ON THE TREE OF LIFE: Your glands aren't merely physical — but have etheric counterparts. You have a true heart center. Your All-Seeing Eye is the cosmic viewer within you. The Third Eye plays a major role in healing. Experience its unfolded powers. You live your life simultaneously in three worlds. Lama Yoga has a distinct relationship to the Third Eye. Certain glands affect your spiritual development. Experience the difference between fact and fantasy.



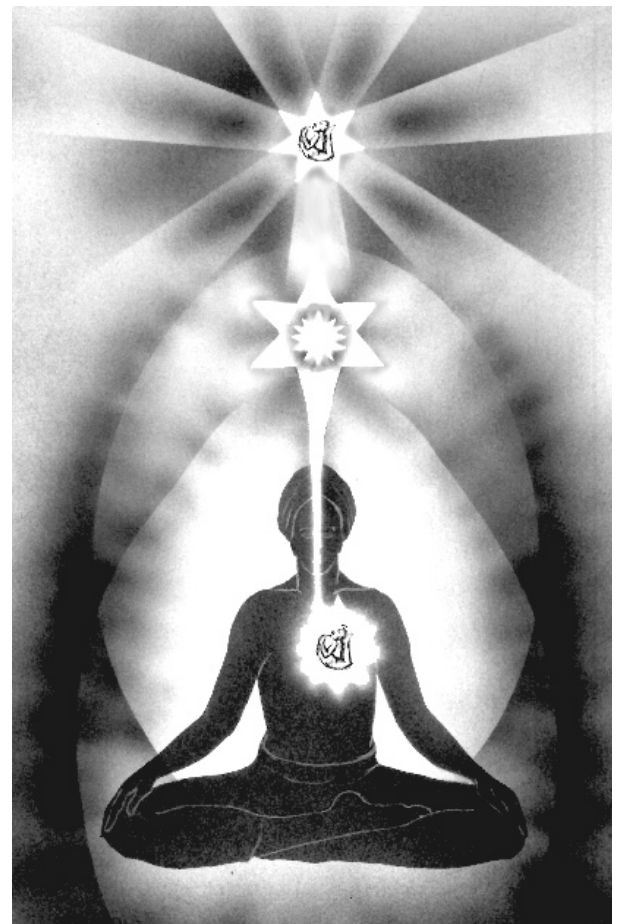
LESSON 10, THE BODY OF KARMA AND ITS LIFE-FORCE, and LESSON 11, SIGHT — THE SOUL-SENSE OF HUMANKIND: The importance of the liver and solar plexus chakra in your desires. The legend of Prometheus is based on fact. The lifeforce of the body of karma. The healthy aura versus the depleted aura. How can the atom be both divine and human? What is the Light of the Body? There is a science to seeing through ether and the eye ray. You “see” deeply with your consciousness, more so than with your eyes. The ancients healed through sight and the eye ray. Includes suggestions to improve your sight.

LESSON 12, THE CAVE OF THE HEART, and LESSON 13, INITIATION AND THE SAVING BLOOD: Enter the heart — your inner pyramid — and consider the very important seed atom there. Ponder humanity’s record of destiny and its karmic connection to the seed atom in the heart. Heart-thinking as the way to salvation. The development of empathy is a natural “by-product” of Self-realization. The cosmic loneliness for all initiates and seekers of light. Begin step four of Lama Yoga. Your blood’s composition and its energy potential affects your emotions.

LESSON 14, HEALING AND THE BLOOD, and LESSON 15, THE SCIENCE OF SALVATION: Pranic ether’s relationship to healing and the subconscious mind. Your ancestral blood. The impact of the influences from “outer space” on our bodies. The Mysterious “seed of destruction.” God versus the “stupendous accident of creation.” “Back to the beginning” where there is but abstract space. The path of the five celestial rivers and the great central sun. The absorption of the Divine substance to transform you into your godself.

Additional Lessons in the Second Degree include: Salvation and Mystic Christianity; Immortality and the Second Birth; The Brain — Humankind’s Built-in Computer; Mind — The Human Maker; The Human Being — The Miracle Maker; Antahkarana — The Tree of Immortality; Approaching Initiation; and Lesson 1 of the Third Degree, Sevenfold Person.

No, you won’t likely find these Lessons in high school health classes, college anatomy classes, or in your doctor’s office, either. But that’s just as well because this knowledge isn’t for everyone. It’s for a special person — a seeker like you. Someone looking for real answers to life’s mysteries and control over that life.



HIGHLIGHTS OF THE THIRD DEGREE LESSONS

Life has often been described as nothing more than a game. On the surface this seems like a pleasant enough description. Games have always been and always will be popular. But unlike card or board games, the stakes in your life are much higher. You've certainly got much more to gain. But there's also a lot more of value you can lose if you "don't play your cards right."

If life is indeed a game, it might be compared to the jigsaw puzzle. Countless aspects of your personality, emotions, feelings, health, experiences, etc., make up the thousands of pieces you must put together to make your life complete. And there are few things as frustrating as buying a jigsaw puzzle only to find at least one important piece is missing.

Well, suppose we compare Astara's Degree Lessons to a puzzle. In life, as in puzzle working, as you travel along, the puzzles get harder and harder. Often this is by choice. So in a way, by studying the Degree Lessons, completion of each degree represents completion of yet another puzzle. But unlike a puzzle, we don't just give you a box cover to look at while solving the mystery. We give you all the pieces in such a way that guarantees that, with dedicated attention on your part, you'll complete the step.



LESSON 2, EIDOLON — THE ETHERIC DOUBLE, and LESSON 3, CHARGING THE EIDOLON BATTERY:

Examine how the human is a seven-fold universe. Experience the formation of the casual oversoul. See why initiates live in two worlds. Discover how the archetypal soul pattern is made. Visit your etheric double. Examine the composition of the etheric body. Learn the nadis, chakras and eidolon and their functions. Unravel the mystery of the stigmata phenomenon and see how eidolon links mind and matter. Discover the fifth ether and the causative life force. Learn how prana is manipulated. View the unfolding of the sixth and seventh senses. Examine telepathy as the New Age method of communication. Is old age necessary? Discover the good and evil of hypnotism. See if ghosts are "real." Learn the method for recharging your human battery. View Astara as a magnetized center and see how the White Light can be concentrated.

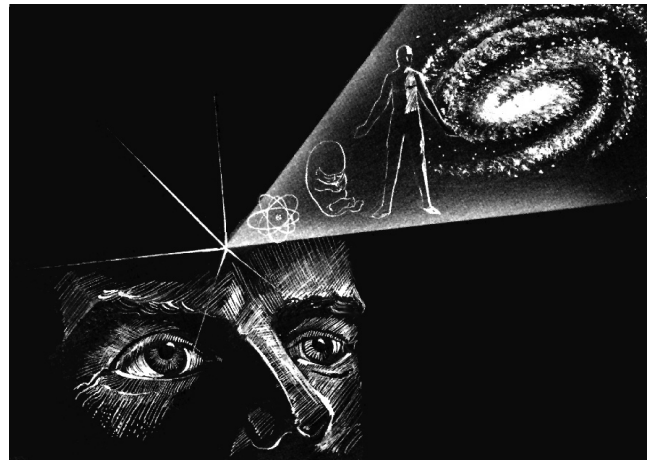
LESSON 4, SCIENCE DISCOVERS THE "OTHER" WORLD, and LESSON 5, WHEN THE WORLD WAS YOUNG:

Discover if your senses can uncover unseen worlds. Examine "reality." Can it be tested? See how the spirit penetrates matter. View the adaptable "clothing of spirit." Learn how antimatter makes up the substance of inner dimensions. Consider the riddles of Creation. Discover the evasive fifth force. See if astral substance contains matter and understand the law of correspondences. View life's cosmic fuel. Visit the waiting worlds of space. Travel to when the world was just getting started as we know it. Compare spirit to matter. See the destiny of each. Discover whether death is a natural law. View the purpose for ones being. Learn how the invisible creates the visible. Examine the mystery of the "breath of life." Probe infinity and the continuing search for the mysteries.

LESSON 6, WHY THE HUMAN BEING?, and LESSON 7, SPANNING ETERNITY: You'll compare the mystic with the materialist. Discover the true source of matter. See the human being as an infant angel. Discover the changing face of faith. Learn God's real masterpiece. View the Scroll of Destiny. Experience your inner imprisoned splendor and the cycle of divine substance. Consider the true philosophy of death and God's relationship to matter. See the mystery of transformation and the ultimate graduation. Sense how both the visible and invisible are seeds in the realm of cause and effect. Experience the human being as the divine seed. Know the true source of humankind's problems. Travel to when science discovered immortality. See why humankind's intuition reaches heavenward. See how your seven senses are organized and your place in the planes of life. Learn the three basics of the invisible world.

LESSON 8, THE UNDISCOVERED COUNTRY, and LESSON 9, DEATH ON TRIAL: You'll gather a complete understanding of the mansions and how a place can be prepared for you in another dimension. You'll travel to the Milky Way and to Paradise. You'll compare the philosophy of Plato and Socrates. See how cosmic currents are God's bloodstream. Learn why spirit goes beyond time and space. Experience the ultimate reality and learn what creates spiritual spheres. See what forms the Earth's aura. Discover how humans and planet evolve through the cosmic economy. Consider whether death is friend or foe. Explore the mysteries of death. See why in death only the conscious mind is affected. View numerous afterlife theories. Learn the Astarian view of eternal punishment. Experience why humankind fears death through misunderstanding and thus suffers. Is mind in the brain? Travel along the expanding spiral of rebirths.

LESSON 10, THANATOLOGY — THE SCIENCE OF DEATH, and LESSON 11, THE JOURNEY OF EVERY HUMAN BEING: Enter the fourth dimension and see the human as the human atom. Learn of soul preparation for death and the hidden blessings of seniority. See how the soul is molded and the rapture of Second Birth. Travel to where “The Bardo” begins. Travel humanity’s three pathways. Learn of our self-formed magnetic webs of rebirth. View the soul’s metempsychosis. Experience the electromagnetic quality of love and hate. Travel to the inevitable rendezvous with your destiny. Learn how to use your mind as a mirror of your inner self. View the first phase of Bardo. Explore the mystery of agelessness. See how death leads to real life. Examine those who are the “dark-centered souls.” Visit with the waiting ones in Heaven.



LESSON 12, WHAT IT FEELS LIKE TO DIE, and LESSON 13, BARDO AND THE CLEAR LIGHT: Visit with those qualified to describe what it’s like to die and examine it as the ultimate experience. Travel to where cosmic reality begins and walk along the Light-Road to Paradise. Investigate the science of the White Light and see how mental floodgates are opened. See how intuition is your light to inner worlds. Learn God’s divine alphabet. Consider the ultimate impact of suicide on your soul’s progress. Is Karma the “fair executor?” Explore the value of understanding the Bardo completely. See why death is a part of life. Know when soul knowledge is mandatory. Review what’s kept in your subconscious files. Travel to the Transition Valley of the Bardo. See why light is your greatest gift. Reap the sure reward of your efforts. Know why love is the unchanging way. View the final examination time for your soul and learn why love is stronger than death.

LESSON 14, THE SCIENCE OF DEATHBED REPENTANCE, and LESSON 15, THE THREE PHASES OF THE BARDO: Examine the ageless question of why we are here. Review your montage of life. Travel the 49 days of the beginning of the Bardo. See the guiding force of Karma. View Sangsara and the wheel of your birth and death. Discover why preparation for death is ageless. Learn the real purpose of last rites and rituals. See what lone thing can dissolve Karma. Experience the wisdom-founded law of substitution and the Light of Saving Grace. What is conscience? Travel to the Pilgrim’s Paradise. Decide if the divine judgement is really fair. Discover when humans receive aid from the wayshowers. See where visions originate. View the purpose of divine detachment. Can divine mercy be doubted?



LESSON 16, THE VALLEY OF THE JUDGEMENT, and LESSON 17, GOING FORTH INTO THE LIGHT: See how free will is humankind’s unique gift. Travel to our moral universe. Discover how the soul authors your akashic records. See how we create our own Hell. Is there really a “devil” for each of us? Review how these are your schooldays. Learn how environment follows the impact of heredity. Consider the real price of using hallucinatory drugs. Visit with those who forecast your life. See why living well means dying well. Review why the home is meant to be a place for sharing. Discover the value of talismanic guidance. Compare clinical vs. biological death. Participate in the ritual of appeal to Seventh Ray persons.

Final pieces in your Third Degree puzzle include Astara’s Book of the Dead, The Day After Death, Wonders of the Waiting World and the Reality of Etheria.

As you can see, Astara has spent years collecting the numerous pieces necessary to complete the various puzzles in your life. But unlike the jigsaw or crossword puzzle, we show you how the pieces go together. Your dedication to the studies is your contribution. So fill out the enclosed continuation form today, insuring that you always remain “in the running” in the game of life.

HIGHLIGHTS OF THE FOURTH DEGREE LESSONS

There are many journeys we all take during our lives — some by choice, others out of necessity. That you have chosen to become an Astarian and a student of the Degree Lessons shows you are one not satisfied to travel the well-worn path of the masses. You are seeking more out of life. Congratulations on completion of the Third Degree. Regrettably, not all who begin the Degree Lessons have the determination and dedication you have shown by traveling this far. The Degree Lessons are a journey to a better way. Since you have traveled so far, now is the time to renew your journey with enthusiasm and anticipation.

LESSON 1, TOMORROWWARD, and LESSON 2, CASTLES IN THE AIR:

Your travels in the Fourth Degree begin by showing you the important signs of the Aquarian Age. You'll see how discovering another life is not unlike how science discovers another planet. You'll view the relationship between your Earth life and the after death state. Examine how you can be a co-worker with God. See how love is stronger than death and why we are free-will beings and why you aren't just a pawn. Learn what a wasted incarnation is. Learn who on the Otherside sees us. Examine the real energy of color and why you need more than just thought to create. You'll learn the limits to ones thought power and whether physical fitness now can mean fulfillment Overthere.

LESSON 3, HELL, PURGATORY and HIGHLAND, and LESSON 4, ADVENTURES IN ASTRAL ASTARA:

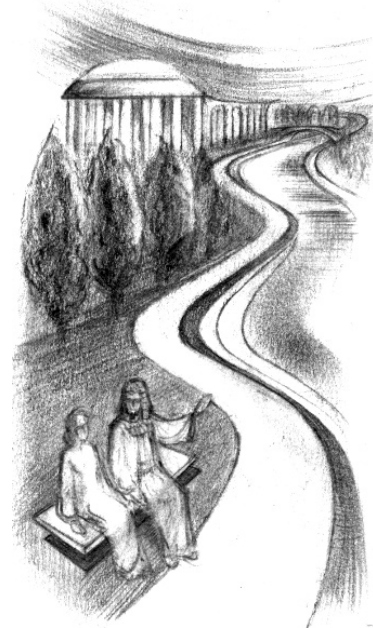
Your journey takes on the role of "tourist" as you safely embark upon travels beyond this plane. See how planes of light postulate the planes of darkness. You'll learn when punishment is not an injustice. Visit Hell. You'll travel to where Earth prayers extend to. You'll learn just who it is that buys your ticket to the Otherworld and death's impact on your character. See why soul advancement must be earned and how you create akashic records. You'll examine whether there is conflict between mercy and justice, if your soul grows after death, if you retain your sense of humor in heaven. See the value of Earth memories and telepathy. You'll view the creative trade schools Overthere and learn why each object has its own force field.

LESSON 5, LAND OF THE LIVING DEAD, and LESSON 6, THE LIGHT BEYOND THE SUN:

Your journey includes a view of the surprising "Second Mile." You'll visit Summerland Astara. You'll learn whether "human" emotions are retained Overthere and when "well-doing" is understood. See why probing the afterlife now is important and what the immortal qualities of empathy are. Learn to be guided by valuable strong impressions and why what you set in motion now has results Overthere. Preview the citizenship classes in Summerland. You'll learn why everyone doesn't live on the highest plane, why a temple is holy and how Paradise is gained. Learn if your "holding fast" is rewarded and how the law of cause and effect extends beyond the physical plane. You'll experience the comfort of knowing that someone who loves you is waiting for you. See why "like" attracts "like."

LESSON 7, IN THE VESTIBULE OF HEAVEN, and LESSON 8, THE HEIRS OF HEAVEN:

You'll see why music is the natural speaking voice of the Divine and why some are natural born musicians. Learn how to sharpen your reception through obedience to intuition. See the value of music therapy. Travel the road to the welcoming Angels. Learn about the agelessness of learning, "Mind Stuff" and retirement as a useful door-opener. See why we have only that which we give away. Travel through the busyness of Heaven and see how your education continues after Earth life. See the dangers of prejudice to your soul progress and



how creative impulse is sent to Earth. Travel through Astral Astara's healing, communications and teaching centers. You'll see why Heaven is heaven.

LESSON 9, BEYOND THE MISTS, and LESSON 10, THE THINNING VEIL:

Your journey continues as you examine activities Overthere compared to those on Earth. You'll learn why some don't seek the highest spiritual planes and what it really takes for a "well-rounded" education. Examine a suggested curriculum for a New Age school and see why vicarious learning fails. You'll see whether the soul is sustained in or out of the physical body and view the death of a child. Discover why love of God is more powerful than fear of God. See who creates human misery and who determines our eternal inheritance. See how Earth's standards of progress differ Overthere. How long will you be you? Learn the rewards for unbearable tasks and self-progression's basic ingredient.

LESSON 11, THE OTHER SIDE OF TIME, and LESSON 12, BUILD THEE MORE STATELY MANSIONS, O MY SOUL: You'll enter the second half of the Fourth Degree with a view of why race discrimination is found only on Earth. Discover the value of an established time and place for meditation. See the justice in unanswered prayer and the classification of all prayers. Learn why it is important for you to prepare now to meet your maker. Discover the rewards of being a thought watcher. You'll learn the value of prayer when your needs are known and if thought and idea are one and the same. Journey along and see if your thoughts change when you change worlds. You'll learn to be a good thought carpenter, make the most of mental powers and find the hidden blessing in Right Learning.

LESSON 13, SPANNING THE CHASM, and LESSON 14, PARADISE: THE REALM OF TIMELESS KNOWLEDGE: Learn to have a White Light-trained mind. Discover whether civilization is advancing or not. You'll see the vehicle of karma and what is contained in the ethers. You'll learn about the key force in thought forms and whether thoughts can be seen. Discover how to rise above your "star destiny" and about the attraction of high beings to us. See how we create our own Satan. Travel to Paradise and learn how to prepare for it. Learn how to cherish the memory of loved ones. See the hazards of LSD trips. Experience why beauty outlives misery. Discover the true meaning of Heaven. You'll view how angels find their place of work in Heaven.



Other Lessons in the Fourth Degree include The Group Unit of Kindred Souls, Gleanings of a Mystic, Love: Your Purpose for Being, and Love in the New Age. Remember you alone can control which path you shall follow. Your journey onward leads to higher vistas of understanding and wisdom — and growth.



LESSON 15, SEVENTH HEAVEN, and LESSON 16, THE PRICE OF PREJUDICE: You'll see how truth sets you free, where and how racism ends and how fraudulence is kept out of Heaven. Discover how a soul's free will continues in the next life and why Etherians still need to pray. You'll learn about how science proves the invisible, the unity of science and religion and what it will take to end wars. Is believing in Heaven necessary to go there? What makes strong character? Discover the true definition of religion and whether telepathy operates in celestial realms. See Jesus as a real being and what happened at Pentecost. You'll examine voluntary isolation's impact on soul growth and how your spiritual unfoldment impacts others. Learn how to rid yourself of an enemy and what makes for strong character.

LESSON 17, GIVE ME THAT NEW TIME RELIGION, and LESSON 18, THE ULTIMATE GOAL; GODHOOD: You'll view religion in the Space Age, the soul's first school and our destiny. Examine the need for the physical body and what someone else can give your life. See if God can be blamed for wars. Learn individual responsibility and about inequities in spiritual understanding. Travel along Etheria's path to see whether it or Earth is more populated. Visit your cosmic guardians and learn what attracts them to you. See if your bodily appearance is retained forever. Learn of your soul's curriculum.



HIGHLIGHTS OF THE FIFTH DEGREE LESSONS

The birth of many of our “modern sciences” — astronomy, medicine, chemistry — is often dated in the Dark Ages. This was a time when brilliant people, fearful of scorn, were forced to work in obscurity with the crudest tools.

Today the modern scientist is held in the highest regard with millions of dollars poured into research. To many the Dark Ages were seen as the storm before an enlightened age. Today may be no different.

As a student of the Degree Lessons you too are a scientist. And it is quite possible you’ve kept your work to yourself, afraid of attracting unfavorable attention to your “unorthodox beliefs.” But you have a tremendous advantage over those early “modern scientists.”

You have available the Degree Lessons. These are your laboratory tools. The day will come when metaphysical science is regarded on the same level as modern science. And you’ll be ready. But just like modern science, the researcher can never stop investigating and learning or will fall behind. That’s why continued study of the Degree Lessons is so important. Keep yourself up to date!

LESSON 2, THE SIGHT AND SOUNDS OF LOVE, and LESSON 3, LOOSING THE SEALS OF SILENCE: Experience love’s harmony and why real love cannot ever be hidden. Learn what makes love die. See how music “stirs the soul” and what a true marriage really is. Discover the true love match and how long a soul mate marriage really lasts. Travel the ever-widening boundaries of true love and learn to beautify your astral body. Learn why you must make your own decisions and the value now of spiritual knowledge. Travel to the beginnings of spiritualism and discover who is capable of automatic writing. Examine the fascinating “Spirit Teachings.” See whether truth is always accepted with open arms. Learn why you cannot believe every spirit and see what life — both here and Overthere — is really for.

In eternity then is always time for love and love’s fulfillment. In love, a thousand years are as a day.

LESSON 4, ACROSS THE BORDERLINE, and LESSON 5, THRESHOLD OF THE UNKNOWN: You’ll examine the ancient battle between priest and prophet and whether ritual can produce divine communion. See whether Pilgrims Overthere really know

all. Discover why spiritual truth can be rejected and just what a medium is. Learn of a fraud’s “win to lose” routine. Are all psychics spiritual? Discover why psychic powers can be used or abused by choice. See if angels laugh and what remains the same after death. See if your expansion of consciousness continues after earth life. Travel to the antiworld. Compare different religious teachings for similarities. Examine how Jesus spent his earth time. Learn to send out a prayer request and view several physical signs of psychic force. You’ll be given rules for the beginning psychic and learn why empathy is a “must.”

LESSON 6, PSYCHIC PHENOMENA IN THE AQUARIAN AGE, and LESSON 7, THE SCIENCE BEHIND MIRACLES: Discover the real reason for the need of miracles and whether you can give what you don’t have. Travel to the source of your Inner Light. See how the High Call brings forth high answers. Learn if all in Etheria want contact with us and what you’ll have to unlearn Overthere. View psychic energy and who has an enlightened soul. Visit with poltergeists. Travel to when humans first knew of spiritual beings and see how psychic communication occurs. Discover how



your body is a physiological battery and the role of electromagnetism in communication. Listen to how they communicate in Etheria.

LESSONS 8 and 9, THE PHENOMENA OF TRANCE — PARTS I and II: Examine types of trance and whether we learn as we sleep. See when your mind is most receptive and the differences between catalepsy and death. Visit with a Samadhi. Learn why spiritual attainment is the highest aspiration and whether psychic and spiritual qualities are inborn. See a mystic magnetic stake. Is psychic phenomena presented in the Bible? Examine the dangers of tobacco, alcohol and drugs to the aura and spiritual development. Experience the reaction of meditation and the mental requirements to achieve the trance state. Learn to separate the real from the imagined in trance. Discover the secret of attaining illumination during sleep and the type of daily life that leads to enlightenment. Visit the positive aspects of Nirvana.

LESSONS 10 and 11, THE SCIENCE OF SOUL TRAVEL — PARTS I and II: Your journey becomes twofold as you examine the differences between trance and astral projection and learn the practical aids to soul flight. You'll discover how distance is only a physical barrier and whether it is possible to visit Overthere prior to death. Learn what causes deep-etched memories and the danger of denying communication. See how to purify your mind before sleep and learn the three approaches to soul travel. Examine the need for discretion. View those acts recorded in your Book of Judgment. See the two ways to view your Akashic Records and how to tell if you're on the wrong track. Learn why solitude is so important when experimenting and a few "practical" hints. Travel to when Earth is a shadowland.

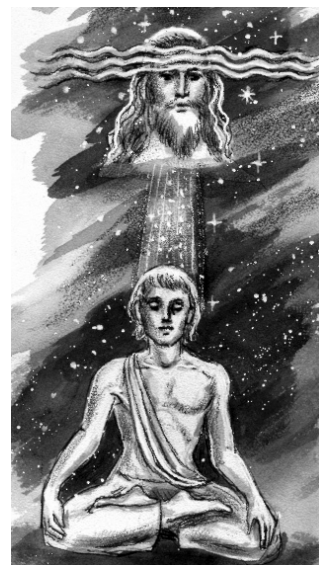
LESSON 12, THE "HOW" OF AUTOMATIC WRITING, LESSON 13, DEVELOPING CLAIRAUDIENCE AND CLAIRVOYANCE, and LESSON 14, THE HUMAN AURA: Much of your studies to this point have given you "overviews" of various psychic talents. These three lessons embark you upon an in-depth training into several of these important skills. You'll develop the needed



skills and experience to continue your travels through Degree Lessons — with a better understanding of what territory you've already covered and be better prepared for what lies ahead.

LESSON 15 and 16, HOW PRACTICALLY TO PRACTICE THE LOVE OF THE DIVINE IN THE HUMAN WORLD — PARTS I and II:

You'll discover your highest spiritual aspiration. Examine whether reading alone can give illumination. See how not doing everything you attempt perfectly is not unique. Learn why there is always hope for you. View the true service life motivation and the "scientific" manner of spiritual development. Examine whether Bible accounts and Ancient Wisdom



agree. See why the basic virtues of all religions are alike. Understand why love is the greatest thing in the world and love's sub-law. You'll discover how energy produced by human love is used and how wide soul love's embrace is. Learn when disaster can be a blessing and the true function of your soul. Learn why you can never be separated from the love of God. See why you must be both a good giver and receiver. A supplemental lesson on using the elements for meditation is included in this lesson.

LESSONS 17 and 18, THE WISDOM OF THE ANCIENTS — PARTS I and II: Travel to the ancient schools of the Mysteries. See if the Mysteries of God belong to only one ethnic group. Learn why the Christ Substance is for all who'll receive it and when you are truly a "child of God." Discover why the power of God is both universal and individual. Examine another supplemental lesson on "Attaining Perfection." View when your search as a disciple ends. Travel to the beginnings of esoteric Christianity and compare the macrocosmic universe with the microcosmic human. You'll learn the purpose of the silent chant.

Additional lessons in the Fifth Degree include, Jesus — Man, Myth or Mystic Christ — Parts I and II, The Sacrifice of the Great Christ Spirit, Beyond The Mists of Mystery and conclude with a special monograph — You, Astara, and the Ladder of Your Life.

We'll never know how much "modern science" was lost or delayed because many of those early scientists didn't have the courage and determination to continue. By already completing the Fourth Degree you've shown a great deal of dedication and determination. By continuation of your studies, your contributions can be endless.



HIGHLIGHTS OF THE SIXTH DEGREE LESSONS

How many times have you asked a question, only to be told, "Well, that's one of life's great mysteries." Regrettably, all too often organized religion falls into this trap when faced with a question. A lot of people like mysteries. They have their place — in the entertainment industry — not in your life. By becoming an Astarian you have already demonstrated you don't want to play detective with your life — you want answers!

Yet some would have you sleuthing from one clue to the next, never really grasping the entire picture. The purpose of the Sixth Degree, as with all previous Lessons you have so faithfully studied, is to eliminate those mysteries. After all, Astara has spent more than 50 years researching (a form of detective work itself) for you. For the individual it would take years just to uncover the spiritual clues to a few Lesson topics.

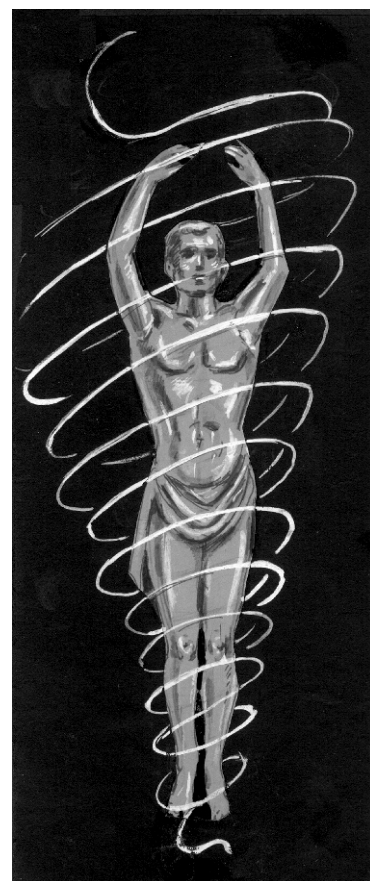
Like the good detective, you've still got to work hard at what you do. But the answers are here, in the Lessons, for you. So take the time today to renew your studies by entering the Sixth Degree. And leave the detective work to others.

LESSONS 1 and 2, LESSONS IN SELF PHILOSOPHY—PARTS I and II: Your journey begins with a brief view of an initiation in the Great Pyramid and discovery of "your path." You'll delve into whether initiation ceremonies performed on the Other Side can be remembered in this life. Discover the mystery of the ethers. Travel to where eternity began. Experience baptism in the Aquarian Age. See how to be your own judge and the value of the study group. Learn the silent scream and unveil the secrets of mother nature. Journey the path that shows why "living may be hazardous to your health." Awaken your cosmic broadcasting system. Examine the "You" trinity and your auric armor of light. Learn the Yoga Complete Breath. Become involved in the Astarian cosmic affirmation through a special mantram. Discover the true strength of word power. You'll close this Lesson with the eight steps in the formula.

LESSON 3, OUT OF THE SHADOWS AND INTO THE SUN, and LESSON 4, PURIFYING THE PHYSICAL TEMPLE: Travel the path to purification necessary for both better spiritual advancement and sharper mental outlook. See what steps must be taken to prolong life and why they are necessary. Examine the causes of our carnal appetite. Review the epochs of history. Travel

to the time of the division of the tribes. Experience the divine balance and the miracle of manna and quails. Discover whether you were once an animal. See why you are not your body. Learn the factors in favor of vegetarianism. View the diminishing animal kingdom. Feel the refined vibration of fruits and vegetables. See how your blood can be a river of Light or a swamp of sewage. See the connection between animal protein and war and violence. Learn of the cosmic flame — the telltale torch. Discover the final path to purification.

LESSON 5, CREATING A NEW "YOU-NIVERSE," and LESSON 6, TO MEAT OR NOT TO MEAT: You begin by learning how to be true to yourself with a complete self-analyzation. Discover the master crafter within you. Then embark upon creating that new "you." View the three great vibratory forces that can be put to good use in creating a different life. You'll travel this path with a program of nine easy steps. Examine the body's aura, its flow and what decreases this flow. Compare the three classes of vegetarians and the value of nutritional healing instead of drugs. See why some have or develop a personal aversion to meat. Develop your own program for regeneration — regardless of your age! Discover why you are your own keeper and how to



avert somatico-psychic ailments. Open the balanced-being path and feel the magnetism of the new you.

LESSON 7, THE "YOU" LABORATORY, and LESSON 8, GUIDELINES TOWARDS VEGETARIANISM: You'll see the magic of raw food magnets and the secret power of plants. Discover why nature is your best doctor and healer. Examine whether your health problems could be caused by meat eating. Travel in search of your youth-glow and learn why it left. Visit with Dr. Bircher-Benner's revolutionary clinic. See the secret magic of light food. Examine the raw food diet. Compare the healing crisis with the disease crisis. See why vegetarianism is now easy. Experience the winning ways of walking. Learn of the new type of human being. See if you can live on air alone. Do vegetarians exhibit better health and longevity? Discover the link between vegetarianism and spirituality. Examine America's falling health standard.

LESSON 9, WHAT MAKES US SICK AND WHAT MAKES US TICK, and LESSON 10, AKASA, THE HOLY BREATH AND PRANA: Your journey makes a protein stop here as you learn the complete story of its value, ones need for it and the best sources of it. From there you enter the respiratory system and you ponder the universal mystery of breathing. Discover how respiratory functioning can be improved through four types of breathing. Learn the skills of akasa, prana and mind control.

LESSON 11, SURYA NAMASKAR — A TECHNIQUE IN SOLAR VITALIZATION, and LESSON 12, SALUTATION TO THE SUN: Travel back 6,000 years to sun worship at Carnac, France. View the sun as the ultimate symbol of light. Learn the five basic aspects of Surya Namaskar. See the relationship between the sun and your various physiological systems. Discover in step-by-step instructions and illustrations the 12 different movements of Surya Namaskar and the accompanied mantras. See how Shavasana works.

LESSON 13 and 14, THE PROTEIN PROBLEM SOLVED — PARTS I and II: Examine the marvelous healing power of seeds, including 12 ailments sunflower seeds are believed to benefit. See the value in corn, grains and yeast. Experience the healthfulness of nuts, beans and other non-meat protein foods. Discover a program of safely changing your diet to include all that you need while eliminating all that could be harmful.

LESSON 15, THE FIRST INITIATION, and LESSON 16, REGENERATION AND SUSTAINED YOUTH: See why you are the great adventure and experience what Penetralia is really all about. Visit the true Mother and Father. Examine Astara's link to the Ancient Mysteries. See what makes up your "inner self." Learn of "Ka," "Aumakua" and "Ba." Experience the first initiation. Review Shaktipat and its relationship to past karma. See



the sacred link between devotee and Ancient Wisdom. Learn how to clear remaining karma and what happens when kundalini is awakened. Discover why only a few are chosen and the eight types of bondage. Examine the secret science of yoga. Learn of the mudras and asanas and their purpose. Experience the benefits of the headstand, dervish whirl, obelisk and bridge. See in great detail the pluses and minuses to celibacy.

LESSON 17 and 18, ADVANCED TECHNIQUES OF TRANSCENDENTAL CONSCIOUSNESS — PARTS I and II: You'll travel to the ancient Order of Melchizedek. Discover the need for complete perfection — physical, mental, psychic and spiritual. View the diamond cross. Learn of the seven types of yoga, the purpose of each and their techniques. See why true meditation means withdrawal from the senses. See how Lhama Yoga changes the body. The remainder of these two Lessons offer you a yoga "handbook" with fascinating descriptions, instructions and photographs.

Additional topics in the Sixth Degree studies include the Secret Science of Sound, Techniques for the Initiates and Self Mastery for the Astarian Initiate. As you can see, there is no need to rely just on "clues" to get you through the mysteries of life. By continuation of your studies into the Sixth Degree you will show you aren't satisfied just to be another detective. The Sixth Degree grabs you off the sidelines and gets you involved.



HIGHLIGHTS OF THE SEVENTH DEGREE LESSONS

As you have progressed through the past six Degrees and arrived at the Great Work of the Seventh Degree, we hope that you have experienced a sense of the strengthening bond between you and the Mystery School called Astara, of which you are an important initiate.

When Astarians meet — whether it is casually in the market place or sharing an overseas journey to far away temples, tombs and pyramids in some ancient land of mystery — there exists between them an unspoken “secret.” There is a sense of secret sharing that is beyond defining. It flows out on the touch of the hands, a glance of the eyes, an exchange of thought essence, a “knowing” of the sacred bond existing between Astarians and the Great Light that is Astara. This Seventh Degree seals the sacred bond more infinitely and reverently.

The Seventh Degree Astarian will find him/herself experiencing more things on the inner planes — vivid dreams on the edge of recall, soul flights into realms of light, long sessions in Study Halls on the inner planes of learning, a remembered meeting with the earth teachers of Astara and the Masters on the inner planes. You will experience an ever expanding awareness of a “shift” in consciousness — a consciousness frequently flooded with a sudden inflow of Sound Current or the flash of revealing visions.

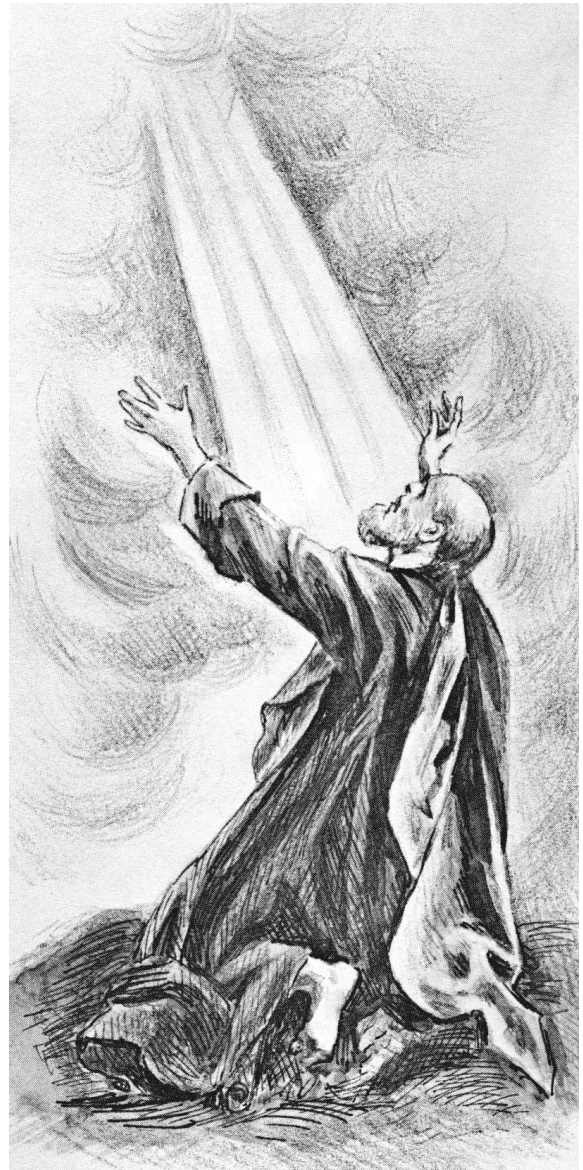
This next Degree contains information that should help you as a Seventh Degree Astarian along your path...

LESSONS 1 & 2, HUMANS — WHAT WE ARE and HOW WE CAME TO BE, PARTS I & II: Find help to understand yourself and the highest approach to your individualized and integrated being. Learn about God, the eternal being. Study the three Grand Divisions of Creation. Learn about the absolute and the Monads and how they are part of the Great Bubble. Get your first introduction to the Logos.

LESSONS 3 & 4, PREPARING THE WARDROBE, PARTS I & II: From the standpoint of esoteric science (which, some day, will become conventional science) we learn that matter evolves out of and becomes ensouled by the Deity — through “The Triple Logos.” Your “glass of knowledge” will further be filled with teachings on the three permanent qualities of Virgin Matter; the role the Third Logos plays in the formation of atoms: the Seven Major Planes the Monad projects; the golden Thread of Life and how we communicate so the higher learns from the lower during incarnation; and the “One Great Life” and how you communicate with it.

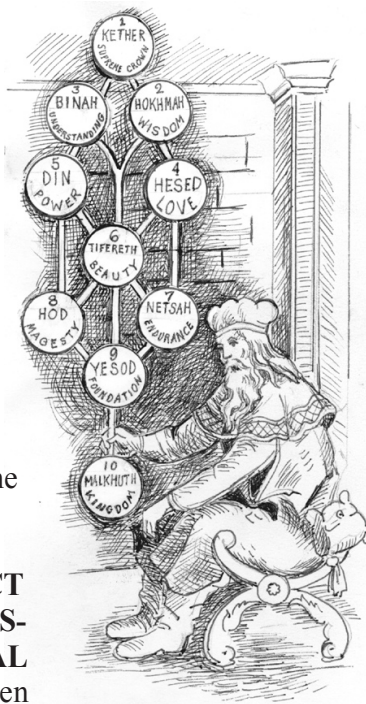
LESSONS 5 & 6, THE THEATER OF EVOLUTION, PARTS I & II: These Lessons cover the Planes of Life, the 12 “zodiacal houses” and the seven paths open to us beyond human evolution. You will also learn about the orders of Lunar Monads and the rounds in the Earth and lunar chains.

LESSON 7, THE EVOLUTION OF THE LIFEWAVES, and LESSON 8, THE COMING OF THE LIGHT: Find out about the major and minor lifewaves. Learn of the cyclic destiny of evolving humans. Discover who is the evildoer, Lucifer or humans. Find out why evil is a necessary part in the evolution of humans and what manifestations occurred during the three major cycles of evolution. Analyze the first three stanzas of the Book of Dzyan, which gave us much of the teachings of the Ancient Wisdom.



LESSONS 9 & 10, THE MYSTERY AND THE BOOK OF DZYZAN,

PARTS I & II: Finish off your analysis of the beginning seven stanzas of the Book of Dzyan which gave us much of the teachings of the Ancient Wisdom. Learn what the double triangle symbolizes. Examine the evolution of the consciousness of the atom. Find out about anthropogenesis and the rays of evolution.



LESSON 11, THE PERFECT PRISM OF LIGHT, and LESSON 12, THE UNIVERSAL KINGDOM:

Find out when humanity becomes fully developed and what occurs when we reach the middle of our evolutionary work. Discover how you can achieve logic consciousness. Learn what is the lifewave of souls and what are Elementals and their four great divisions. Explore devas and nature spirits. Find out about group souls and discover if karma exists in animal life. Examine the group mind versus the group soul. Find what is meant by the “world antahkarana.”

LESSONS 13 & 14, THE FOURTH DIMENSION, PARTS

I & II: Take an in-depth look into the Fourth Dimension and discover how time, space, phenomena, impressions, causes, etc. are managed by consciousness. Explore the mystery of time. Find out what the Laws of the Fourth Dimension are and what obstacles must be removed and limitations overcome to understand the next dimension. Learn what science hopes to discover from the Fourth Dimension.

LESSON 15, GOD AND EVOLUTION, and LESSON 16, IN THE BEGINNING:

In these Lessons we take a deeper look at God and science. We also reexamine the soul. Where does the soul come from and can it be measured? This Lesson touches on the Smaragdine Tablet which contains the key to alchemy and the secret of transmutation. Learn what the evolutionary arc is. Find out if the fall of humankind was part of God’s Divine Plan and learn about the Elohim-Archangels. Discover what soul “forgiveness” means and what cosmic outpouring has to do with human evolution.

LESSONS 17 & 18, THE LAW OF DUALITIES, PARTS I & II: Learn about the law of polarity and how it affects life on all planes. Find out if evil is necessary in our evolution. Get an understanding of how polarities influence the seven bodies of the human being. Discover how the union of highly evolved souls affects the outcome of their children. Learn about the law of action and reaction and how karma is based upon it.

LESSON 19, ENERGY AND POLARITY, and LESSON 20, THE ASTRAL LIGHT, MAYA, AND COSMIC FORCES:

How does the law of impaction affect your progression? Learn what the steps to building the body of light are. Delve into the teachings on the astral light, also known as akasha, and find out what the four ethers of the astral light are. Explore the alchemical magic of levitation and how it is affected by polarity. Learn how to vibrate in harmony with the astral light. In addition, these Lessons explore the Divine Christ Substance, or Azoth. Find out what the outpouring of Aquarian forces predicts and what becomes of us when we reach the height of Divine Wisdom.

LESSON 21, THE MASTERS’ SECRETS OF REGENERATION, and LESSON 22, MATTER, LIFEFORCE

AND MINDFORCE: Discover what regeneration is and how humans are affected by it. Learn what the “book of seven seals” is and how humankind is affected by the emerging feminine polarity. Find out about the sun seed, the moon seed and moonmist. Explore the development of the double spinal cord and the cycles of regeneration. Take a look at grief. Does it offer purification through suffering? Find out what the “eternal struggle” is and how death plays a part in it. Uncover the purpose in life. Examine evolution, epigenesis and involution. Uncover information about the “Great Mother” and learn what Nature’s most cherished secret is.

The Seventh Degree contains a great deal on topics concerning your soul and the evolution of humankind. The Eighth Degree covers teachings from various Mystery Schools.



HIGHLIGHTS OF THE EIGHTH DEGREE LESSONS

As you begin the Eighth Degree, you'll probably notice differences in teaching style from the previous seven Degrees. After giving nearly forty years to researching, channeling, writing and crafting all the previous Lessons, Dr. Earlyne, guided by her Great Teachers, turned the writing of the Eighth Degree over to Dr. Robert, allowing her last years to be spent writing more books and continuing her healing work for Astarians around the world.

In writing the Eighth Degree Dr. Robert from time to time drew on material Dr. Earlyne had already prepared, as well as his own and material inspired by or directed by the same Teachers which gave the Chaney's their original commission and helped guide them through all of the Degree Lessons. The Eighth Degree, then, is the result of meditation, inspiration, direction and research. Occasionally you will notice a subject that has been covered in a previous Degree, but will in these Lessons be explored from a different perspective, one seen from a viewpoint further along on your spiritual path.

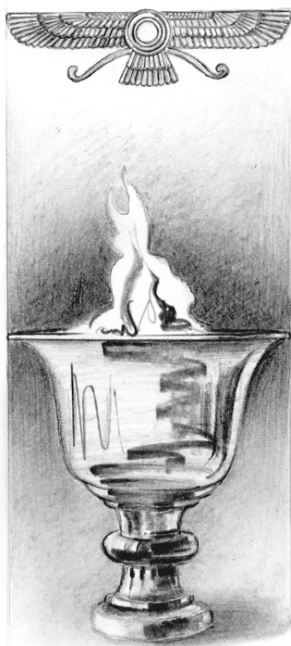
Although the writing and teaching styles are different from what you have been used to, this is in many ways a good thing. You will learn the spiritual lessons from a different perspective. Be assured that the thrust of the Eighth Degree will still be the metaphysical, mystical, and esoteric. And the purpose will still be to help guide and inspire you on your personal, spiritual journey.

LESSON 1, THE JOURNEY ABSOLUTE, and LESSON 2, THE UNITY OF LIFE:

Discover what the absolute is. Examine your beliefs and define what you believe in. Find out what is so important about unity. Learn about the vibrational fields within the unity and ways to open the unity consciousness.

LESSON 3, COMMUNION WITH THE DEITY, and LESSON 4, INITIATION — PATHWAY TO ENLIGHTENMENT:

You explore the nature of and ways of interacting with the Supreme Being. Examine the nature of God and see how it coincides with your nature. Investigate the various types of communion with the Infinite, receive suggestions about ways you can affect them, and how they might benefit you and your life.



LESSONS 4, 5 & 6, INITIATION — PATHWAY TO ENLIGHTENMENT, PARTS I, II & III:

A three-part Lesson study of an age-old mystical practice that is widespread today in more ways than you may realize. See the purpose of initiation, its varieties and its methods, and see how they originated in the Mystery Schools but still function in your life today. Relive initiation episodes you may have experienced in the long ago. Explore the initiation practices of various religions, such as Hinduism, Buddhism, Judaism and Christianity. In addition, learn about the initiation of baptism and the cross. Take the initiation self-test to find out if any of your life's experiences have been initiations.

LESSON 7, FREE WILL VS. DESTINY:

Determine if you really have free will or if something or someone else controls your life's outcome. Learn the differences between free will, destiny, predestination, fate and chance. Create your own philosophical formula. Find out if you can change your destiny.

LESSONS 8, 9, 10, 11 & 12, EGYPTIAN MYSTICISM, PARTS I, II, III, IV & V:

In this five-part series, take a flight back in consciousness to the "place of light" where you may share in the "great and majestic glory" of another time and space. Ancient Egypt was the center of a universal vortex which drew in to its enlightened minds the philosophical roots of today's spirituality — no matter the major religion or denomination. Walk the ground where everything was holy. Touch the symbols and feel the atmosphere of the place where philosophy was king and spirituality was queen. Discover the ancient wisdom basics which are usable today. Learn the spiritual healing methods from long ago which you can use for health and longevity. Examine the remarkable similarities between ancient festivals and today's celebrations, and the suggestions on how to use them for spiritual advancement. In addition, you will be introduced to the story of God and the emissary, Hermes.





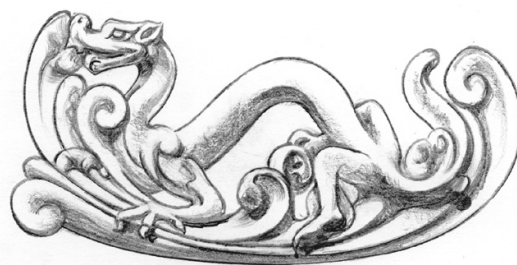
LESSON 13, HERMES TRISMEGISTUS—EMISSARY OF THE DIVINE and LESSON 14, THE BIRTH BARDO: Reveals Hermes as the Egyptian counterpart of the Christian Jesus and other avatars. His teachings of the secret sermon on the mount, the twelve tormentors, the way of regeneration, the seven basic and eternal principles, and other ancient spiritual ideas, provide you with a new and inspiring basis of life. The Birth Bardo is an introduction to a mystical concept that has never been discussed in esoteric literature. The Lesson offers a point of view regarding the moment a fetus becomes a living entity, the parental energies involved in the process, how parents and child share the birth process, how the spirit assumes control of the forming body. The Lesson offers a Birth Bardo Ritual which may be read to assist the birth process (or an audio tape is available with Dr. Robert and Sita voicing the words of the Ritual).

LESSON 15, MYSTERIES OF FIRE AND AIR, and LESSON 16, MYSTERIES OF WATER AND EARTH: The elements in which you live, in their spiritual and psychic content, are too frequently taken for granted. Explore them in an esoteric context which relates you to them in a profound way. Investigate the mysteries of fire, air, earth and water. Both Lessons include the element of *Azoth*, a component of still higher vibratory nature. All these elements possess higher spiritual, ethical and vibrational counterparts far more meaningful than normally realized. Learn about Fire, the celestial life creator; Air, the godly

birth of higher consciousness; Water, the divine cleanser; Earth, the womb of growth; and Azoth, the transformational power. The Lessons include special sections presenting you with meditational methods for attuning yourself to each of the elements — a practice for improving your daily life on every level. Additional material pursues the mystical concepts of the four original universal ages and the five experiential initiations.

LESSON 17, MYSTERIES OF THE EUCHARIST, and LESSON 18, AGAPE — LOVE FEAST OF THE HIGHER CONSCIOUSNESS: Explore the eucharist's potential as a conveyor of higher life energy, making it much more than a mere symbolic reference to the Christ presence. The practice, for those who wish to make it so, becomes "a spiritual device leading to greater personal understanding and spiritual attainment." The Eucharist is a process of making the many life energies one in their expression and manifestation. The Lesson tells how the great Mystery Drama changes you and your relationship to the higher life. Additional information describes Agape, the original love feast, as more than a casual dinner with friends. The Agape traditionally followed the Eucharist. It may be experienced now in the same way, or as an event on its own, transforming social togetherness into a spiritual experience. The Agape continues the Eucharist process — not satisfying hungers of the body, but transporting your consciousness to a greater realization of the spirit.

LESSONS 19 & 20, ANCIENT NORTH AMERICAN MYSTERY SCHOOLS, PARTS I & II: Explores the similarities, helps you hear the mystical echoes of other lands and times, and offers you opportunities to duplicate the essence of North American teachings in your own meditations.



LESSONS 21 & 22, CHINESE MYSTICISM, PARTS I & II: You will learn of the ancient science of Li and the importance of the dragon and tiger symbols. Find out what messages can be found in the sun, moon and stars. Learn about yang and yin. Explore the three great religions found in China — Taoism, Confucianism and Buddhism.