



# Team programme

To whom it may concern,

Colin Glen Trust will be running their 12th Prince's Trust Team programme starting **Monday 3rd June** The Team programme is a 12 week personal development course for 16 – 24 year olds who fall within the Princes Trust target groups: (NEETS)

Over 80 per cent of young people involved in Prince's Trust programmes in Northern Ireland go on to further education, training or employment. This 12-week personal development programme offered by Colin Glen helps to provide the necessary skills, confidence and motivation to young people today to support them into work, education and training. For the vast majority of young people, the team programme is the first step in turning their lives around.

This course is **FREE**, we cover **CHILDCARE and TRAVEL** expenses **and** doesn't affect benefits.

Team programme is aimed at improving teamwork, employability & community skills, gaining new skills, qualifications and a variety of experience and fun packed into 12 weeks!

Throughout the course the young people will engage in:

- 1.) **Residential & Team Building** which will see them going away for a two night residential for team building games and outdoor activities to promote teamwork and communication skills.
- 2.) 2 week **Work Placement** of the student's choice, we will work with them to shortlist potential employers and apply for their placement.
- 3.) **Community Project** where they will do some work for a group in the community such as renovation of a premises, gardening for an elderly fold, learning a skill and teaching it to a class of young children etc.
- 4.) **Team Challenge** where they will volunteer/work with groups in the community such as water stations for the Belfast marathon, bingo with elderly residents in a care home, tea & coffee morning in local library etc.
- 5.) **Next Steps** which will see students developing their CV's, completing mock interviews, as well as searching for jobs/courses and applying.
- 6.) **Final Presentation** to family, friends and any supporters of the programme from placement providers to community project and team challenge facilitators.
- 7.) As well as additional qualifications and sessions around sexual health, mental health (ACET), drugs and alcohol misuse (ASCERT).

If you could please share this information with your staff and any others in the community you feel may be relevant (support workers, youth leaders, community outreach teams etc.), please do so. Getting engaged with young people who want to make a change for themselves, gain employment, qualifications and developing their skills is vital, so I would ask if you are engaging with any young people that fit the criteria please get in touch and I can arrange to meet up and give further information.

Additionally, if there are any opportunities for our Team to engage in the local community or that they can help with, please get in touch regarding any opportunities. I welcome any openings for our young people to engage in and make a difference, whether it is further courses, volunteering, and projects or work placements.

Don't hesitate to get in touch, see contact information below.

Regards

Jerome O' Loughlin

| Prince's Trust Team Leader | Colin Glen Adventure Centre |  
| Email; [Princetrust@colinglen.org](mailto:Princetrust@colinglen.org) |  
**Mob:** 07517 425 307 |  
**Tel:** +44 (0)2890 614 115 **Ext:** 502 |

