

Hearing Voices Self Help Groups

Bergen County
Second and Fourth Thursday- 2pm to 3pm
Bergen County Community Wellness Center
177 Hudson Street
Hackensack, NJ 07601
201-489-8402

Burlington County
First and Third Wednesday - 7:00 to 8:30pm
River Bank Self Help Center
114 Delaware Avenue, Burlington, NJ
609-239-1786

Cumberland County
Second and Fourth Tuesday - 12:30pm
New Horizons Community Wellness Center
63 South Myrtle Street, Vineland, NJ
856-696-8921

Middlesex County
First and Third Saturday – 2:00 to 3:00pm
Second and Fourth Thursday- 4:00 to 5:00pm
Moving Forward Community Wellness Center
25 Elizabeth Street, 2nd floor, New Brunswick, NJ
732-317-2920

Monmouth County
Second and Fourth Thursday- 2:00 to 3:00pm
Freehold Community Wellness Center
17 Bannard Street, Suite 22
Freehold, NJ 07728
732-625-9485
****Please call in advance to confirm meeting date***

Monmouth County
Second and Fourth Wednesday- 1:00pm to 2:00pm
Monmouth Care Center
80 Steiner Avenue
Neptune City, NJ 07753
732-455-5358

Morris County
First and Third Tuesday- 5:30 to 7:00pm
Morris Community Wellness Center
1259 Route 46E, Bldg. 4, door 4D, Parsippany, NJ
973-334-2470

Ocean County
3rd Wednesday- 5pm
Brighter Days Community Wellness Center
268 Bennetts Mills Road
Jackson, NJ 08527
732-534-9960
****Please call in advance to confirm meeting date***

Somerset County
2nd and 4th Friday- 1:30pm
Freedom Trail Community Wellness Center
166 West Main Street
Somerville, NJ 08876
908-722-5778
****Please call in advance to confirm meeting date***

Union County
First and Third Monday- 2pm
Park Avenue Community Wellness Center
333 Park Avenue
Plainfield, NJ 07060
908-757-1350