

# SWEATIN' FOR A CAUSE



SUGGESTED DONATION:

**\$10** PER PARTICIPANT

**\$25** PER FAMILY

All funds will be donated to the Douglas County Relay for Life, which is on Friday, July 13<sup>th</sup>, at the Douglas County Fairgrounds.

Our team goal is **\$5000** to help cure cancer!

Questions?

320-808-9632

or

noonanadmin@alexns.com



We're going  
**OUTSIDE!**

Join the #NSSfamily

**9:00 am SATURDAY, JUNE 16<sup>TH</sup>**

**→ → AT FILLMORE PARK ← ←**

**for a FUN group workout,  
suitable for any level!**

**Bring the entire family!**

*In case of inclement weather, the backup location is NSS.  
We will announce any changes on our Facebook page.*



*The #NSSfamily uses fitness as a catalyst to positively impact lives.*