President Message:

USNA Board Updates:

The Advocacy Committee is working diligently attending Legislative sessions and advocating for school nursing. Watch for email updates as we navigate another year of educating the masses on the importance of school nursing.

The Conference Committee is working hard to provide us with a wonderful educational opportunity and a chance to mingle with our fellow nurses at the USNA Spring Conference in May. We have a full day scheduled for Thursday and I hope everyone takes advantage of the opportunities they are working hard to provide.

The USNA Board is developing “Operating Guidelines” for our Elected Board Members and for our committees. This will provide a smooth transition from leader to leader. We have increased our social media presence through Facebook and Twitter accounts. Our web site has been updated and is becoming a great resource. Please email Genii Smart at genii.smart@wasatch.edu if you have any suggestions for your web site or want to post anything. We are in the process of developing guidelines for a USNA Educational Advancement Scholarship for our members which will be completed and ready for vote at Spring Conference.

Serving on the USNA Board is a great opportunity to develop professional relationships and leadership skills. New positions are available for next year. Don’t miss out on the opportunity to serve and run for office! President Elect, Vice President, and Treasurer positions are looking for new faces and new ideas.

Please join us in sharing our social media posts and making school nursing more visible.

Suzanne Tanner
USNA President

NCSN EXAM 2019

Upcoming dates to register and take the next National Certification for School Nurse Exam

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<tr>
<th>Period</th>
<th>Registration Window</th>
<th>Testing Window</th>
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<td>Summer</td>
<td>Mar 21-June 11</td>
<td>July 11-Aug 8</td>
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<td>Fall</td>
<td>Aug 1-Sep 30</td>
<td>Oct 31- Nov 13</td>
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Questions? Contact:
Stacey Jo McLean, BSN, RN, NCSN
Salt Lake City School District Nurse
Office: (801) 481-7302
Fax: (801) 481-4884
stacey.mclean@slcschools.org

Just Breathe......

USNA CONFERENCE
May 2nd and 3rd 2019
Blair Education Center – Park City Hospital
-5K Walk
-Basket Raffle

We have a PO Box!
Here is the official address for USNA...
PO Box 571581
Murray, Utah 84157-1581
This is just a taste of an excellent article you can access by clicking the link below. Although, it references hospitals, patients and staffing, it has good information that can be tweaked and used for school nurses.


Developing Delegation Skills

Delegation and Interpersonal Relationships...Another important factor in delegation is the relationship between the RN and the LPN, nursing assistant, and/or other team member(s). Each member of the healthcare team has a valuable contribution to make to patient care (Creative Health Care Management, 2006). This contribution is magnified when the RN has a healthy interpersonal relationship with the team providing care. Delegation is the invitation for participation. The manner in which a team member is asked to perform care by the delegating RN influences the team member’s willingness to respond. Communication style influences teamwork and relationships. Engaging in direct, open, and honest communication is a characteristic of good teamwork. Thus the ability to delegate and the quality of the delegation is influenced by healthy interpersonal relationships, the manner in which the activity is delegated, and the openness of the communication....

...Trust is an important element in developing healthy team relationships. Kolorouits (2004) has noted that effective delegation is based on both trust and an understanding of professional practice. When RNs state that they are reluctant to delegate care when they do not know their team member’s skill level, they are likely saying that they avoid delegation because they don’t trust their other team members. Trust, a critical factor in relationships, is based on knowledge of one another’s capabilities and confidence in these abilities. Caregiver consistency, which builds trust, is achieved by staffing schedules and methods of patient assignment which directly impact how work is delegated. The staffing schedule and patient assignment methods that promote consistency among caregivers and between caregivers and their patients become the foundation for enhancing the quality of work relationships (Koloroutis, 2004).

USNA BOARD ELECTONS 2019-20

There are 3 positions open for election. The available positions are:

President Elect - Vice President – Treasurer

<table>
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<tr>
<th>Duties of Officers due for Election 2019</th>
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<tr>
<td><strong>President Elect</strong> – (Serves 3 years) Serve as member of Board and work closely with the president and Board. At president’s request, represent USNA at appropriate functions. Preside at meetings in the absence of the president. Automatically take office as president at the expiration of the president’s term. Must have at least 1-year prior USNA Board experience.</td>
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<td><strong>Vice President</strong> – (Serves 2 years) Serve as Board member and chair of conference committee. Perform other duties as may be assigned by the president and Board. Preside at meetings in the absence of president and president-elect.</td>
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<tr>
<td><strong>Treasurer</strong> – (Serves 2 years) Collect all dues, pay all bills and keep record of all monies received and expended as authorized. Give a written report at each Board meeting. Arrange for financial review each year and file taxes. Prepare annual financial statement to members at Spring Conference.</td>
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If you are interested in running or nominating someone for a position please contact Rachel Pommerening at rachel.pommerening@jordandistrict.org.

Each candidate must submit a nomination form. All nomination forms must be submitted by April 20th, 2019.
Nursing Awards 2018-19

School Nurse of the Year
Must be a Current Member of USNA for the last 2 years and have at least 5 years of experience as a school nurse.

Let Your Little Lights Shine
During our Annual Spring Conference Awards Ceremony, the Awards Committee would love to recognize School Nurses who have received new college degrees, special certifications, School Nurse Certifications, Community Awards, District or School Awards, Research Projects, or something special we should acknowledge.

To nominate a stellar, deserving nurse, contact:

Shelly Winn shelly.winn@seviersd.org or (435) 201-9207
or
Jamie Southwick Jamie.southwick@seviersd.org

Mary Ito Award
This award is given in Mary’s honor, to a school nurse who has made unique contributions to school nursing by carrying on the inspirational spirit of Mary Ito: to “Live Well, Laugh Often, Love Much.”

“Your know, my pediatrician usually throws in a sticker and a lollipop.”