

Bladder Problems

See Bladder Cancer, Candida, Inflammation, Interstitial Cystitis, Urethritis, Urinary Incontinence

Emotions

People store a great deal of their daily emotional irritations in their bladder and in the urinary tract. When a person is overwhelmed with a lot of stress, irritation and feeling pissed off by someone, it can physically surface in these areas. Bladder problems often start when a person is trying really hard to resist being controlled by an authority figure. This could be a boss, mother, father or sibling. They feel a great deal of anger toward someone that is challenging them. The client feels unsafe expressing themselves towards this person and often reverts to aggression in order to emotionally protect themselves. They fear being ridiculed, punished or attacked if they do not project their aggression. Their aggression forms a buffer between them and an abuser or influential person that is challenging their self-worth and territory.

This person may have had a conflicting relationship with an authority figure (often a father figure if the client is female). The client often feels powerless to express themselves. An influential figure in their life may never have given them a chance to fully express themselves. They feel extremely irritated by someone who invalidated their opinions. This is often a childhood pattern that is now repeating itself in their adult life. They find it challenging to control their own personal desires.

Their motivation and talents may have been attacked by this influential person which results in feeling greatly challenged in their ability to be successful.

Sometimes people don't completely empty their bladders when visiting the restroom. This means that they are not completely letting go of their resentment and anger toward someone. This person feels angry, as they don't feel that they can get away from the person that is pissing them off. They are not resolving the issue / s that are pissing them off.

When someone suffers from a bladder infection, it is also related to a recent quarrel that stirred and triggered strong resentment in the client. They feel disgust toward someone and their circumstances. This is also accompanied with feelings of sexual disgust.

They seem to feel disgust, shame and guilt when they have sexual needs and they also do not feel respected by their intimate partners.

They feel a great deal of unresolved fear and anger towards an authority figure. The client may have been raised with certain values that hampered their ability to stand up for themselves. Instead, they feel they have to obey, which leaves them feeling invalidated and resentful. They may also feel that they cannot meet the standards and expectations of others. They seem to always attract people into their life that triggers their low self-esteem, causing them to feel challenged and resentful. It seems to be a repetitive cycle.

If it is a child that has bladder problems then explore the child's mother's relationship with her partner. Are they having problems? Is the mother being submissive toward the husband? Is the client's mother resenting him for his controlling or dominant role in the family? Explore the child's relationship with their father. Often the father will be quite dominant, harsh and controlling. This is affecting the child's relationship with their father. This may result in creating a fear of men or authority figures in the child's life. They learn that people in authority cannot be challenged; they have to give their power away.

Key Points:

- What is the benefit of holding on to resentment, irritation, frustration or anger? *Note that there can be more emotions other than the one's mentioned. Often the answer is that the emotions help them to express boundaries. Sometimes it's easier for the client to express themselves or say "no" when they are angry. The answer could also be that the emotions keep them safe and keep them from feeling hurt all over again.*
- Ask the client who they are intimidated by in their life? *How does it make them feel to be intimidated by this person? What would happen if they did express their truth? Explore further possibilities.*

- Did the client's mother or father have similar boundary issues? *Did the client's parents also feel challenged to express themselves or move away from abuse or negative situations? If yes, work on the associations that the client made during their childhood by observing and copying their mother and father's behavior towards each other.*
- How does it keep the client safe to be disempowered by others? *What is the benefit? Often the answer is that they will be accepted by others and also to avoid confrontation.*
- It feels safer to suppress their ability to control their environment as the dominant figure in the household made it clear there is only room for one dictator. *How did this make the client feel?*
- Strong feelings of anger and resentment toward someone or circumstances. *Who or what made them feel this way? How does this make them feel? What is the benefit of holding on to the anger and resentment?*
- Who suppressed the client's ability to express themselves? *Explore further and observe if these emotions that arise from this question are also present at the fertilization stages. If yes, then work on it.*
- The key here is to find out whom and what makes the client angry, irritated, feel invaded and pissed off. *Explore their boundaries and feeling unable to control their environment and how people treat them.*
- Explore feeling out of control and angry during fertilizations, ovulation, ejaculation of the sperm and the client's birth.
- Explore stages after fertilization when the cell division started. *This can sometimes be experienced as another big change or as a cell death and feeling out of control.*
- The client's lower spinal cord might also be out of alignment and it's creating a great deal of pressure on the bladder. *If this is the case then the client is feeling angry, pissed off and resentful towards someone or a situation including feeling overwhelmed by responsibilities. What did the client feel responsible for during their childhood? Heal the traumas and stress along with the above.*

Breast Cancer

See Cancer, Lymphatic System Compromised

Emotions

The client feels that they are the foundation of the family and hold it together. They often feel that they have to project a strong façade toward the public while their private life is causing them great stress.

This person may find it challenging to grieve and show emotion due to fear of rejection and abandonment. In the past, expressing their emotions may have made them look weak and as a result, they felt judged.

They either suppress their emotions or it comes out in explosive ways that sets off more triggers such as anger, resentment, failure, abandonment, rejection and family disputes. Their outburst only results in them feeling even more rejected and pushed away by their loved ones. They may feel that communicating how they feel comes at a great price. They often feel conflicted by what they need to say and the ramifications of it. They may associate expressing themselves with punishment and rejection.

Family members and the public have fallen in love with their strong façade. The image that they have portrayed to the public has become draining and it's emotionally, spiritually and mentally taking its toll. There is a great need to just be themselves, yet they fear criticism and rejection if they do let go of their façade. There is a fear of moving outside of the perfect wife, friend and mother stereotype. They may have experienced a stressful and hostile relationship with their mother (influential female) or partner. Influential females or their partner may have been emotionally absent, cold or hostile.

The client feels attacked by people that should love them, such as family members. They feel drained of giving and not receiving all the while pretending that everything is OK, even when it's not. They have a great desire to shed their façade and become who they truly are. They have had enough of the negative patterns, feeling resentful and feeling unsupported. Their boundaries have been invaded, violated and they feel disempowered and suppressed by when taking the initiative to make their own decisions.

They are not allowing themselves to move forward and create change. This person may feel that if they change then it will affect everyone else, especially those that rely on their strong qualities. As a result, they often hold themselves back for the sake and benefit of others who rely on them.

They keep themselves small to avoid a ripple effect in the family. They are often the peacekeeper, however they may have realized that this role has only been enabling abusive, selfish or controlling people to get away with their behavior.

They didn't feel nurtured, cared for and loved enough during their childhood. They feel unable to change and improve challenged relationships that they have with their children, partners, parents, family or friends.

They're often right and the ability to make their own choices has been suppressed in since their childhood. This begs the question, "Who was the dominant parent? Who suppressed them? What would happen if they started to make their own decisions?" They may have a fear of creating or causing drama and conflict.

The client also has a fear rejection if they have to make their own decisions. Their decisions may not be approved of which could result in isolation.

You can observe these patterns in the client's current relationships. How does the client handle conflict in their life? Is the client using anger and rage to express boundaries and their opinion? Does the client withdraw and keep their own counsel, resulting in them suppressing how they feel? This has a vicious cycle as their suppressed emotions transform into explosive anger. As a result of these patterns, they become stuck in their circumstances.

The client is suppressing a great deal of sadness that they have not processed and expressed. They process their suppressed grief more easily once a loved someone passes away or when someone leaves them. Grieving for the loss of someone often opens the gateway to grieve for all their losses that are unrelated to their current stressful circumstances. They seem to need something unrelated to their trauma to trigger to them in order to feel and express their pain, trauma and stress.

There may also be trauma related to being infertile. The client may have suffered a miscarriage and they may be grieving and feel resentful for what could have been if they hadn't miscarried.

Left breast

More information in Metaphysical Anatomy

Right breast

More information in Metaphysical Anatomy

Cancer between the breasts

More information in Metaphysical Anatomy

Breast Adenocarcinoma

More information in Metaphysical Anatomy

Breast Melanoma

More information in Metaphysical Anatomy

Intraductal carcinoma of the breast

More information in Metaphysical Anatomy

Cancer of the milk ducts

More information in Metaphysical Anatomy

Breast Tumor

More information in Metaphysical Anatomy

Key Points

- Explore trauma related to an incident that took place two years before this condition started. *What happened? How did the client feel? What was the unresolved dispute or conflict? Explore further possibilities.*
- Breast cancer seems to have a strong pattern of resentment, especially toward family members who may have taken advantage of the client's goodwill (this includes their time, support, finances)

etc.). *They may have felt attacked, abandoned, not supported, not accepted, not allowed to be themselves by members of their immediate family ("I feel attacked by my own blood - meaning family").*

- They have been accused of shaming their family and they feel judged in many aspects of their life. *Where in their life do they feel judged by their family? How does this make them feel? Explore further possibilities.*
- Feel obligated to behave a certain way (like a stereotypical female, mother, wife and friend) in order to be accepted by society that does not resonate with their true self. *This is often a strong consciousness from the ancestral line. How did this make the client feel? Explore anger, rage, resentment, giving up, had enough etc.*
- Feel that women should be strong, the foundation of the family and look strong in public. *This cycle may have taken its toll. How does or did this make them feel?*
- They have suppressed a great deal of grief. *They feel safe to process their suppressed grief once someone passes away or there is a loss in their life. The grieving for the loss of someone opens the gateway for them to grieve about everything they have suppressed without looking weak in the presence of others.*
- Has the client ever lost a child or had a miscarriage? *If yes, then explore this further.*
- By whom do they feel attacked? *How does this make them feel? They feel that they have had enough and they want an exit from their circumstances. Explore their boundaries, such as saying "no." What trauma do they have around saying "no" especially towards men?*
- What type of relationship did they have with their mother? *If they had a challenging relationship then ask the client if something happen in their life that reminded them or made them feel the same way as their mother made them feel? If yes, then explore this. Sometimes they attract someone else in their life that projects the same qualities as what their mother did.*
- What was the client's health like before the cancer started? *Did the client live close to pollution stations? Where did the client work? Are there any circumstances that also could have challenged the client's lymph nodes?*
- Trauma related to feeling rejected. *By whom? How did that make the client feel? What did the client emotionally feel when they were rejected? Explore associations made with the emotional need they had when they were rejected. Explore further possibilities.*
- Needing to be needed. *Why? What is the benefit? Explore further possibilities.*
- Feel a lack of love, being cared for and feeling important. *Who made them feel this way? Explore how this affected the client.*
- If the client is a mother, then ask if she has a challenging relationship with her child or children? *If yes, then how is this affecting her?*
- Explore the client's relationship with her partner. *How did this person meet her need for love? Explore further possibilities.*
- Explore the client's relationship with her father. *How did he meet her need for love? Explore further possibilities.*
- Does the client have other family members that had / have breast cancer? *If yes, then explore similarities between the client and the family members. Especially trauma and patterns that might be repeating itself again. Explore sabotage as well.*
- Trauma related to feeling challenged, abused or attacked (either verbally or physically) by a family in their own territory. *They feel invaded in their safe haven. Explore further.*
- Feel unimportant to their children. *Feel that they have been thrown away.*
- Trauma related to lack of supported when she needed it most. *How did that make her feel? Explore further.*

Eczema

See Dermatitis, Inflammation, Itching, Rashes, Skin Problems

Emotions

The client seems to feel controlled, judged and manipulated. This person feels aggravated by those around them, as they seem to realize that certain people are unhealthy for them. They are too scared

to move away from these people. The client has a fear that they won't know who and what they are without the unhealthy relationships in their life. They may have built their identity around their destructive yet familiar environment.

The client often feels bullied and held back by influential people in their life. They may have learned that they are not allowed to challenge those who are more powerful than they are. The client often reverts back to a victim state when they feel dominated and challenged.

They seem to be resent the people they love as they have made negative and traumatic associations with them in the past. They don't seem to recognize the negative associations that they formed with a person. This is causing them to sabotage their future and success, as these negative associations tend to come full circle and repeat themselves in relationships.

This person is holding onto a great deal of resentment. They are fighting against people and circumstances that control and restrict their freedom. The client seems to keep attracting controlling people and circumstances, reinforcing feelings of resentment and anger. They may feel under attack (either verbally or physically) and scrutinized by influential people in their life. They feel a great deal of irritation and anger towards them. This person also feels powerless to change their circumstances as they rely on the people that they resent.

The client has become stuck in an unhealthy pattern. They feel powerless to break free from a never-ending cycle of abuse or hostility. They may feel that they are destined for the chaos, meanness and rejection that life is throwing at them. This has left them feeling stuck, helpless and bitter. This person has fallen victim to a lifestyle that they now are unable to break away from. Their good intentions were abused and taken advantage of.

The client has forgotten that they always have a choice. There are circumstances that they may not be able to change. They can change how they feel about it. What they should understand and remember is that they are unique in their own right. They no longer need certain unhealthy and challenging circumstances to test their strength or give them status and an identity. Their identity has formed part of something that is moving them away from where they actually want to be. As a result of their fear of rejection, abandonment and loneliness, they may feel that it is safer to stay where they are.

There seems to be a power struggle between them and someone else in their life. This could also be an internal conflict.

This person feels very irritated by their intense emotions and they are trying hard to keep those feelings out of sight. They fear that their emotions could destroy their relationships, resulting in losing the people they love. They seem to be attracted to toxic people who are not for their highest and best.

Key Points

- Trauma related to feeling controlled and manipulated. *Who and what made them feel like this? Is there a sexist issue? Explore trauma of feeling controlled and manipulated by others and giving their power away.*
- Explore how giving their power away kept them safe. *Explore relationships that the client had and explore the one that stands out the most (the one that was most upsetting / traumatic).*
- They feel angry and even venomous toward their circumstances and the lack of emotional freedom. *How does this make them feel? Explore these emotions during the client's womb stages. How did the client's mother feel while she was pregnant with the client*
- Who or what is getting under their skin and irritating them? *What stops them from expressing boundaries toward this person or circumstances? They may have a fear of being attacked and rejected. Explore this. If the client is a female then she might feel suppressed in the face of influential males, as women have been immensely suppressed in the past. If the client is male, then explore his relationship with his mother and father. Is history repeating itself in his personal relationships?*
- Pattern related to self-punishment. *Explore further possibilities.*
- Feeling powerless and as a result they give their power away. *Explore fertilization stages and the client's birth (see Birth section).*

- Fear of being alone. *Explore rejection and abandonment trauma. They seem to tolerate negative and unhealthy circumstances due to their high tolerance for abusive circumstances and fear of rejection. They may feel that it's safer to be in unhealthy circumstances than to be alone. They may have had only bad experiences with relationships thus far, hence why they feel safe in these different yet, similar and familiar circumstances.*
- They are painfully sensitive to how others view them. *What is the worst thing that could happen if people don't like what they see? Explore their self-loathing and past trauma of rejection and hostility down the ancestry line.*
- Stubbornness and refusal to let go of their anger. *Explore the secondary gains.*
- There might also be an unconscious secondary gain. *The client might unconsciously use this condition to set boundaries with others. They might use the condition as an excuse to avoid certain situations, they feel safer using the condition as an excuse rather than saying "no" and facing possible consequences when saying "no" or expressing boundaries.*
- The client feels irritated with themselves as they feel that they have to control their behavior otherwise they might provoke confrontations or be rejected.
- Trauma related to being attractive. *It is safer to be unattractive. Why? Who made them feel this way? What happens when they feel unattractive? Explore further possibilities.*
- Fear of judgment and being judged incorrectly. *Who made them feel this way in the past?*
- This condition is often related to a person who had a bad or challenging relationship with their mother. *Their unresolved issues with their mother may be repeating in their relationships. They seem to keep avoiding these issues, which only results in them growing out of control. Explore further possibilities.*
- See which area is affected the most and then refer to the Quick Reference Guide for more info.
- This condition often surfaces in a person who had an alcoholic parent. *The parent's inconsistent or hostile parenting style caused this person to feel unsafe or even traumatized.*