

# Green Mountain RSVP

160 Benmont Ave, Suite 90 Bennington, VT 05201



## Upcoming Events

**Mayfest Arts & Crafts Festival**  
**Saturday, May 27, 2017 10a-5p**  
**Main St, Bennington, VT**  
*Please visit the Southwestern Vermont Council on Aging tent!*

## CARE Fair (Community Assistance Resource Event)

**Tuesday, June 20, 2017**  
**@ 11am-2pm**  
The Manchester Community Library  
138 Cemetery Ave,  
Manchester Center, VT 05255

The Manchester Community Library, The Southwestern Vermont Council on Aging and Green Mountain RSVP are partnering to sponsor a local resource fair for our community- find out what resources are available to you!

## 2017 Volunteer Appreciation Event

On May 12, 2017 we had our annual Volunteer Appreciation Event. We couldn't have asked for a better turn out or a better day! Lots of friendly conversation was shared and new connections were made.

Thank you for joining us. A special thank you to One World Conservation Center for being so accommodating and for giving us the opportunity to utilize your beautiful space. It was the perfect spot for this event! We are continuously thankful for the dedication of our volunteers, for the generous donations of their time and talents to the community, as well as for their willingness, and for the willingness of our workstations, to provide us with monthly logs of time served by each volunteer.



**Congratulations** to several of our volunteers for reaching milestones of 5, 10, 20, 25 years of service:

**5 Years:** Dolores Contessa, Joanne Devlin, Evelyn Hayes, Suzanne Rose; **10 Years:** Rose Carlsen, Joyce Cowper, Barth Vander Els; **20 Years:** Charlotte Comar, Judith Edwards, Janet Fabricius, Betty Graney, Jennifer Kern, Edith Myers, Edith Prandini, Josephine Shepard, Phoebe Sheres; **25 Years:** Cecile Potter

We would also like to congratulate our **top five volunteers** with the **highest lifetime hours:** *Linwood Maginniss* (driver for Green Mountain Community Network) 1,243hrs; *Louise Farr* (knitter for GMRSVP) 1,118hrs; *Robert Holmes* (driver for Green Mountain Community Network) 718hrs; *Janice Pratt* (Pownal Bone Builders Leader & Senior Meal Site Support) 419hrs; *Dorothy DePollo* (HIS Food Pantry Support & Bennington Free Library Support) 403hrs.



**Friday, June 23, 2017 @ 10-11:30**

**RSVP Office**

**160 Benmont Ave, Suite 90,  
Bennington, VT 05201**

**Please call Lenora @ 447-1546 if  
you are interested in attending.**



### Drivers Needed:

- **Bennington County Meals on Wheels Program** is seeking volunteers to assist with delivering meals to clients homes throughout Bennington County.
- **Green Mountain Community Network** is seeking volunteers to assist clients with transportation to medical appointments.

**Money Management:** **Southwestern Vermont Council on Aging** is seeking volunteers to assist clients 1-2hrs/month with paying their bills and balancing their checkbooks.

**Please contact Lenora at 447-1546 for more information!**

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## Precision Walkers of Manchester, VT

Manchester Parks and Recreation hosts a Precision Walking Program every Wednesday, rain or shine, from 10-11:30am.

Before the walk begins, each participant estimates how long it will take them to walk the 1mile loop. There is someone that keeps track of the estimated times. That person also has a stop watch and logs each participants time as they arrive at the finish line. The person that comes closest to their estimated time wins for that day! Once a month they try to



have a guest speaker do a small presentation so that people can become more aware of resources available within the community. This month, Cathy and Lenora joined the Precision Walkers on their 1mile loop and did a small informal presentation of what RSVP is and how it is beneficial to both volunteers and the communities in which the volunteers serve. The Precision Walkers Program is a great way to stay connected to others, to learn more about the community resources available, as well as a huge benefit for both your mind and body. If you are interested in joining this wonderful group, please contact Nikki Dexter, Assistant Director of Manchester Parks and Recreation at (802)362-0209 or [n.dexter@manchester-vt.gov](mailto:n.dexter@manchester-vt.gov).

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Green Mountain RSVP is sponsored by The Southwestern Vermont Council on Aging. RSVP is a member of Senior Corps, a nationwide volunteer program for people 55+ who want to give their time and experience to strengthen their communities. **Thank you for your commitment to the non-profit organizations and people of Bennington County.**

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## Memory Café

Bennington Free Library  
10:30am-12pm  
No registration required  
**June 24, 2017**  
**July 22, 2017**  
**August 26, 2017**



### **Bennington Blood Drives:** **11:30am-5pm**

- **June 1- SVMC**
- **June 28- First Baptist Church**
- **August 3- SVMC**

Donating blood makes a big difference in the lives of others!  
Visit [Redcross.org](http://Redcross.org) or call 1-800-RED CROSS (1-800-733-2767) to schedule a donation.

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*Looking for Answers on Aging?  
This is a resource provided by the  
Southwestern Vermont Council on  
Aging (SVCOA)*

*Contact The Senior HelpLine  
**1-800-642-5119***

*If you're a Vermont Senior, a concerned family member, or a caregiver, information and support is a phone call away.*

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**If you have questions or need more information:**

**Contact**  
**Volunteer Coordinator**  
**Lenora Volkmer 802.447.1546**  
[lvolkmer@svcoa.net](mailto:lvolkmer@svcoa.net)  
[RSVPVT.ORG](http://RSVPVT.ORG)