5 IDEAS FOR FROM THE

FOR PEOPLE WHO HAVE **PSYCHIATRIC HISTORIES.**

Every year people are injured and killed by police who are called because of supposed "emotional disturbance".

STOP CALLING 911 (POLICE) FOR SUPPOSED PSYCHIÀTRIC/"MENTAL **HEALTH" REASONS.**

Call a friend, a family member, a community or religious organization, a support line, or a trauma-informed alternative.

STOP PSYCHIATRIC PROFILING.

We must eliminate support for damaging and ineffective practices of psychiatric profiling, not justify or expand them. A person's actual or perceived history of psychiatric diagnosis, "treatment", or institutionalization is often used to justify police killing or brutality.

FIX THE PROBLEM AT THE SOURCE, NOT AT THE CRISIS POINT.

We are not advocating the use of psychiatry. If people are reaching out to organizations, the organization ought to be available 24 hours a day to the people it serves. "Mental health" and psychiatric organizations need to make the paradigm shift and stop instructing people to call the police when they are not available. Ban the practice of outgoing voice mail messages of "mental health" organizations instructing people to call the police.

END RACISM, MISOGYNY, HOMOPHOBIA, TRANSPHOBIA, CLASSISM AND OTHER STRUCTURAL **OPPRESSION IN "MENTAL HEALTH"** POLICY AND PRACTICE.

Bring communities to the table to identify, address and eliminate laws, institutional policies, practices and funding sources that perpetuate oppression, violence, discrimination and trauma in "mental health"/psychiatric systems and law enforcement.

GET THE FACTS.

A known or assumed psychiatric history increases the risk of someone being killed by the police. Stop calling 911.

For More Information on Alternatives to Calling Police **VISIT SURVIVING RACE: AT THE INTERSECTION OF** INJUSTICE, DISABILITY, AND HUMAN RIGHTS

