

## **1. Catherine Cabeen (New York, NY)**

**Class Time:** Saturday 3/9: 11am-12:30pm

**Class Genre:** Modern

**Class Title:** Martha Graham Technique

**Class Description:** This master class will focus on the principles of the Martha Graham Technique, a mid-20th century modern dance technique. As a movement language that celebrates the beauty of effort, Graham technique offers a rigorous path to increased physical articulation, expressive clarity, and strength. As a teacher, Cabeen is known for her humor, activism, and creative pedagogy, which is geared towards making this historic technique useful in a contemporary context, and accessible to all.

**Artist Bio:** Catherine Cabeen, founded her interdisciplinary performance company Hyphen in 2009. Cabeen has received commissions from On the Boards, Donald Byrd's Spectrum Dance Theater, Seattle Art Museum, the Visa2Dance Festival in Dar Es Salaam, and Alsarab Dance Company in Byblos Lebanon, among others. The New York Times called the work of Cabeen's Hyphen, "highly kinetic, complex," and, "visually exquisite." Cabeen is a former member of the Bill T Jones/Arnie Zane Dance Company (1997-2005), the Martha Graham Dance Company, and Richard Move's MoveOpolis!, among others. Cabeen now teaches at Marymount Manhattan College and is a repetiteur for the Bill T Jones.



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## **2. Chad Allen Ortiz (Philadelphia, PA)**

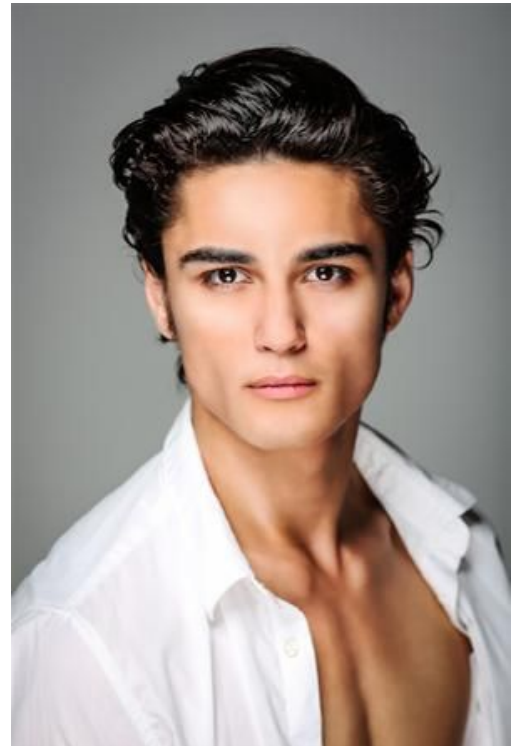
**Class Time:** Saturday 3/9: 1:30pm-3:00pm

**Class Genre:** Jazz

**Class Title:** Commercial Jazz

**Class Description:** Chad Allen's jazz class involves a stylistic approach to movement and performance. Class starts with a quick follow along warm-up to elevate the body temperature. Stamina, strength, and flexibility will be challenged. Then, class will move into across the floors that include phrasing that will challenge spacial awareness and directional changes. A keen focus on details and dynamics found in movement will be expected. Class will end with a performance phrase that allows dancers to showcase personality, style, and technicality.

**Artist Bio:** Chad Allen Ortiz is from Temecula, CA, where he trained through his brother George Ortiz Jr. Chad is the Educational Director and Male Principal Dancer of Nickerson-Rossi Dance and the Educational Director of the Palm Springs Dance Festival. Chad's premiere performance with Nickerson-Rossi Dance was in the Cape



Dance Festival 2014, dancing alongside companies Martha Graham, American Ballet Theater, Boston Ballet, and Doug Varone and Dancers. Traveling between the east and west coasts, Chad both assists and sets new works or company repertoire on universities and high schools through Nickerson-Rossi Dance and Palm Springs Dance Festival. Chad also teaches masterclasses and workshops of his own personal aesthetics that consist of new age contemporary movement through classical modern techniques and commercial jazz aesthetics.

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### **3. Cindy Bradley (San Pedro, CA)**

**Class Time:** Friday 3/8: 11:30am-1:00pm

**Class Genre:** Ballet

**Class Title:** Principles of Ballet Technique

**Class Description:** Dancers will begin class with stretches in the center specific to strengthening the feet. They will then go to the ballet barre to work on basic technique, as well as learn more detailed combinations involving port de bras (use of upper body, head, and arms). Dancers will be encouraged to count the music and name the steps. They will expand their repertoire of jumps in simple form at the barre. Center work will consist of combining three or more steps and dancers will work to improve their turns through spotting and proper use of the arms. Corner work will combine two or more steps which travel across the floor. Class time will be spent learning basic floor barre technique and stretching specific to the hamstrings, quadriceps, calves, and back muscles. For the last few minutes of each class, dancers will have an opportunity to use pantomime and ballet combinations to act out different excerpts from classical ballets.



**Artist Bio:** Cindy Bradley, the Artistic Director of San Pedro City Ballet and owner of the San Pedro Ballet School, began her studies at the school of the Atlanta Ballet Company. As well as choreographing many original works, she has staged "The Nutcracker," "Coppelia," and "Swan Lake". Ms. Bradley co-founded Jetsetter Productions in 2005 and created "Shag With a Twist" with world-renowned artist, Josh Agle, aka Shag. The dance musical premiered at the Los Angeles Theatre Center, won an Ovation award for best costume design, was nominated for eight Lester Horton Awards, and had an extended run in Las Vegas in 2007.

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### **4. Danah Bella (Baltimore, MD)**

**Class Time:** Saturday 3/9: 12:45pm-2:15pm

**Class Genre:** Modern

**Class Title:** Modern Technique

**Class Description:** Dancers in this class will work through an investigation of movement from the inside out. This class encourages efficient use of alignment and technique while exploring full bodied movement with an emphasis on strength, breath and dynamics.



**Artist Bio:** Danah Bella, Dance Chair at Peabody Conservatory, is the artistic director of d a n a h b e l l a DanceWorks, a modern dance company focused on reclaiming evocative movement as social practice. Danah has performed, taught workshops, presented, and been an artist in residence throughout the country and abroad including; the United States Asian American Festival in San Francisco, the Bates Dance Festival in Maine, the American College Dance Association's National Dance Festival in, Santa Barbara, Pro Danza Italia, among many others. Danah is also a founding member of Colectivo Caliban, an artist collective that transgresses disciplinary borders through sound and movement.

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## **5. George Cris Ortiz Jr. (Temecula, CA)**

**Class Time:** Saturday 3/9: 3:15pm-4:45pm

**Class Genre:** Contemporary

**Class Title:** Commercial Contemporary

**Class Description:** Classes will be high energy, athletic, and uplifting. Class begins with a proper warm-up. Then, across the floor movement that challenges dancers' terminology and technique. The majority of class will be focused on a combination that will work your stamina, mental capacity, and physical being. Let's get in class and bang it out!!

**Artist Bio:** George Ortiz began his dance and performing arts training in musical theater and as a company member with the 24/7 Dance Company on the island of Oahu, Hawaii. At the age of 17, he moved to Hollywood, California with a scholarship to The Edge Performing Arts Center. Immediately after completing his term at The Edge, he was signed with a leading agency, representing him for Dance, both Commercial and Theatrical. He has traveled the world on tours with Jennifer Lopez, Ricky Martin and Shyanne. As far as MTV music videos, George choreographed for Matchbox 20's "The Mean Season" and for Bare Naked Ladies "Pinch Me" and "One Week." His most current choreographic attention has been focused on the award-winning Act One Productions, a company producing musicals, recently closing Oklahoma!, Footloose (for which he has been nominated for an I.T.L. award recognizing his excellence in choreography), Rent, The Spelling Bee, and more.





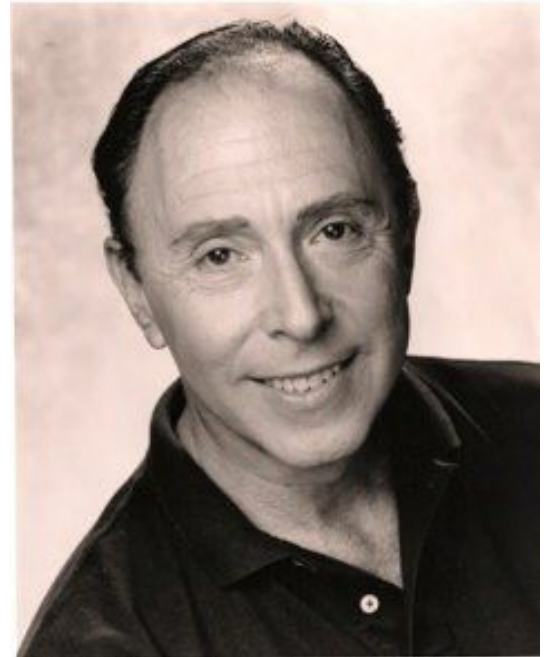
## **6. Howard Sayette (Palm Springs, CA)**

**Class Time: Thursday 3/7: 9am-10:30am**

**Class Genre:** Ballet

**Class Title:** Principles of Ballet Technique

**Class Description:** Dancers will begin class with stretches in the center specific to strengthening the feet. They will then go to the ballet barre to work on basic technique, as well as learn more detailed combinations involving port de bras (use of upper body, head, and arms). Dancers will be encouraged to count the music and name the steps. They will expand their repertoire of jumps in simple form at the barre. Center work will consist of combining three or more steps and dancers will work to improve their turns through spotting and proper use of the arms. Corner work will combine two or more steps which travel across the floor. Class time will be spent learning basic floor barre technique and stretching specific to the hamstrings, quadriceps, calves, and back muscles. For the last few minutes of each class, dancers will have an opportunity to use pantomime and ballet combinations to act out different excerpts from classical ballets.



**Artist Bio:** Howard Sayette has enjoyed a distinguished career as a dancer, teacher, and ballet master. Mr. Sayette was a member of the Ballet Russe de Monte Carlo, and danced in some of the great ballets of Massine, Fokine, and Balanchine. He continued his dancing career as a soloist with the Metropolitan Opera Ballet, and worked with such great choreographers as Antony Tudor, John Butler, Kathryn Dunham, and Alvin Ailey. In 1972, Mr. Sayette began a 25 year association as a ballet master with the Oakland Ballet Co. He has since staged Bronislava Nijinska's LES NOCHES and LES BICHES for many companies around the world, including the Mariinsky Ballet. Eugene Loring's BILLY THE KID and Ruthanna Boris' CAKEWALK are also works that he has staged in the U.S. and abroad.

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## **7. Isa Lapaj (Palm Springs CA)**

**Class Time: Thursday 3/7: 1:30pm-3:00pm**

**Class Genre:** Argentine Tango

**Class Title:** Open Level Argentine Tango

**Class Description:** This class will have dancers focus on the technique, footwork, and styles of Argentine Tango.

**Artist Bio:** Isa Lapaj is a professional teacher in Ballroom, International Standard, International Latin, American Smooth, American Rhythm, and Argentine Tango.



## **8. Jennifer Morley (Philadelphia, PA)**

**Class Time:** Friday 3/8: 8:00pm-9:30pm

**Class Genre:** Modern

**Class Title:** Diving

**Class Description:** To Dive. To release headfirst into the unknown. This class is a scaffolded exploration of the tools we need to unabashedly, expressively, and economically dive off our center and return. This affirmative and expansive movement experience is focused on accessing clear pathways and a dynamic capacity to organize the structure in multiple relationships to gravity. Class opens with skill-building phrases that aim to awaken sensory and anatomical awareness and placement. We utilize focused conditioning to optimize strength, ease, and efficiency. At the height of this practice participants perform full bodied, off-balance phrases, diving into full expression and full physicality.



**Artist Bio:** Artist Bio: Jennifer Morley (PMA-CPT, MFA) is a full time faculty member in the Drexel University Dance Program and the Director of the Drexel Pilates Studio and 450-hour Pilates Teacher Training Program. Her dance and choreographic process stems from the exploration of archetypal energies and emergent movement modes. Jennifer holds Pilates certifications from Romana Kryzanowska and Karen Carlson (Pineland Pilates), a BA and MFA in dance, certification in dynamic flow yoga, and select certifications in the Franklin Method. She has presented at conferences for AAHPERD, the National Dance Education Association, the National High School Dance Festival, and the International Conference for Somatic Dance. Jennifer's Pilates program has been featured in Pilates Style, Dance, and Dance Teacher Magazines.

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## **9. Julie Simon (Riverside, CA)**

**Class Time:** Sunday 3/10: 1:30pm-3:00pm

**Class Genre:** Contemporary Brazilian

**Class Title:** Contemporary fused with Brazilian Culture

**Class Description:** Drawing on kaleidoscopic roots and diverse technical platforms of Brazilian, African, and Contemporary movement, the aim of this class is to fuse multiple perspectives of dance to create a unique energetic expression. Dancers are challenged to execute movement that is both grounded and voluminous, and encouraged to push beyond the confines of any one traditional technique or thought pattern bringing forth their true essence to engage in the joyous celebration of dance. It's intense. It's liberating. It's joyful. This class takes dancers beyond movement both physically and mentally.



**Artist Bio:** Julie Simon, has been a professional dancer for 25 years performing in styles ranging from Brazilian, Caribbean and Latin Dances, to African and Afro-Contemporary Dance Styles. She was based in Northern California for 7 years, Africa for 4 months, Europe for 7 years and performed internationally in 12 different countries before returning to her native Southern California. She began teaching Contemporary Brazilian Dance, Samba and Barre Blaze 2003 through the urging of her mentor, Eneida Castro

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## **10. Karla Parbon (Spokane, WA)**

**Class Time:** Saturday 3/9: 2:30pm-4:00pm

**Class Genre:** Somatics / Contemporary

**Class Title:** Somatic approach to Contemporary Technique

**Class Description:** In this intermediate/advanced level Master Class, students continue to learn to express themselves creatively through the artistic medium of contemporary dance. Students will be challenged through complex warm-up exercises that encourage strength, flexibility, and improved body awareness. With an emphasis on the bodies' relationship with "contract and release" movement vocabulary, students will have the opportunity to explore various inversion combinations and inspiring floorwork to implement in the choreographic process.

**Artist Bio:** Karla Parbon's specialty is in connecting art, spirituality and the human experience. Karla has had the opportunity to choreograph musical theatre shows including: The Boyfriend, Cabaret, Jesus Christ Superstar, and more. She is currently dance faculty at Gonzaga University, teaching courses in Jazz, Hip Hop, Contemporary, Choreography, Anatomy and Kinesiology, Dance Condition, and Movement and Somatic Practices. She has also presented several works at the American College Dance Association Conference for the past 8 years, as well as choreographed and performed with the St. John's Professional Choir and members of the Spokane Symphony for the performance, Buxtehude. Karla is the Founder/Executive Director of the nonprofit organization, Partners Through Art, that leverages the power of theatre, dance and visual art with other non-profits to expand their individual success and advance the collective goal of positive social change.

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## **11. Lise Baadh (Palm Springs CA)**

**Class Time:** Friday 3/8: 2:15pm- 3:45pm

**Class Genre:** East Coast Swing

**Class Title:** East Coast Swing

**Class Description:** Learning to dance East Coast Swing is the fastest way to have fun on the dance floor and an ideal introduction to social dancing. In this class you'll learn how to master turns and spins, plus techniques for





leading and following. After you master a few moves you will feel confident on any dance floor! Swing is the most versatile of all social dances and can be danced to a wide range of music. No partner or experience necessary. Please be open to leading or following. Wear comfortable closed toed shoes, bring water, smile and have fun!

**Artist Bio:** Lise Baadh has been an avid dancer for over 20 years. She started her dance career in Seattle as a competitive ballroom dancer followed by many years as a social dancer. She enjoys the social aspect of dancing with a partner, the dynamics of a true lead/follow connection, and moving in sync to music. To share her love of dance, in 2006 Lise founded Dance It, a free after school youth dance program in Seattle that taught over 4000 teenagers to swing dance. As a result, the next generation of dance enthusiasts are filling local dance floors and teaching their peers to dance. Lise currently teaches private and group dance lessons in Palm Springs.

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## **12. Mark Pablico (Palm Springs, CA)**

**Class Time:** Friday 3/8: 10:30am-12:00pm

**Class Genre:** Hip-Hop

**Class Title:** Hip-Hip

**Class Description:** Across the floor exercises working on techniques such as Groove, Footwork, Body awareness, and flow. Choreography to focus on performances and muscle memory.

**Artist Bio:** Mark Dan Pablico is a Former Artistic Director of Project M, Funkanometry SF's professional all-male dance company. His dance career started as a founder and director of a local San Francisco dance team called Aftaskoo in 2005. He also did foreign music videos and an Amtrak commercial as well as live performances with international singer/actor Sarah Geronimo, American hip hop Group called Far East Movement, Simon Ting, Kate London and more. Mark has also been a contributing choreographer for Funkanometry SF, and Project M's Groove Against the Machine. He has recently been working as a Hip Hop Teacher for Dance Dimensions Home of Hartin Dance Company in Palm Desert CA and The Dance Program in Cathedral City and as an Artistic Director of a youth hip hop dance team called P.H.D Crew and his new adult Project Creative Motion.



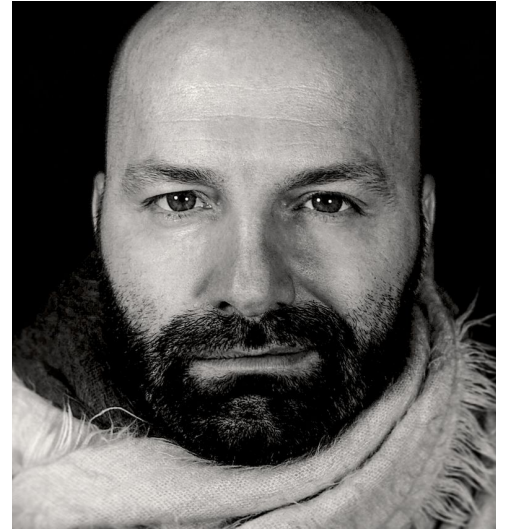
### **13. Michael Nickerson-Rossi (Philadelphia, PA)**

**Class Time:** Saturday: 3/9 9:15am-10:45am

**Class Genre:** Modern

**Class Title:** Nickerson-Rossi Dance Repertoire

**Class Description:** In Michael Nickerson-Rossi's workshops, dancers experience a blend of classical modern technique embellished with new age contemporary movement through an educational and structured dance class. Dancers are asked to bring forth a sophisticated perspective to the artistry of dance when performing incredibly athletic, graceful, and expansive phrasing. Michael often provides tools to explore contemporary partnering through a hands-on approach and will break down the compositional elements for creating choreography and group phrasing. Nickerson Rossi Dance has an aesthetic all of its own and proves to stand out as a strong dance figure.



**Artist Bio:** Michael Nickerson-Rossi, co-founder of the Palm Springs Dance Festival, and founder of Nickerson-Rossi Dance. Michael is a dynamic dancer/choreographer/master teacher. Nationally, he has premiered work in San Diego, San Francisco, Salt Lake City, Tempe, Miami Beach, Palm Springs, Philadelphia, Massachusetts, Los Angeles, New York, and internationally, Belize and Italy. In 2014, Nickerson-Rossi Dance created and performed "Deeply Rooted" in the Cape Cod Dance Festival in Provincetown, MA alongside the Martha Graham Dance Company, Paul Taylor, American Ballet Theater, Boston Ballet and others. In February 2015, the company premiered "CHECKMATE", their evening length work at the Helene Galen Performing Arts Center in Rancho Mirage, CA. In 2016, Nickerson-Rossi produced "Past and Present," a performance in the Annenberg Theater at the Palm Springs Art Museum, where he also served as the Creative Director of Dance 2015/2016. Michael transitioned to the east coast, where he served as Creative Director of Dance and resident dance company for the, Uptown Knauer Performing Arts Center, in Chester County in 2016/2017. Currently, you can find Michael teaching choreography and composition at John Hopkins University "Peabody Conservatory" in Baltimore, Maryland and modern dance technique/principles and aesthetics at Princeton Ballet in Princeton, New Jersey.

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### **14. Nathan Makolandra (Los Angeles, CA)**

**Class Time:** Sunday 3/10: 10:45am-12:15pm

**Class Genre:** Contemporary

**Class Title:** Contemporary Floorwork and Improvisation

**Class Description:** We begin by connecting with the floor. Spreading, twisting, rolling: sequences that provide stretch, stability, and sensation as we build our awareness of our anatomy in motion. Release technique, a little breakdancing, and a few elements of crossfit focus on finding a fluid approach to our functional movements. across the floor we approach flooring movements motivated by momentum to expand our





range of motion. Then we will experiment with improvisation ideas culled from Forsythe and Gaga. A phrase combining all these ideas will be offered for further research and play!

**Artist bio:** Nathan Makolandra began dancing and choreographing in Greenville, South Carolina and is a graduate from The Juilliard School. There he performed works by Jerome Robbins, Bronislava Nijinska, and Jose Limon, among others. Nathan's work appeared in Juilliard's Choreographic Honors concert, and received the Hector Zaraspe Award for choreography. In 2011, he placed 1st runner up for the Capezio Award for Choreographic Excellence. He collaborated with composer Jared Miller, and choreographed Richard Walters music video, "American Stitches." Nathan created "Attitude du Cage" with a fellow L.A. Dance Project member, has choreographed on So You Think You Can Dance, and is a Fresh Dance Intensive faculty member. Professionally, Nathan has performed the works of Benjamin Millepied, William Forsythe, Ohad Naharin, Merce Cunningham, Martha Graham, and more in locations such as Los Angeles' Union Station, the 2015 Cannes Film Festival, and the Gardens at the Palace of Versailles.

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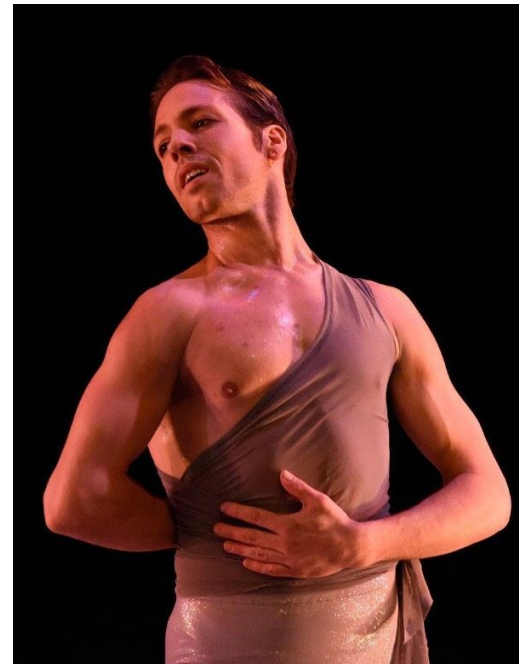
## **15. Niccolò Orsolani (Turin, Italy)**

**Class Time:** Sunday 3/10: 11:45am-1:15pm

**Class Genre:** Modern

**Class Title:** Intro to Graham

**Class Description:** A modern dance class based on the Martha Graham technique. Classical Graham begins with different exercises on the floor. Martha believed to achieve a connectedness to the ground was to literally begin class physically connected to the floor. The ground gives you a platform to move on. It is one of the most vital sources for a dancer. Once that connect has been discovered, Class will move to classical center and across the floor exercises through various phrases from the Graham Repertoire. Using principle techniques learned from the various exercises throughout class, students will resolve their time with a choreographic work from the Graham Repertoire. Emotional freedom matched with dynamic movement phrasing makes Graham Technique unique to its kind. It is the roots of modern dance.



**Artist Bio:** Niccolo was born and raised in Turin, Italy. He studied ballet with Mr. Joan Bosiac and Amagrazia D'Antico and modern with Matilde Demarchi at Arkè asd. He continued his training through the "Professional Training Program for Contemporary Dancer" at Teatro Nuovo Torino. In 2015, he moved to New York City, where he trained and graduated from the Martha Graham Dance School. Niccolo is currently working with Regio Theater Torino, Rachel Kosh Dance, Jersey City Ballet Theatre, American Liberty Ballet, Emotive Dance, Nickerson-Rossi Dance, Victoria Ballet, Alison Cook Beatty Dance, and Martha Graham II Company. Niccolo has been attending the Palm Springs Dance Festival since its beginnings in 2017, as a guest teacher and dance artist.

## **16. Pat Taylor (Los Angeles, CA)**

**Class Time:** Friday 3/8: 3:30pm-5:00pm

**Class Genre:** Jazz

**Class Title:** Classical Jazz

**Class Description:** Join choreographer Pat Taylor and members of JazzAntiqua in an exploration of their signature movement style and interplay with jazz music, with a focus on rhythm, breath, groove, dynamics and the essence of "cool."

**Artist Bio:** Pat Taylor is the artistic director/choreographer of JazzAntiqua Dance & Ensemble, which she founded in 1993 to celebrate the jazz tradition as a vital thread in the cultural fabric of African American history and heritage and a defining element of the American experience. Pat is the recipient of several awards including a Brody Arts Fund Choreography Fellowship and grants from Los Angeles Contemporary Exhibitions, Los Angeles Department of Cultural Affairs, and more. She was a finalist in The Palm Desert Choreography Festival and the Leo's Choreography Competition (Jazz Dance World Congress). Pat has taught, choreographed and lectured across the United States and internationally, including: University of California - Irvine, Pasadena, East Los Angeles, Long Beach and Santa Monica Colleges, International Association of Blacks in Dance and Dance USA Conferences and the Congresso Internacional de Jazz Dance (Brazil).



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## **17. Reggie Lovero (Fresno, CA)**

**Class Time:** Friday 3/8: 6:15pm-7:45pm

**Class Genre:** Contemporary

**Class Title:** Contemporary

**Class Description:** Lovero's Contemporary dance is focused on expression and freedom of movement. Contemporary techniques include ballet, modern, jazz, and lyrical. This particular form of dance pays close attention to the emotional and rhythmic components of the selected music. Generally, contemporary movement styles include both fluid and explosive patterns while also incorporating advanced floor work.

**Artist Bio:** Reggie Lovero is a native of Fresno, Ca where he and his wife reside. He was cross trained in multiple dance styles, including, Ballet, Jazz, Hip Hop, Tap and Contemporary since the age of 3. Reggie received his training at the Dance Studio of Fresno under the direction of Sue Sampson-Dalena. He's had the opportunity to work with choreographers from all over the world including artists such as Mia Michaels, Brian



Friedman and the legendary tap dancer Gregory Hines, performing across the country. Reggie currently works as a dance educator for the West Arts Center located in Central Unified School District, Fresno Ca, where hopes to continue to inspire and educate students in the art of dance performance.

### **18. Richard Jessup (Seattle, WA)**

**Class Time:** Saturday 3/9: 11:45am-1:15pm

**Class Genre:** Lyrical Jazz

**Class Title:** Lyrical Jazz

**Class Description:** This class will be a Lyrical Jazz session in a style heavily influenced by the work of Jack Cole and Bob Fosse.

**Artist Bio:** Richard Jessup has been producing, directing, choreographing and teaching since 1982. He has worked in the genres of Musical Theatre and Concert Dance. He has directed and/or choreographed over 100 productions. Richard is the founder and the producing President for Against the Grain/MEN IN DANCE, which has recently produced for their 23rd year. Richard has been involved with private studios as a Studio Director for Jessup/Jenkins and Dance Centre in Seattle, and currently teaches at Starlight Dance Center in Palm Desert and Step by Step in downtown Palm Springs.



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### **19. Stephen Agisilaou (Melbourne, Australia)**

**Class Time:** Thursday 3/7: 1:00pm-2:30pm

**Class Genre:** Contemporary

**Class Title:** Movement Research

**Class Description:** Dancers who partake in Stephen's classes are guided through warmup, improvisation, progressions and finally movement training / repertoire in his signature style. As a teacher Stephen focuses on each participants personal movement and is renowned for his unique coaching methods that aim to challenge the students mental approach towards their dancing. This helps the student analyze their current level within the class and determine new approaches to a faster and greater personal result.

**Artist Bio:** Stephen Agisilaou has worked for national televised shows, commercials, and served as a choreographer for So You Think You Can Dance. He traveled to Los Angeles to continue his education, and once completed, spent 3 years as a principal dancer for MOVE: The Company in Canada. In 2009, Stephen created Vertical Shadows - a





contemporary dance company that crosses genres through it's direction to create a cinematic theatre experience. He choreographed the Melbourne premiere of the Tony Award-winning Spring Awakening, Blood Brothers, and the revival of the Green Room Award-winning musical, Prodigal. His choreography has been seen internationally in productions of Good Morning Hong Kong, Black Diva Power, and The Pajama Game. Throughout his career, Stephen has been bestowed with incredible honors and awards from The Institute of Classical Dance, Short and Sweet Dance Festival, and WIND International Film Festival.

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## **20. Tracy Kofford (Santa Barbara, CA)**

**Class Time:** Friday 3/8: 1:30pm-3:00pm

### **Class Genre:** Modern

**Class Title:** Jennifer Muller Technique

**Class Description:** This technique creates high caliber dancers who having a stronger technique, more range and control, and being more energetic, better able to visualize energy flow and its effect on body structure and alignment, allowing the energy to flow through the body without exhaustion to the muscular system. It is this "polarity of energy" that create a more "intimate" relationship between the dancer and their body, down to the most "miniscule" parts, and it is this knowledge that can be applied to any dance style.

**Artist Bio:** Originally from Southern California, he holds a BFA degree in dance from the University Of California at Santa Barbara and a MFA degree from New York University Tisch School of the Arts where he received a full scholarship. His choreography has been presented at NYU Main stage, at the NYU 25th anniversary Gala, Adelphi University, Stockton College, Stockton Student Showcase, Hope College, DanceLoft in Switzerland, Lincoln Center in NYC, Royal Caribbean Cruise Line (Atlantis), Kinesis and at the Jennifer Muller Summer Intensive workshop in NYC. In 2008, Mr. Kofford assisted Jennifer Muller and John Brooks in the re-staging of City for Williams/Henry Dance Company as well as performing with the company. Other works Mr. Kofford has assisted on include the creation of FootPrints, for the Alvin Ailey Dance Company, along with assistant to choreographer Jennifer Muller, setting pieces on the Alvin Ailey School Senior Company, The Marymount Student Dance Company among others. Mr. Kofford made his debut with Williams/Henry Dance Company in Trains and City and was a guest artist with the company until 2010. He returned to Santa Barbara in 2010 to dance with Santa Barbara Dance Theatre for the company's' 20th anniversary season. He is currently the Professor/Director of Dance at Santa Barbara City College and dancer with Santa Barbara Dance Theater.



## 21. Versa-Style (Los Angeles, CA)

**Class Time:** Saturday 3/9: 8:30am-10:00am

### **Class Genre:** Hip-Hop

**Class Title:** The Roots of Hip-Hip

**Class Description:** Participants will learn hip-hop social dances from the early 90s to the modern era, which will then be compiled into an exciting hip-hop social experience and choreography. Through the demonstration and practice of these movements, students will gain more awareness of the true essence of hip-hop dance and its history. Students will then be encouraged to share these movements in social settings, thus becoming a part of hip-hop dance culture. Come get down, learn some foundation and add to flavor to your freestyle!!

**Artist bio:** We create highly energetic work that fuses dances that are culturally significant to our community. These forms include Hip-Hop styles such as 90s Hip-Hop, House, Popping, Locking, Whacking and Boogaloo, and Afro- Latin styles such as Salsa, Merengue, Cumbia and Afro-Cuban to name a few. As a reaction to the widespread media misrepresentation of these dance forms, Versa-Style specifically aims to perform for the youth of Los Angeles to instill the roots, history, and social and political issues surrounding the art of our generation. Hip-Hop breaks color lines by creating a forum where people come together for a common passion rather than grouping themselves by race or socioeconomic backgrounds. Versa-Style demonstrates freedom of expression, freedom of individuality, hard work, self-discipline and dedication to the form.

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## 22. David Adrian Freedland (Los Angeles, CA)

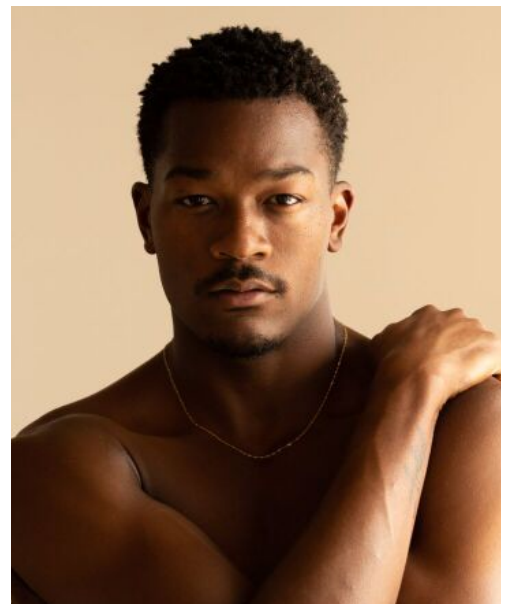
**Class Time:** Sunday 3/10: 9:00am-10:30am

### **Class Genre:** Modern/African

**Class Title:** Modern Fusion (Horton and West African Technique)

**Class Description:** The warm is Horton based and across the floor is traditional West African. A fun class to get body moving in a lot of different ways. My class is for everyone!

**Artist bio:** David Adrian Freeland, Jr. received his early dance training at LaVilla School of the Arts in Jacksonville, FL and at the Jacksonville Centre of the Arts. He furthered his dance studies at several prestigious intensive programs affiliated with The Juilliard School, Nashville Ballet, Atlanta Festival Ballet, and the Bates Dance Festival. David attended the Conservatory of Dance at SUNY Purchase College and began working toward his BFA in Dance



before being invited to join Ailey II, the second company of Alvin Ailey American Dance Theater, where he danced for three years. During this time, he performed seminal works by Alvin Ailey, Judith Jamison, Robert Battle, as well as new works by Troy Powell, Dwight Rhoden, Jennifer Archibald, Amy Hall-Garner, Malcolm Low, and Donald Byrd, among others. David's professional experience also includes seasons performing with The Metropolitan Opera and Missouri Ballet Theatre. In 2016, David joined L.A. Dance Project where he has both created roles and danced in important stage and film works by Benjamin Millepied, Kyle Abraham, Justin Peck, Ohad Naharin, Martha Graham, Merce Cunningham, Roy Assaf, Noé Soulier, and Shannon Gillen. David is the proud recipient of a 2018 Princess Grace Award in Dance.

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### **23. Jose De La Cuesta (Palm Springs, CA)**

**Class Time:** Saturday 3/9: 12:15pm-1:45pm

**Class Genre:** Musical Theatre Jazz

**Class Title:** Musical Theatre Jazz

**Class Description:** Students will begin class with a warm up that incorporates technique exercises that are followed by across the floor exercises reflecting a variety of musical theater styles. A number from a classic Broadway show will be taught in the style of its original choreographer and students will be given a brief description of the show as well as the background and history of the choreographer and the time period the show was originally presented and how it was received. Students will perform choreography in groups after the choreography has been taught and class will end with a brief Q&A session.

**Artist Bio:** Jose is a well-known director/choreographer who recently relocated to Palm Springs from New York City. Credits include "A Chorus Line," "Sugar Babies," "42<sup>nd</sup> Street" and more. His work has been performed twice at Carnegie Hall and he wrote and directed "A Funky Fairytale," an original production for Trump's Casino in Atlantic City that received a great deal of critical acclaim. Jose received the prestigious Carbonnell Award for Best Choreography for "42<sup>nd</sup> Street" at the Broward Stage Door Theater in Florida. He is currently on the staff of Metropolitan School of the Arts in Alexandria, Virginia, One Broadway in Harrisburg, Pennsylvania, and Beyond the Beat dance studio in Palm Desert, California. He was also an adjunct professor of dance at Farleigh Dickinson University. His work as resident director/choreographer at Hershey Park won several awards for Best Theme Park Shows nationally and internationally. Jose has directed more than a dozen shows for the Axelrod Theater in Deal, New Jersey, including "42<sup>nd</sup> Street," which won five Perry Awards and "West Side Story" which won three more. His production of "Frostie Follies" is performed annually in Alexandria, Virginia, as well.

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### **23. Mathew Janczewski (Round Lake, IL)**

**Class Time:** Sunday 3/10: 9:45am-11:15am

**Class Genre:** Modern Contemporary

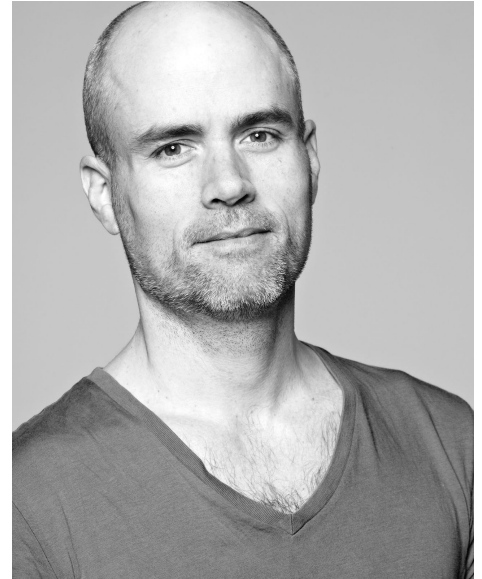
**Class Title:** Modern Contemporary

**Class Description:** Targeted for the high intermediate to advanced level modern dancer, Janczewski's class will explore the qualities of released and off-balance dancing with the use of gravity, spiral and momentum — daring students to find qualities of stillness and explosion. Spatial awareness will be heightened while challenging students to use a range of dynamics: vigorous, athletic, gestural and theatrical.

**Artist Bio:**

Mathew Janczewski received his professional training at the University of Minnesota. Mr. Janczewski worked closely with many internationally renowned directors, choreographers and teachers, including: Maria Cheng, Bill T. Jones, Merce Cunningham, Mark Morris, Doug Varone, Cathy Young, and Hijack, among many more. In 1992, he made his professional debut as a company member with JAZZDANCE! by Danny Buraczeski, becoming a lead dancer and soloist in the company. In 1997 Mathew joined the acclaimed Shapiro & Smith Dance Co., receiving worldwide acclaim for his evocative physicality and emotive performances with the company. Mathew now creates work on his own company, Mathew Janczewski's ARENA DANCES in Minnesota, and collaborates with multiple prominent dance companies. He was awarded the Sage Award for Outstanding Performance (2005), a McKnight Choreographers Fellowship (2005), and cited as one of Dance Magazines "25 to Watch (2008)." While serving as the Artistic Director of Mathew Janczewski's ARENA DANCES, he has created over thirty dance works, enhanced educational outreach programs, developed commissions with local artists, as well as launching regional, national and international touring.

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### **23. Dylan Smith (Sonoma, CA)**

**Class Time:** Saturday 3/9: 11:30am-1:00pm

**Class Genre:** Broadway Jazz

**Class Title:** Broadway Jazz

**Class Description:** Dylan Smith's Musical Theatre Jazz class will encompass a pointed focus on both technique and performance. His High energy, fast paced movement and teaching style will be sure to motivate and encourage his students, yet challenge them all the same. Class will begin with exciting yet complex progressions across the floor, and will conclude with a lengthy combination from one of Broadway's hit shows. Dancers should expect to sweat, perform, and take their style, technique, and performance to the next level. Dylan's Jazz Dance class offers a thrilling chance to experience the high octane, technical and exciting elements that jazz dance has been synonymous with. Dancers will focus on enhancing their personal movement style as well as working on technical aspects such



as leaps, turns and progressions. The class will be taught a combination that will be sure to excite and challenge, propelling them forward and into one of dance's most beloved and treasured styles.

**Artist Bio:** Dylan Smith is a Southern California based dancer, choreographer, instructor and visual artist. He has had the immense pleasure of performing and choreographing with Transcendence Theatre Company in Sonoma, California, winning Best Choreography 2015 by Broadway World San Francisco. Professional credits include: The Japan and National Tours of 42nd Street, JUBILEE! at Bally's Hotel and Casino in Las Vegas, Principal Dancer aboard Holland America Cruise Line as well as various regional theater work, industrials, film and television. Other highlights include JUMP JIVE & WAIL! with the USO starring Paris Hilton as well as performing alongside the band PHISH to a sold out crowd of 35,000 on New Years Eve at Madison Square Garden. Dylan is a choreographer and audition coordinator for the Emmy award winning production company RWS & Associates in NYC. Mr. Smith is a much sought after instructor and national adjudicator. His upbeat, energetic and multifaceted styles keep him in high demand; traveling across the country to countless studios, workshops and intensives. In addition, Dylan has worked as a choreographer and teaching artist at Sonoma State University and the Santa Rosa Junior College. Dylan holds a BA in Dance from the prestigious Marymount Manhattan College in New York City.

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### **23. Jamie Nichols (Los Angeles, CA)**

**Class Time:** Saturday 3/9: 9:45am-11:15am

**Class Genre:** Modern

**Class Title:** Modern

**Class Description:** Jamie's classes are a hybrid of her own innovative movement vocabulary. She begins with a thorough warm-up focusing on the upper body, the back, core and all the technical ingredients needed to fully engage the body and prepare for the dance she creates. Her class gives the dancer an opportunity to learn movement phrases that blend musicality, passion, and Nichols' powerful technique threaded seamlessly into a very special experience. She brings to class an infectious drive that inspires any level or age of dancer to want to move. She currently teaches theatre movement and dance for actors at the American Academy of Dramatic Arts in Hollywood, CA. and contemporary dance at LALA/Live Arts Los Angeles.

**Artist Bio:** Is a passionate and technically articulate teacher critically acclaimed for the emotional intensity and eloquence of her dancing and choreography. "A memorable performance for its depth of feeling" "remarkable gestural detail" "galvanizing" from Lewis Segal of The Los Angeles Times, describes Jamie Nichols. For 23 years she was Artistic Director of Fast Feet, a contemporary dance company. She has taught dance and movement professionally in Los Angeles since 1980. She is the recipient of 6 Lester Horton Dance Awards for Outstanding Achievement and was honored with Furthering the Visibility of Dance Award by the Dance Resource Center. She is the founder and Executive Producer of the long running dance festival Celebrate Dance and currently the curator of the Brand Dance Series at the Brand Library in Glendale, CA. [www.celebratedance.org](http://www.celebratedance.org)

