



Monday Morning Update

October 16, 2017

News

**Palm Beach County
Cares: Assistance for**

**Do you need legal
services but cannot
afford them?**

**Health Care District of
Palm Beach County
releases RFPs**

Puerto Rico, U.S. Virgin Islands and evacuees

Community leaders have joined together to form Palm Beach County Cares to collect and provide life-saving supplies and funds for the rebuilding of Puerto Rico and the U.S. Virgin Islands, as well as assist evacuees to our community post-Hurricane Maria. [Click here](#) to learn how you can help with volunteering and donations.

The Legal Aid Society of Palm Beach County is now accepting online applications to help people like you. You could receive legal representation in such areas of law as: consumer, domestic violence, housing and immigration. For more information and to apply, [click here](#).

The Health Care District of Palm Beach County has open bid opportunities in grant writing services, sponsored programs and public awareness campaign development. [Click here](#) to learn more.

United Way of Palm Beach County seeks 200 volunteers for tax season

United Way of Palm Beach County's Volunteer Income Tax Assistance (VITA) program is recruiting 200 volunteers to help provide safe and free tax services throughout Palm Beach County to those with an annual household income of \$66,000 or less. This is an ideal opportunity for CPAs, retired professionals or any individuals looking to build their accounting and finance skills. [Click here](#) to learn more and volunteer.

Palm Beach County Zip Code Report 2017

As part of its Community Needs Assessment 2017, Children's Services Council updated a report that looked at data at the zip code level. The Palm Beach County Zip Code Report, 2017 compares a range of data across zip codes in Palm Beach County. [Learn more and read the report here](#).

Help local families affected by Hurricane Irma

There are plenty of local organizations banding together to provide essential needs to those affected by Hurricane Irma. See the links below for resources and ways you can help:

- [211 Helpline](#) for Palm Beach County residents
- [Caring Community Coalition for Disaster Relief](#) for Palm Beach County residents
- [FEMA](#) (Federal Emergency Management Agency)
- [Disaster SNAP](#) (Pre-registration online required.)



Conversation with your teen turned into a battle field? Try these expert tips

We've all been there. A casual conversation with your teen somehow goes haywire - and all of the sudden you find yourself in a foot-stomping, door-slammng, yelling match. It's normal for teens to pull away from, and push against, parents. It's how they

learn about the world - and themselves. While it may be hard to tell, this is the time they need you the most. [Read more](#) for expert tips on connecting with your teen.

For more parenting tips and connections to local resources, create a family profile on our EveryParentPBC.org website or our free [EveryParent app](#)!

Events

Read for the Record Riviera Beach

Thursday, Oct. 19
6 - 7 p.m.
Riviera Beach Library
600 W. Blue Heron Blvd.,
Riviera Beach

Join BRIDGES of Riviera Beach and the Early Learning Coalition of Palm Beach County for Read for the Record. The national celebration seeks to break a world record each year by involving thousands of adults in reading the nationally selected book on a single day to the most children ever. Parents, bring your Pre-K children for story-time and parent-child activities. Call 561.899.1644.

Urban League Young Professionals of Palm Beach County host general meeting

Wednesday, Oct. 18
6:30 p.m.
Urban League of Palm
Beach County
1700 N. Australian Ave.,
West Palm Beach

The Urban League Young Professionals of Palm Beach County will host its general meeting on membership. [Click here](#) to learn more.

Community Youth Outreach with Alpha Kappa Alpha

Saturday, Oct. 21
8 a.m. - 2 p.m.
Palm Beach Lakes
Community High School
3505 Shiloh Dr.,
West Palm Beach

The Ivy Educational Foundation, Inc., the charitable arm of the Alpha Kappa Alpha Sorority, Inc., will host a community youth outreach event for 6th through 12th grade students. The event includes interactive sessions on personal health, college scholarships, interview skills, finance and more. [Click here](#) to register.

Dyslexia discussion at the Main Library Branch

Saturday, Oct. 28
10 a.m. - 12 p.m.
PBC Main Library
3650 Summit Blvd.,
West Palm Beach

Dr. Pat Sekel will speak about the importance of effective reading instruction for all students, especially those with dyslexia. [Click here](#) to learn more.

Sixth Annual Witches Bike Ride

Saturday, Oct. 28
7:30 - 11:30 a.m.
Delray Beach City Hall
100 NW 1st Ave.,
Delray Beach

Attend this five-mile ride through the heart of Delray to benefit the Achievement Centers for Children and Families. We encourage you to dress in your witchiest attire. Meet up at 7:30 a.m. with an 8:00 a.m. ride out. Registration is \$25. [Click here](#) for more information.

Future Leaders United for Change election meeting

Tuesday, Oct. 24
5-7 p.m.
50 S. Military Trail
West Palm Beach

Future Leaders United for Change is hosting a meeting to elect new officers. Future Leaders is the voice of the youth and this council provides input to decision makers. Click here for more information and to RSVP.

Peer support groups with the Children's Bereavement Center

Every Tuesday evening
6:30-8:30 p.m.

The Children's Bereavement Center (CBC) provides free peer support groups for children, young adults and adult caregivers after the death of a loved one. [Click here](#) to learn more.

November events with the Palm Beach County Library System

Throughout November, the Palm Beach County Library System has plenty of activities planned for your family. From Book Chats to Leg Time, there's something for everyone to enjoy! [Click here](#) to see the full calendar of events.

Heroes for Education 5K

Saturday, Nov. 4
7:30 - 10 a.m.
Bryant Park, Lake Worth

Support students and teachers in Palm Beach County schools and join the winning Team for education! For more information, [click here](#).

Trainings

Center for Child Counseling hosts two-day workshop

Nov. 2 and 3, 9 a.m. - 5 p.m.

2300 High Ridge Rd.,
Boynton Beach

If you are a therapist who deals with trauma in your practice, this workshop is for you! The workshop "Attachment Trauma and Dissociation: Repairing Disrupted Attachment Through Play Therapy and EMDR Techniques" is designed to help you work effectively with clients who have early childhood wounds and dissociative symptoms. [Register here.](#)

E-Learning module on Infant Mortality

Children's Services Council and the Equity Awareness and Education Group are offering the training "Racial Disparities in Birth Outcomes." This 30-minute e-learning module will increase your knowledge of how racial disparities impact birth outcomes - both locally and nationally. [Click here](#) to register.

Complex Trauma: New Understandings

Friday, Oct. 27

3 - 5 p.m.

Mental Health

Association of Palm Beach County 909 Fern St.,
West Palm Beach

Complex trauma results from multiple and repeated traumas, especially within the context of childhood and attachment. This workshop will help you identify the symptoms of complex trauma and learn about the treatment and healing process. [Register here.](#)

Leadership PBC Aspire luncheon

Wednesday, Oct. 18

Palm Beach State

College

4200 S. Congress Ave.
Lake Worth

Without high emotional intelligence, effective leadership is unattainable. At this session, you will learn what emotional intelligence is, how to achieve it and getting to know your audience. Understand why conflict occurs and learn different ways teams handle conflict, identify personal conflict tendencies and create an action plan to approach a difficult

Professional development workshops with FAU

Oct 21, 9 a.m. - 12 p.m.

Nov. 3, 9 a.m. - 4 p.m.

Florida Atlantic University
Social Science Building
777 Glades Rd.
Boca Raton

Florida Atlantic University's Phyllis and Harvey Sandler School of Social Work Office of Professional Development is offering two upcoming workshops on healthy relationships on and understanding and treating sexual addiction. [Click here](#) for more information and to register for these trainings.

2018 FMHCA Annual Conference

Feb. 1 - 3, 2018

Lake Mary, Orlando

Register today for the Florida Mental Health Counselors Association's Annual Conference. Conference topics include green cross trauma, addiction treatment and assessment, evidence-based and emerging practices and more. [Click here](#) to learn more and to register.

conversation. [Register here.](#)

Smart Couples/ELEVATE course

Oct. 16, 23, 30
Nov. 6, 13
6-8:30 p.m.
PBC Extension Office,
559 N. Military Trail
West Palm Beach

Register today for this fun, free and powerful relationship enhancement workshop to help couples improve their communication skills and strengthen their relationships. A free light meal is offered. [Click here](#) or call 561.233.1742 for more information.

Healthy Mothers Healthy Babies free workshop series

New and expected parents! Are you pregnant and worried about childbirth, breastfeeding or newborn care? Have questions about how to make healthy lifestyle choices for you and your growing family and still live on a budget? This workshop is tailored to assist you answer these questions and support you as you grow your family. [Click here](#) to register.

"Missing Link: Giving Voice to Families in Treatment" presentation

Friday, Oct. 20
8:30 a.m. - 12 p.m.
Ramada Inn
1901 Palm Beach Lakes Blvd., West Palm Beach

Join the Alliance for Eating Disorders Awareness for a presentation on the inclusion of families during higher level of care treatment. This presentation will expand attendees' understanding of the magnitude of struggles that parents experience during the process of attempting to secure entry to higher level of care treatment. [Click here](#) to register.

Trainings from Nonprofits First

Nonprofits First offers a variety of trainings for nonprofit organizations and staff. To see the full training schedule and to register, [click here](#).

Save the date: 7th annual Ready by 21 National meeting with the Forum for Youth Investment

April 18 - 20, 2018

Be a part of this unique opportunity to connect with over 500 leaders working to improve outcomes for young people in communities and states across the country. Learn new and proven strategies to improve readiness and increase equity. Hear the

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latest thinking around the research and effective implementation of social and emotional learning, and continuous quality improvement. [Register here](#).

Enhance your hiring search with free job postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, [click here](#).

If you are a CSC-funded agency, contact Paulina Rudzinska at Paulina.Rudzinska@cscpb.org to post a position on CSC's website.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

[Sign up for the MMU!](#)