



Please visit the Palm Healthcare Foundation, Inc. [website](#) to purchase tickets!

**SAVE
THE
DATE**

**FRIDAY
JANUARY 19TH
2018**

Tickets available for purchase at
www.PalmHealthcare.org



KICKOFF LUNCHEON

**11:30 a.m. - 1:30 p.m.
Kravis Center Cohen Pavilion**



KEYNOTE SPEAKER

Amishi Jha, PhD, renowned neuroscientist and researcher, will present her research on incorporating techniques for better brain fitness.

*Table sponsorships and program ads available.
Space is limited!*



KICKOFF LUNCHEON
FRIDAY JANUARY 19TH 2018



ABOUT TRAIN THE BRAIN

The goals of the Train the Brain campaign are to help residents reduce stress through brain fitness, achieve balance in their lives and show compassion to individuals with acute and persistent mental health issues. Participants will take a pledge to make conscious changes in their thinking and habits, integrate brain fitness into their daily routines and attend free campaign events.



www.PalmHealthcare.org | 561-833-6333

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