



Monday Morning Update

October 2, 2017

Please note: Children's Services Council's offices will be close next Monday, October 9, for Columbus Day. The next Monday Morning Update will be released on Tuesday, October 10.

News

Free mental health screenings for Mental Health Awareness Week

The Mental Health Association of Palm Beach County is providing free mental health screenings in honor of Mental Health Awareness Week. The screenings take less than 5 minutes. Additional resources and referrals to the many behavioral health providers in Palm Beach County also can be provided. If you or someone you know would like a free screening, please call the Mental Health GPS Helpline: 561-801-HELP (4357).

Do you need legal services but cannot afford them?

The Legal Aid Society of Palm Beach County is now accepting online applications to help people like you. You could receive legal representation in such areas of law as: consumer, domestic violence, housing and immigration. For more information and to apply, [click here](#).

Help local families affected by Hurricane Irma

There are plenty of local organizations banding together to provide essential needs to those affected by Hurricane Irma. See the links below for resources and ways you can help:

- [211 Helpline](#) for Palm Beach County residents
- [Caring Community Coalition for Disaster Relief](#) for Palm Beach County residents
- [FEMA](#) (Federal Emergency Management Agency)
- [Disaster SNAP](#) (Pre-registration online required.)

CSC reduces its tax rate for the next fiscal year

The governing board of Children's Services Council of Palm Beach County on Thursday approved its 2017-2018 millage rate of .6590 - a nearly 3.6% drop from last year's rate of .6833. Due to increased property values, the Council still will be able to sustain current services and increase support for quality afterschool programs, including in the area of STEM (science, technology, engineering and math). [Learn more here](#).

CSC, funding partners providing Hurricane Irma relief to area nonprofits

Funders in Palm Beach County have joined together to establish a coordinated Hurricane Irma Relief & Recovery Funding application process. This funding process will provide assistance to nonprofit organizations in Palm Beach County with facilities, services and clients that have been impacted by Hurricane Irma. [Read more here](#).



Here's why your young child needs to get to school on time, every day.

Sometimes, kids don't want to go to school because they're struggling with an issue, like bullying or anxiety. [Click here](#) to see why getting your kids to school on time, every day, is so important - and where to turn if you need help.

For more parenting tips and connections to local resources, create a family profile on our EveryParentPBC.org website or our free [EveryParent app](#)!

Events

Health awareness with BRIDGES at West Palm Beach

Friday, Oct. 6
1 - 3 p.m..
816 9th St.,
West Palm Beach

BRIDGES at West Palm Beach and Found Care, Inc., will do private HIV testing at this event. No appointment is needed. Call 561.804.6754 for more information.

New date for the Rise Above! Youth Leadership Summit

Saturday, Oct. 14
9:30 a.m. - 3 p.m.
2300 High Ridge Rd.,
Boynton Beach

Middle and high school students are invited to this media advocacy training on drug prevention and can earn 8 hours of community service for participation. Parents can attend the Parent Cafe from 9-11 a.m. For more information, [click here](#).

Job Fair at Palm Beach State College

Thursday, Oct. 5,
1 - 4 p.m.
Palm Beach State College
BioScience Tech Bldg
3160 PGA Blvd.,
Palm Beach Gardens

Meet with more than 50 employers about internships and part-time and full-time positions. Dress for success and bring copies of your resume! [Click here](#) to see a complete list of employers.

Enrollment event with Comcast Internet Essentials

Wednesday, Oct. 11
4 - 6 p.m.
DeVos-Blum Family YMCA
9600 S. Military Trl.,
Boynton Beach,

Join the YMCA and Comcast for a pizza party

AVDA's 18th Annual Race for Hope Sunday, Oct. 15

Florida Atlantic University
777 Glades Rd,
Boca Raton

Join Aid to Victims of Domestic Abuse, Inc., for its 18th Annual Race for Hope to stop domestic

Atlantic Avenue Career Expo

Thursday, Oct. 12,
9 a.m. - 3 p.m.
Delray Beach Library
100 W. Atlantic Ave.
Delray Beach

Work in a shop or boutique on the most popular streets in Delray Beach! Several

enrollment event for Internet Essentials SM from Comcast for affordable, high-speed internet. Free and open to the public. [Click here](#) to learn more.

violence. Sign up today for the 5K, 10K or the Hometown Hero 5K. All proceeds will support AVDA's programs and services helping survivors of domestic abuse and their children. [Click here](#) to learn more and register.

Atlantic Avenue shops have open positions and looking for new hires. For more information, contact Michael Corbit at 561.340.1060 x2368.

Disability Career Fair
Tuesday, Oct. 10
10 a.m. - 2 p.m.
Florida Atlantic University
5353 Parkside Dr.,
Jupiter

The Special Needs Advisory Coalition is hosting a free career fair for job seekers with disabilities. Professional dress is required and please bring resumes. For more information, [click here](#).

Sixth Annual Witches Bike Ride
Saturday, October 28th,
7:30 - 11:30 a.m.
Delray Beach City Hall
100 NW 1st Ave.,
Delray Beach

Attend this five-mile ride through the heart of Delray to benefit the Achievement Centers for Children and Families. We encourage you to dress in your witchiest attire. Meet up at 7:30 a.m. with an 8:00 a.m. ride out. Registration is \$25. [Click here](#) for more information.

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Work in a shop or boutique on the most popular streets in Delray Beach! Several Atlantic Avenue shops have open positions and looking for new hires. For more information, contact Michael Corbit at 561.340.1060 x2368.

Future of Medicine Summit
Oct. 12 and 13
Hilton Palm Beach Airport
150 Australian Ave.,
West Palm Beach

The theme for this year's Future of Medicine Summit is "The New Reality of Healthcare." This event will bring together over 400 physicians, health care professionals, researchers, elected officials and business, community leaders and

Domestic Violence Awareness Month Opening Ceremony
Tuesday, Oct. 3
2 - 4 p.m.
Clayton Hutchinson Agricultural Center
559 N. Military Trail,
West Palm Beach

The Domestic Violence Council of Palm Beach County will host an opening ceremony for domestic violence month in October. The theme for this year is "Out of the Shadows: serving at-risk

Heroes for Education 5K early bird registration now available
Saturday, Nov. 4
7:30 - 10 a.m.
Bryant Park, Lake Worth

Support students and teachers in Palm Beach County schools and join the winning Team for education! Early bird discount is \$25 (price increase after Sept. 10). For more information, [click here](#).

representatives. [Click here](#) to learn more and register.

communities." [Learn more here](#).

Save the date for the Hats Off Nonprofit Awards

Tuesday, Oct. 3
5:30 - 7:30 p.m.
Harriet Himmel Theatre
700 S. Rosemary Ave.,
West Palm Beach

Hats Off is a hat-themed cocktail reception and awards celebration for nonprofit organizations and three individuals from the nonprofit community in Palm Beach County. [Click here](#) for more information, to view sponsorship opportunities and to submit your nominations.

Early Learning Coalition of Palm Beach County's "From Play to Practice" Conference

Saturday, Oct. 14
8 a.m. - 5 p.m.
Palm Beach Atlantic University
901 South Flagler Dr.,
West Palm Beach

This full-day event will provide local early childhood professionals an opportunity to grow in the areas of early intervention, trauma-informed care, technology in early learning and more. [Click here](#) for more information.

Trainings

Free Common Sense Parenting classes with Boys Town

Mondays, 5:30-7:30 p.m.
Oct. 16 - Nov. 20
Galaxy Elementary
550 NW 4th Ave.,
Boynton Beach

If you have a child, chances are you've had your fair share of challenging days. Parents are invited to join in Boys Town's fun and interactive classes that can help you with balancing discipline with affection, praising your child's good behavior, reducing a child's problem behavior, power struggles

Free workshop for job seekers

Monday, Oct. 16
6413 Congress Ave., Suite
225, Boca Raton

Ruth & Norman Rales Jewish Family Services, through their Career & Employment Services offers free workshops to help job seekers. Find focus, develop a personal brand, create a resume that stands out, learn interviewing techniques and receive a professional headshot. Registration is required as space is limited. Please contact 561.852.5057 or email CES@ralesjfs.org.

E-Learning module on Infant Mortality

Children's Services Council and the Equity Awareness and Education Group are offering the training "Racial Disparities in Birth Outcomes." This 30-minute e-learning module will increase your knowledge of how racial disparities impact birth outcomes - both locally and nationally. [Click here](#) to register.

and more. [Click here](#) to learn more.

National Alliance on Mental Illness offers Homefront online classes
Classes begin Oct. 9

NAMI Homefront is a free, 6-session online program for family, friends and significant others of military service members and veterans. The class helps families understand what the service member/veteran is experiencing related to trauma, combat stress, civilian life transition, PTSD and other mental health conditions. [Click here](#) to learn more and to register.

Healthy Mothers Healthy Babies Circle of Moms free emotional support groups

Talking with other moms who are experiencing the same feelings as you can help make your pregnancy easier. Our peer-to-peer emotional support groups allow you to share your own feelings or just listen. Our groups are offered at our West Palm Beach and our South location in Boynton Beach. Partners and other family members are also welcome. [Click here](#) to register.

Workshop: 30-Days to Start Creating More Wins in Your Business and Life

Tuesday, Oct. 10
10 a.m. - 12 p.m.
Vegso Community Resource Center
261 NW 13th St.
Boca Raton

This workshop will help jump-start your business to get better results and leave with a custom plan to start accomplishing more goals. [Click here](#) to learn more and to register.

Leadership PBC Aspire luncheon
Wednesday, Oct. 18
Palm Beach State College
4200 S. Congress Ave.
Lake Worth

Without high emotional intelligence, effective leadership is unattainable. At this session, you will learn what emotional intelligence is, how to achieve it and getting to know your audience. Understand why conflict occurs and learn different ways teams handle conflict, identify personal conflict tendencies and create an action plan to approach a difficult

Professional development workshops with FAU
Oct 21, 9 a.m. - 12 p.m.
Nov. 3, 9 a.m. - 4 p.m.
Florida Atlantic University
Social Science Building
777 Glades Rd.
Boca Raton

Florida Atlantic University's Phyllis and Harvey Sandler School of Social Work Office of Professional Development is offering two upcoming workshops on healthy relationships on and understanding and treating sexual addiction. [Click here](#) for more information and to register for these trainings.

2018 FMHCA Annual Conference
Feb. 1 - 3, 2018
Lake Mary, Orlando

Register today for the Florida Mental Health Counselors Association's Annual Conference. Conference topics include green cross trauma, addiction treatment and assessment, evidence-based and emerging practices and more. [Click here](#) to learn more and to register.

conversation. [Register here.](#)

Smart Couples/ELEVATE course

Oct. 16, 23, 30

Nov. 6, 13

6 - 8:30 p.m.

PBC Extension Office, 559
N. Military Trl.
West Palm Beach

Register today for this fun, free and powerful relationship enhancement workshop to help couples improve their communication skills and strengthen their relationships. A free light meal is offered. [Click here](#) or call 561.233.1742 for more information.

Healthy Mothers Healthy Babies free workshop series

New and expected parents! Are you pregnant and worried about childbirth, breastfeeding or newborn care? Have questions about how to make healthy lifestyle choices for you and your growing family and still live on a budget? This workshop is tailored to assist you answer these questions and support you as you grow your family. [Click here](#) to register.

"Missing Link: Giving Voice to Families in Treatment" presentation

Friday, Oct. 20

8:30 a.m. - 12 p.m.

Ramada Inn

1901 Palm Beach Lakes
Blvd., West Palm Beach

Join the Alliance for Eating Disorders Awareness for a presentation on the inclusion of families during higher level of care treatment. This presentation will expand attendees' understanding of the magnitude of struggles that parents experience during the process of attempting to secure entry to higher level of care treatment. [Click here](#) to register.

Trainings from Nonprofits First

Nonprofits First offers a variety of trainings for nonprofit organizations and staff. To see the full training schedule and to register, [click here](#).

Save the date: 7th annual Ready by 21 National meeting with the Forum for Youth Investment April 18 - 20, 2018

Be a part of this unique opportunity to connect with over 500 leaders working to improve outcomes for young people in communities and states across the country. Learn new and proven strategies to improve readiness and increase equity. Hear the latest thinking around the research and effective implementation of social and emotional learning, and continuous quality

Children's Healing Institute's Turn on the Light National Conference

Thursday, Oct. 12

8 a.m. - 4:45 p.m.

Palm Beach County
Convention Center,
650 Okeechobee Blvd.,
West Palm Beach

This one-day conference that brings together parents, volunteers and professionals concerned with the welfare of children and families for a full day of educational trainings, presentations and networking

improvement. [Register here](#).

opportunities. [Click here](#) to learn more.

Enhance your hiring search with free job postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, [click here](#).

If you are a CSC-funded agency, contact Paulina Rudzinska at Paulina.Rudzinska@cscpb.org to post a position on CSC's website.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Sign up for the MMU!

Stay connected!



www.cscpb.org