

RESOURCE **GUIDE**

COUNSELING AGENCIES

Arrowhead Health Care of Ohio

1725 Timber Line Road
Maumee, OH 43537
(419) 891-9333
1-800-547-5695
(Substance Abuse and
Mental Health Diagnosis)
Inpatient treatment facility for adults
Outpatient for adults

Associated Bay Area Counselors

1319 Hull Road
Sandusky, OH 44870
(419) 625-1686
Accept Medicare/ Medicaid, discounts for cash pmts.
Licensed Social Worker on staff that works well with
Teens

Association for Private Counseling

1537 1st Street
Sandusky, OH 44870
(419) 621-8551

Bayshore Counseling Center

1218 Cleveland Road
Sandusky, OH 44870
(419) 626-9156

201 Madison Street
Port Clinton, OH
(419) 734-5535
Outpatient Individual, Family, Child and
Substance Abuse Counseling

Cornerstone Counseling of Bellevue, LLC

817 Kilbourne St., Suite G
Bellevue, OH 44811
(419) 483-9411
Outpatient Individual, Marital, Adult, Child, Dual Diagnosis facility
and Family Counseling (Christian-based, take
insurance, no sliding fee scale)

Children's Safe Harbor at the Toledo Children's Hospital

2109 Hughes Dr.- Jobst Tower, Suite 640
Toledo, OH
(567) 661-0505
Outpatient
Assessment, Therapy (individual & family) and
Medication Management Services for ages 3-18
Psychiatry, chemical dependency and dual diagnosis
services also provided.

The Center for Mental Health & Well-Being at Memorial Hospital

715 South Taft Avenue
Fremont, OH 43420
(419) 334-6619
Outpatient
Medicare & Medicaid accepted
ADD/ADHD, Eating Disorders, Gay/Lesbian Issues
& Chemical Dependency, Anxiety, Depression

COUNSELING AGENCIES CONT.

The Giving Tree

Port Clinton Office
335 Buckeye Blvd.
Port Clinton, OH 43452
(419) 734-2942

Oak Harbor Office

11969 State Route 105
Oak Harbor, OH 43440
(419) 898-0077
Outpatient Individual, Marital, Adult, Child, Family
and Substance Abuse Counseling
Groups: Sexual Offenses and Domestic Abuse
Counseling (1-866-734-2942)
www.givingtreecounseling.com
**** Sliding Fee Scale for Erie & Ottawa County only**

Healing Trails

4317 State Route 269
Castalia, OH 44824
(419) 684-9750
Traditional & Equine Psychotherapy services
Individual & Family Counseling
**** Sliding Fee Scale**

Lutheran Social Services of Ohio

512 East State Street
Fremont, OH 43420
(419) 334-3431
Teen Intervention for ages 13-19 (individually)
Individual, Group and Drug/Alcohol Counseling
(for adults)
Anger Management Services provided
Play therapist for ages 3 & up
Counsel individual for trauma (trauma recovery)
**** Sliding Fee Scale**

New Directions

30800 Chagrin Blvd.
Pepper Pike, Ohio
(216) 591-0324
Both in and out patient services
Specializes in drug rehabilitation (13-18 y/o)

Northern Ohio Psychological Services

1522 E. Perkins Avenue, Suite A
Sandusky, OH 44870
(419) 624-1277

Firelands Counseling and Recovery Service (5)

Outpatient Individual, Family, and Child Counseling, Drug and
Alcohol

****Sliding Fee Scale**

1. *Bellevue Office*

290 Progress Drive Suite B (behind the hospital)
Bellevue, OH 44811
(419) 483-6516
1-888-739-6052
(No charge for assessments of Huron Co. residents
only.)

2. *Fremont Office*

675 Bartson Road
Fremont, OH 43420
(419) 332-5524
1-888-332-5529
{Spanish Interpreter available}

3. *Tiffin Office*

76 Ashwood Road
Tiffin, OH 44883
(419) 448-9440
1-888-448-9445

4. *Norwalk Office*

292 Benedict Avenue
Norwalk, OH 44857
(419) 663-3737
1-800-242-5393

5. *Sandusky Office*

2020 Hayes Avenue
Sandusky, OH 44870
(419) 557-5177
1-800-342-5177
Ask for Mental Health and Chemical Dependency

Norwalk Counseling Services

85 Benedict Avenue, Suite 100
Norwalk, OH 44857
(419) 668-9675
Outpatient counseling – Private firm
Evenings, Friday and Saturday
Sliding Fee Scale, do not take insurance

COUNSELING AGENCIES CONT.

Path Choices Counseling Associates

333 W Main St,
Norwalk, OH 44857
(419) 668-0528
3 child developmental specialists on staff.
Offices in Port Clinton and Norwalk
Take a variety of insurance, No Medicaid

Seasons of Life – The Chapel

provides emotional and mental health care to children,
adolescents and adults
(419) 621-8773 Call for more information

University Medical Center

Kobacher Center
3130 Glendale Avenue
Toledo, OH 43614
(419) 383-3815
Inpatient Homicidal & Suicidal Intervention
Outpatient for Children ages 3-17.
Inpatient Crisis stabilization

Successful Relationships

124 C Cleveland Road
Norwalk, OH 44857
(419) 660-0533
Outpatient Individual, Marital, Family,
Child, and Adult Counseling
Pastoral/Christian-based counseling
Sliding Fee Scale, No insurance

Winsor Laurelwood

35900 Euclid Ave
Willoughby, OH 44094
(440) 953-3000 or 1-88-GET-HOPE
Specializes in drug rehabilitation
Accepts most major and HMO insurances and Medicaid

PSYCHIATRIC REFERRALS

Dr. Jane Broering-Ammons & Associates

1627 Henthorne, Suite B
Maumee, OH 43537
(419) 866-8232

Dr. Catherine Holladay

Sandusky
(419) 624-8330

Dr. Ih Foo Lin

Sandusky
(419) 626-1618

Center for Mental Health & Well-being- Fremont

Dr. Cynthia Evans (18 yrs. and older)
Dr. Rytwinski (adults only)
Dr. Hoelzle (16 yrs. & older)
(419) 334-6619

Dr. Eileen McGee

Psychiatrist/Pediatrician- Firelands
(419) 557-5177
Her specialty is with children

Firelands- Fremont

Dr. Mike Hottois (Child Psychiatrist)
Dr. Arthur O'Leary (adults only)
(419) 332-5524

Dr. Han Lee

Sandusky
(419) 626-8679
Adults only

Dr. Carlos Lowell

Sandusky
(419) 627-9289
Susan Lowell (Mental Health Counseling)

Dr. Jill Fox (children)

Perrysburg
419-662-5555

Dr. Uphender Geholt

Fisher Titus Medical Center- Suite 950
Norwalk, OH
419-668-0311
Adult and children

COMMUNITY PROGRAMS

Alateen

Artisans
138 E. Market Street
Sandusky, OH 44870
(419) 621-9377
Meetings: Mon. evenings- 8:00 p.m.
AA meeting held at same time
Call for more information about other supports.
Including: cocaine, overeaters, narcotics
Adult children of alcoholics, recovery meetings, & AA

St. Paul's Episcopal Church
206 N Park Ave.
Fremont, OH 43420
(419) 332-3032
Meetings: Tues.
Al-Anon & AA meeting held at same time

Trinity Methodist Church
135 Adams Street
Port Clinton, OH 43452
(419) 732-3161
Meetings: Thurs. evenings- 8 p.m.
AA and Alnon

Alcoholics Anonymous (AA)

SOURCES: <http://www.step12.com/ohio.html>
<http://www.toledoaa.com>

First United Methodist Church
901 Northwest St.
Bellevue, OH 44811
419-483-4260
Meetings: Thurs. 6:30 p.m. & Sat. 3 p.m.

St. Paul's Episcopal Church
285 W. Main St.
Bellevue, OH 44811
(419) 483-4628
Meetings: Fri. evenings
Al-Anon meeting held at same time
AA meetings

Ohio Veterans' Home
3416 Columbus Ave (Inside VA home)
Sandusky, OH 44870
1-888-683-9768
10:00 PM – 7 days a week
6:00 PM – 7 days a week
Tues, Wed, & Sat - 8:00 PM
Fri – 8:30 PM

Alanon

The Chapel
4444 Galloway Rd.
Sandusky, OH 44870
(419) 627-0208
Meetings: Mon. evenings- 7:00 p.m.

St. Thomas Episcopal Church
214 E Second Street
Port Clinton, OH 43452
(419) 734-3404
Meetings: Mon. evenings- 7:00 p.m.
AA meeting held at the same time

First Presbyterian Church
120 S Park Ave.
Fremont, OH 43420
(419) 334-7171
Meetings: Mon. evenings- 8:00 p.m.
AA meeting held at the same time

Trinity Episcopal Church
125 E. Market Street
Tiffin, OH 44883
(419) 447-0728
Meetings: Tues. evenings- 7:00 p.m.

First United Methodist Church
60 W. Main Street
Norwalk, OH 44857
(419) 668-1938
Meetings: Tues. evenings- 8:00 p.m.

First Presbyterian Church
21 Firelands Blvd.
Norwalk, OH 44857
(419) 668-1923
Meetings: Wed. evenings- 7:30-9:00 p.m.
AA Tues & Fri 10-11 AM

First Presbyterian Church
225 Williams Street
Huron, OH 44839
(419) 433-5018
Meetings: Thurs. evenings- 8:00 p.m.
AA on Tues & Thurs – 8:00 PM

COMMUNITY PROGRAMS CONT.

Autism Spectrum Kids

Fisher-Titus Medical Center
272 Benedict Ave.
Norwalk, OH 44857
419-663-1975 ext. 6457
(Mary Helton-Director of Rehab)
Educational seminars, referral resources, phone
consultation, outreach programs, classes for
children and families, and promotion of autism awareness

Autism Support Group-Fremont

419-332-9296 ext
Call Kay for more information

Connecting Point Drug Treatment Center

722 East Bancroft Street
Toledo, OH 43608
(419) 321-6820
Crisis intervention for runaways & independent
living programs; adolescent drug counseling/treatment

GriefShare

Fremont Alliance Church
936 N. Brush St.
Fremont, OH 43420
419-332-4392
Seminar & Support group

The National Alliance on Mental Illness (NAMI)

Seneca, Sandusky & Wyandot Counties
219 S. Front Street
Fremont, OH 43420
419-334-8021 or 888-582-8889 (Dennis Wolf)
www.namissw.org

NAMI of Erie & Ottawa Counties
Port Clinton, OH 43452
419-732-6264 or 1-877-732-6264

NAMI of Huron County
Norwalk, OH 44857
419-668-6651

Big Brothers & Big Sisters

Erie & Seneca County
904 West Washington
Sandusky, OH 44870
(419) 626-8694

Community Hospice Care

121181 E. Perry Street
Tiffin, OH 44883
419-447-4040
www.communityhospicecare.com

Hospice of Memorial Hospital

430 South Main St.
Clyde, Oh
419-547-6419 (Contact: Monica Jay)
Offers various grief/bereavement groups,
camps & programs

Pet Grief Support Group

Foos & Foos Funeral Services
419-483-6345 (questions & RSVP)
151 Yorkshire Place
Bellevue, OH 44811
1st Sunday of every month @ 6:00 p.m.

ROY (Reach Our Youth) Mentoring Program

This is the Big Brother/Big Sister Program for Huron Co.
2 East Main Street
Norwalk, OH 44857
(419) 663-2525 ext. 238
1-on-1 mentoring program for ages 6-18
Director: Kathy Noftz

Stein Hospice

1200 Sycamore Line
Sandusky, OH 44870
1-800-625-5269
Offers various grief/bereavement groups, camps & programs

SHELTERS

Battered Women's Shelter

1018 Jefferson Street YWCA
Toledo, OH 43608
(419) 241-3235
Check out website for various services offered
www.ywcatoledo.org

First Step Shelter

1099 Columbus Ave.
Fostoria, OH 44830(419)
(419) 435-7300 or 1-800-466-6228
Offer various programs for battered women and healthy relationships
Operation Star Shine – For children, do childhood activities.
Fatherhood Program – for fathers, 12 week Program

The Shelter(women battered)

P.O. BOX 1524
Mansfield, OH 44901
(419) 774-5840 (crisis hotline)
1-800-931-SAFE (7233)
Support groups for women
Outreach program in schools

Liberty Shelter

Homeless Shelter/Case Management
1421 E. State Street
Fremont, Ohio 43420
(419) 332-8777
No fee for 30 days

Rescue Mental Health Services & Shelter

3350 Collingwood Blvd.
Toledo, OH 43610
(419) 255-9585

Safe Harbour Domestic Violence Shelter

PO Box 2616
Sandusky, OH 44870
(419) 626-2200
1-800-953-2207
School presentations (Expect Respect) on dating Violence for Jr. High & High School students
Support groups, crisis hotline, & shelter

HOTLINES

FIRST CALL FOR HELP

419-334-2720

USA NATIONAL SUICIDE HOTLINE

1-800-784-2433 OR 1-800-273-8255

FIRELANDS COUNSELING & RECOVERY MENTAL HEALTH AND CHEMICAL DEPENDENCY HOTLINE

1-800-826-1306

THE COUNSELING HOTLINE

1-800-826-1306

ASSISTANCE TO FAMILIES IN NEED

Fish & Loaves Food Pantry

203 Maple St.
Bellevue, OH 44811
419-484-2814
Open on Wed. from 1:00-5:00

Network of Care Website for Behavioral Health

www.huron.oh.networkofcare.org
Resources for Substance Abuse, Depression, Crisis, Employment

Pass It On Clothing Closet

205 Maple Avenue, Suite B
Bellevue, OH 44811
Open Wednesdays 11 a.m.- 5 p.m.
1st Saturday of the Month 9 a.m.- 12 Noon
FREE clothing, coats, shoes & accessories
Cindy Wright (Board Member) 419-483-3071

Lifeline/Safelink

www.SafeLink.com
Free cell phone service for low income families or families participating in public service programs
* Must have a valid US postal address (no PO Box)

ASSISTANCE TO FAMILIES IN NEED CONT.

RedTreehouse.org

www.RedTreehouse.org

- Resources, guides and tool-kits
- Names, contacts and helpful information about community organizations
- Calendar of events, trainings and activities happening locally

WSOS Child Development

Child Development Staff Office
615 Vine Street (in St Mary's School)
Clyde, OH 43410
419-547-3282

WSOS Child Development

Child Development Program-preschool
800 Monroe St or 110 Cherry Blvd (same place)
Bellevue, OH 44811
419-483-6605

Stricker Family Development Center

765 S. Buchanan St.
Fremont, OH 43420
419-334-8511

William Myers, LSW (Assoc for Private Counseling)

501 W. Perkins Ave.
Sandusky, Ohio
419-621-8551
Help with behavior concerns of autistic children

WSOS Community Action (Main address)

109 S. Front St.
Fremont, OH 43420
419-334-8911

TRANSPORTATION

TRIPS – Sandusky County (out of Fremont)

(419) 334-8911

Huron County Job and Family Services

Medicaid Eligible-offer gas cards

Huron County Transit (out of Norwalk)

(419) 663-3340 or 1-877-241-7433 (RIDE)
\$3 each way/person
Need 24 hour notice

DEPARTMENTS OF JOB & FAMILY SERVICES

(Children's Services)

Erie County Department of Job & Family Services

221 West Parish Street
Sandusky, OH 44870
(419) 626-6781

Sandusky County Department of Job & Family Services

2511 Countryside Drive
Fremont, OH 43420
(419) 334-8708

Huron County Department of Job & Family Services

185 Shady Lane Drive
Norwalk, OH 44857
(419) 668-8126 OR 1-800-668-5175

Seneca County Department of Job & Family Family Services

33362 South Township Road 151
Tiffin, OH 44883
(419) 447-5011

PARENTING EDUCATION AND SUPPORT

BELLEVUE

Firelands Counseling & Recovery Services
290 Progress Drive Suite B (behind hospital)
Bellevue, OH 44811
419-483-6516

HURON COUNTY

Firelands Counseling & Recovery Services
292 Benedict Avenue
Norwalk, OH 44857
419-663-3737
“Strengthening Families”- Parent piece only
No fee to attend

SANDUSKY COUNTY

Sandusky County Human Services
2511 Countryside Dr.
Fremont, OH 43420
419-334-8708
Call for more information

Firelands Counseling & Recovery Services
675 Bartson Road
Fremont, OH 43420
419-332-5524 (**Rachael Weatherby**)
“Incredible Years” & “Strengthening Families”
Call for more information

The National Alliance on Mental Illness (NAMI)- Seneca, Sandusky & Wyandot Counties

428 Croghan Street
Fremont, OH 43420
419-334-8021 or 888-582-8889 (**Melanie White**)
www.namissw.org
“Family to Family”- family members of persons with
mental illness
“Basics”- parents of children with behavioral,
emotional, or mental disorders-prior to age 18 and Autism
“Peer to Peer”- persons with mental illness
No fee to attend
Call for more information

ERIE COUNTY

Bayshore Counseling
1218 Cleveland Road
Sandusky, OH 44870
419-626-9156 (**Donna Kelley**)
Small Group & Individual Parenting Education
“The Incredible Years”
No fee to attend

Sandusky City Schools

407 Decatur Street
Sandusky, OH 44870
419-627-8124
(419) 984-1312 (**Toni Deluca**)
Support group format with educational information
No fee to attend
Each class is 6 weeks long & only runs during the
school year

SENECA COUNTY

Patchworks House
42 Madison Street
Tiffin, OH 44883
448-0080 (**Barb Flood**)
Topics include: Parenting Education, Communication,
Alternatives to Spanking/Hitting/Spoiling,
Co-Parenting, Building Children’s Self
Esteem, Family Rules, Stress Management, supervise
exchanges and visits, mediation, and child abuse attorney
**See Brochure for explanation of classes
No fee to attend

Firelands Counseling & Recovery Services

76 Ashwood Road
Tiffin, OH 44883
419-448-9440
“Incredible Years” & “Strengthening Families”
Call for more information

Lutheran Social Services

512 E State St Fremont, OH 43420
(419) 334-3431