

The Academic Parent's Guide to Prague

For delegates of the ECC 2016, their carers/partners and their little ones

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Together, they have put together this little guide, to help other academic parents in Prague for the conference. Please get in touch!

- **Please join our Facebook group [Academic Parents in Prague](#) for updates and for organizing visits and fun things to do.**

At the Conference Venue

Please bear in mind that there are no spare rooms to create a dedicated space for kids and parents during the conference. However, there are quite big spacious corridors and shared spaces and the organisers will kindly provide a dedicated corner for kids and parents with few chairs/seats and table. This could serve as a breastfeeding space, as well as space for kids to play. There will be some basic art materials provided (crayons, papers, etc.).

Child-friendly Prague web resources

Good websites to consult for general information on kids friendly places are:

- www.kidsinprague.com (general info)
- www.hristep Praha.cz (interactive map of playgrounds, in Czech). You can see the location and pictures of the playground.

Museums

The conference venue is by the metro station Vysehrad, very close to a historic site and a big green area of Vysehrad, in case of good weather.

It is two stops to Muzeum station by the red metro line C, which is in the city centre. Using this stop you will get out at the main square called Wenceslas Sq (Vaclavske nam). Museums in the Czech republic charge an entry fee.

At top of Wenceslas Square there is the National Museum (www.nm.cz) with its natural history collection. The main historic building is currently being renovated, and the collection is partly displayed in the neighbouring building of the former Federal assembly (building of Radio Free Europe). It is a glass cube next to the main historic building of the National museum (across the road).

There is a very nice café/restaurant with a children's corner.

<http://www.kavarnamuzeum.cz>

Children might also appreciate the ethnographic collection of National Museum at Naprstkovo museum <http://www.nm.cz/Naprstkovo-muzeum/>

Other activities

Prague ZOO is well known and worth a visit if you or your kids like ZOOs and animals. There are restaurants and it is a good day trip if you are at the conference and your partner/child carer is short of ideas for a day. There is also quite a big children's zone / adventure playground. (<http://www.zoopraha.cz/en>)

Petrin Hill/ Lanovka (cable car): Kids might enjoy a trip by Lanovka (cable car). You can use regular tickets on public transport to the top of Petrin hill. There you will find a little viewing tower Petrinska rozhledna (resembling small Eiffel tower). On top of the hill, there is a mirror maze. Petrin hill also has a playground at the bottom, right past the cable car track.

For images check the website (Czech only)

<http://www.petrinska-rozhledna.cz/index.php>

Some information can also be found here

<http://www.praguecityline.com/petrin-hill>

Parks and playgrounds

Kampa park by the river

On the other two islands along the most Legii heading to Narodni dvadlo Strelecky ostrov and Zofin ostrov.

Stromovka and Letna – big green areas.

Cafes and restaurants

1. Café of National museum <http://www.kavarnamuzeum.cz>
2. Restaurant **Vytopna**: Here you sit in a system of railways and small trains are distributing the drinks. It is not the easiest of places to get to with a pram as you need to use a small back lift, but kids over 2 will appreciate it <https://vytopna.cz/>
3. **Parlament** at Namesti Miru (10 min walk from IPPavlova, which is one metro stop from Vysehrad) is <http://www.vinohradskyparlament.cz/cz> with well-known kids zone.
4. **Pizza Nuova**: Near namesti Republiky (right by the entrance to the big department store Kotva) there is pizzeria Pizza Nuova with a playarea. <http://pizzanuova.ambi.cz/en/>
5. **Pizza Coloseum** at Andel : right above the metro exit (Yellow Line B, exit toward tram stops) <http://www.pizzacoloseum.cz/zlaty-andel>
6. **Café Pointa** : near metro stop Hradcanska (not far from Prague Castle) <http://we-like-it-fresh.wixsite.com/cafepointa>
7. **Café Zahorsky** <http://www.cafezahorsky.cz/>
This café is very children friendly with small kids corner, The food is also very nice. The area is called Dejvice.
8. **Divoke matky**: in the area called Karlin this café is primarily for parents and kids, run by two crazy mums!
<http://divokakavarna.wixsite.com/kavarna>

Children's indoors playrooms

Kralik v Radiu Cafe with Kids Playroom, Prague 10
(<http://www.kidsinprague.com/post/kralik-v-radiu-cafe-with-kids-playroom-prague-10/>)

Library

Korunni Public Library at Korunni 68. It's right next to Vinohradska Vodarna (Water Tower) and very close to Jiriho Z Podebrad metro station. This library falls right on the borders of Prague 2, 3 and 10 (it is

actually within the Prague 10 district). Upstairs is the Children's library, there is lift access for prams, toilets and even a coffee machine. The children's library has a couch for reading, a wooden castle for play, rocking horse and a few other toys to keep younger ones occupied. By Tram: take trams 10 or 16 to Vinohradska Vodarna - the library is right there or take tram 11 to Jiriho z Podebrad and walk up to Korruni. By Metro: take the A line to Jiriho z Podebrad. By Car: there is some paid parking spots in Korunni. Address: **Korunní 68/2160 Praha 10**
phone: **224 257 661**
e-mail: knihovna@mlp.cz
<http://www.mlp.cz/en/branches-and-contacts/branches/korunni/?knihovna=>

General note

- Regular café and restaurants do not always have changing facilities so if you need to, please bring your own travel changing mat.
- Prague is breastfeeding friendly.
- Please remember to bring a plug adapter for your breast pump if you need it and you travel from the UK, US or other countries that do not use standard European (continental) plugs.