

Arizona Outdoor Women

7 Days Whitewater Rafting Adventure

Then Hiking Out on Bright Angel Trail

(Trail difficulty- Level 10, gain of 4,000 ft)

Provided by Arizona Raft Adventures



September October 8-14, 2018

\$3000.00

(Payment plan is available approximately \$200.00-12 months)

\$500.00 non-refundable/non-transferable

Minimum age 18 years or older

****Gratuities for the guides are not included in the price****

Includes:

Pre-Trip and Post Hotel

Doubletree Hotel in Flagstaff (2 people per room) and Breakfast next day

Plus transportation back to Flagstaff

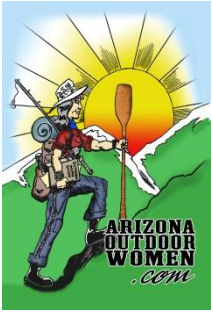
Ever want to go whitewater rafting in the Grand Canyon?

This 18 foot oar raft accommodates four guests and one guide rowing with 11 foot oars from the center of the raft. Guests can try their hands at the oars. The 90 mile river adventure goes through the Grand Canyon, plummets through close to 45 rapids such as: Badger Creek Rapid, House Rock Rapid, Grapevine Rapid and Lava Rapid. Guests have time to explore places along the way such as: Marble Canyon, Little Colorado Canyon, Redwall Cavern, and Deer Creek, to name few. Calm stretches, such as the narrows, allow everyone the opportunity to gather and revel in the beauty of the canyon that towers above. Each day, we will explore side canyons and listen to stories about the canyon. This is also an excellent trip for first-timers as well as seasoned rafters. The fun, excitement and beauty of the Grand Canyon River have never failed to impress. Splashes, beautiful scenery, Big Horn Sheep, Mule Deer, great food and new friends are some of the things to be expected on this adventure!

Bright Angle Trail - The hike up the Bright Angel Trail is extremely arduous and may be the hardest part of your trip, with a gain of 4000 ft in elevation. **You must be in top physical shape!!**

For more information, visit our web site at www.arizonoutdoorwomen.com

E-mail: info@arizonaoutdoorwomen.com or Call 520-240-2437



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Adventure provided by Arizona Raft Adventure

7 Days Oar Rafting on the Colorado River in the Grand Canyon Hiking out on the Bright Angel Trail October 8-14, 2018

Travel Information

October 7 2018 3:00pm Start checking in at the Hilton Doubletree Inn (included 2 people per room)

October 7 2018 7:00pm Meet and Greet in meeting room at Hilton Doubletree Inn

October 8, 2017 6:00 am Depart for Lee's Ferry. You will leave your car at the Hilton Doubletree Inn (Breakfast on the bus)

October 14, 2017 Hike out on Bright Angel Trail 9.5 (very steep trail) Shuttle back to Hilton Doubletree Inn (included)

Provided We will be using on the river "Leave No Trace".

On the River

- Meals from breakfast the first day of your trip through lunch the final day
- Beverages: Gatorade, juice, coffee, and tea, (filtered drinking water is always available)
- Coffee mug
- Plate, knife, fork, and spoon
- Sleeping bag, pad, liner, and ground cloth in a waterproof bag
- Tent (two people per tent)
- PFD Life jacket
- Experienced guide staffs
- Small waterproof bag to have close to you
- Large waterproof bag for your personal cloths

What your will need to bring

- Shorts – (fast drying)
- Light-colored long sleeve shirts – (for sun protection)
- Pants (fast drying) zip off works great
- Base Layer - polypropylene or other wicking type is best
- Wool socks
- Raingear (disposable poncho is fine)
- Fast drying warm outer layer (Fleece or wool recommended)
- Something to wear around camp
- Shoes that can get wet (Chacos or Tevas highly recommended)
- Raingear (the water is **cold 45°**)
- Hat (with drawstring or "leash" recommended and that can get wet)
- Sunglasses (with Croakies or other leash)
- Sunscreen
- Lip balm
- Personal Hygiene (toiletries, towel, biodegradable soap, **please no glass containers**)
- Camera (disposable is fine)
- Flashlight or headlamp (extra batteries)
- Bug spray
- Nalgene Water bottle – so we can clip it to the boat

For the Hike

- Day pack
- Trekking pole
- Water System (3 liters)

Optional Items

- Reading material for the flat water
- Music with headphone

All your items will need to fit into a dry bag (that's provided) which is about the size of a 20 gallon garbage bag. We will provide food, pads to sleep on, fresh water, coffee, and tea. **No glass containers.** Less is more on the river, so pack light.

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