

Sunday 18th November 2018 11am



**Chip
TIME
Results**

SWINDON 10K

10K Road Race over a flat two lap scenic course

*** (Runners from elite to novice - all welcome) ***

** Parking * Toilets * Refreshments * Results * Prizes * Finisher Medal * First Aid*

Swindon Karting, Wroughton, Swindon, Wilts

A 10km race on an accurately measured flat 2 lap course from Swindon Karting, Wroughton via Overtown along quiet rural roads

Please note this course is NOT on the airfield!!

WWW.GRASSROOTSEVENTS.CO.UK



Entry Fee £ 14 (£16 unattached) No Entries on the day

**Send your entry form with 9X4 SAE by 15/11/18 to Race Organiser, Stephen Goulding
1, The Sands, Woodborough, Pewsey, Wiltshire SN9 5PR Tel 0753 4997795 / 01672 851670**

Email gouldings@waitrose.com

Cheques payable to Grass Roots

✂.....

Entry Form

Swindon 10K

(Block Capitals)

Surname _____

Forename _____

Sex: M/F

Address _____

Post Code _____

UKA Affiliated Club _____

UKA Reg Number _____

Date of Birth _____

Age on race day _____

Telephone _____

Email _____

Emergency Contact Name _____ **Emergency Contact Number** _____

Declaration: I agree to abide by the UKA rules. I am medically fit to run and understand that I enter at my own risk and that the organisers will not be held responsible for any loss, damage, action, claim, injury or illness which may arise as a result of my participation. Minimum age: 15 years on race day. The organisers reserve the right to cancel the event due to unforeseen circumstances and entry fees are non-refundable and non-transferable even in the event of cancellation.

Signature _____

Date _____