



Entry Requirements

Certificate IV in Fitness

Students must pass a minimum of one of the following:

- Upper Intermediate Certificate or higher or
- Certificate IV level or higher qualification in Australia or
- IELTS 5.5 or
- Entrepreneur Education English Test

Students will also need to meet **ALL** requirements to obtain the Student Visa (subclass 500). More information on the Student Visa (subclass 500) can be found at www.border.gov.au .

Entry to this qualification is open to individuals who hold a current first aid and CPR certificate and have been recognised as competent through a recognised training program or recognition process against the following units of competency:

SISFFIT001	Provide health screening and fitness orientation
SISFFIT002	Recognise and apply exercise considerations for specific populations
SISFFIT003	Instruct fitness programs
SISFFIT004	Incorporate anatomy and physiology principles into fitness programming
SISFFIT005	Provide healthy eating information
SISFFIT006	Conduct fitness appraisals
SISFFIT014	Instruct exercise to older clients
SISXCCS001	Provide quality service

To ensure that the English test score is current, the English test must have been taken either within two years before the application is made or within two years before the grant of the visa.



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