

# STAY STRONG VIRGINIA

presents

## An Overview of Emotion-Focused Family Therapy **DR. ADELE LAFRANCE**

Co-Developer of Emotion-Focused Family Therapy (EFFT)

**Friday, September 7, 2018, 7-8:30 p.m.**  
**Virginia Farm Bureau Corporate Headquarters**  
**12580 West Creek Parkway Richmond, Virginia 23238**

*Must RSVP to Beth Ayn Stansfield at [Elisabeth\\_Stansfield@yahoo.com](mailto:Elisabeth_Stansfield@yahoo.com) or 804.874.9003*



Adele LaFrance, PhD, C. Psych is a Clinical Psychologist and Associate Professor in the Psychology Department at Laurentian University. She is developer of Emotion-Focused Family Therapy and Emotion-Focused School Support. She has published extensively in the field of clinical psychology and leads multiple research projects in EFFT and mental health. She offers trainings for clinicians and organizations worldwide and is perhaps best known for her work promoting family-focused clinical care for children, adolescents and adults struggling with mental health issues, including eating disorders.

For more information on EFFT, please visit: [www.emotionfocusedfamilytherapy.org](http://www.emotionfocusedfamilytherapy.org)

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