

# FOUR WAYS TO DISPOSE OF YOUR OLD AND UNUSED PRESCRIPTION DRUGS

## Toss Them:

**1** **Order a kit** to properly dispose of your medicines at home. Visit **AddictionPolicy.org/order** for more information.



**2** Mix (don't crush) your old and unused meds with cat litter or used coffee grounds. Put this mixture into a **sealed container**, such as a **plastic bag** or a **coffee can**, and throw it away. Not all medications can be disposed of using this method. To see if this method is appropriate, call the FDA at their toll-free number: (855) 543-3784.<sup>1</sup>



1. Source: FDA - Center for Drug Evaluation and Research. (n.d.). Safe Disposal of Medicines - Disposal of Unused Medicines: What You Should Know.  
[www.fda.gov/drugs/resourcesforyou/consumers/buyingusingmedicinesafely/ensuringsafeuseofmedicine/safedisposalofmedicines/ucm186187.htm](http://www.fda.gov/drugs/resourcesforyou/consumers/buyingusingmedicinesafely/ensuringsafeuseofmedicine/safedisposalofmedicines/ucm186187.htm)

## Drop Them:

- 3** Visit or call your **local pharmacy** to see if it has a take back program



- 4** Find a take back location near you by visiting the DEA's website:  
**[goo.gl/h3u7JS](https://goo.gl/h3u7JS)**



Old and unused medications that are not properly secured or disposed of can pose a threat to you and your loved ones.

**Visit [AddictionPolicy.org](https://AddictionPolicy.org) to learn more.**