



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			¹ Grill Cheese Sand SLOPPY JOE ON A ROLL Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	² Nachos Pizza Bagel Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	Cal 579 T.Fat 18.81 G S.Fat 7.8 G Chol 65.5 Mg Sodm 943.53 Mg Carb 77.49 G
⁵ croissant Chicken Pot Pie Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	⁶ chicken nuggets &fries Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	⁷ paizzo bread Pulled Pork Sandwich Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	⁸ breakfast for lunch Hot Dog in a Roll Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	⁹ meatlovers pizza Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	Cal 615 T.Fat 23.07 G S.Fat 7.6 G Chol 68.5 Mg Sodm 1009.65 Mg Carb 72.29 G
¹² Chicken Fajitas Sausage Calzone Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	¹³ Meatloaf Mashed Potatoes BROWN GRAVY TACO,BEEF Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	¹⁴ Sweet & Sour Chicken BROWN RICE PILAF Fish Sticks Curley Fries Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	¹⁵ Cheeseburger on WW Bun MACARONI AND CHEESE Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	¹⁶ pepperoni pizza Chicken Alfredo Deli Bar SALAD BAR - Memorial FRUIT AND VEGETABLE BAR Milk	Cal 587 T.Fat 17.87 G S.Fat 6.4 G Chol 65.6 Mg Sodm 911.08 Mg Carb 75.04 G
¹⁹ Cook's Choice	²⁰ Cook's Choice	²¹ Cook's Choice			