

CONTROVERSIES & CONVERSATIONS

in Laser & Cosmetic Surgery
an Advanced Symposium

PROGRAM

Monarch Beach Resort • Dana Point, CA
August 11 - 13, 2017

Directors:

Kenneth A. Arndt, MD

Jeffrey S. Dover, MD, FRCPC

Associate Directors:

Murad Alam, MD, MBA

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SKINCARE PHYSICIANS®

Symposium Description

Each year sees the development of many new lasers, light and energy sources, skin tightening devices, relaxers and fillers, and other cosmetic interventions, each with proponents and opponents. The claims and disclaims that follow the development of these devices is often contradictory.

Marketing often precedes the availability of good information about their efficacy and risks. A faculty of distinguished speakers will present their views and stimulate discussion on many of these controversies and other emerging areas. "Controversies" offers participants a unique opportunity to discuss these controversial topics in a collegial atmosphere with a large group of experts in the field.

This course will be of benefit to beginner and experienced laser and aesthetic surgeons, dermatologists, plastic surgeons, otolaryngologists, ophthalmologists, oculoplastic surgeons, and other health care personnel interested in the current status of cutaneous and cosmetic surgery.

Learning objectives

Following this activity, the participant should be able to:

- Identify and manage the spectrum of cosmetic and functional skin conditions treatable with energy-based devices.
- Determine optimum therapy of choice for noninvasive treatment of pigmentary and vascular cutaneous lesions, photoaging, and face and body chronologic aging.
- Explain to patients the rationale for use of chosen laser or aesthetic surgical treatments, interpret what has been written in the scientific literature to wording understandable to a layperson, and recommend appropriate interventions for their concerns.

Format

The controversial issue will be presented at the start of each discussion. Selected faculty members will then be given a finite period of time to present their view. Other faculty will be asked to comment on the presentations. This will be followed by an open vigorous discussion, led by the directors. Both the faculty, as well as members of the audience, will be encouraged to challenge each other's opinions in a lively, no holds barred discussion. The last presentation each morning will feature challenging therapeutic problems and late-breaking "Hot Topics."

Participants and faculty are invited to bring along slides of difficult cases. Throughout the seminar, there will be ongoing discussions among the expert faculty and the participating clinicians about current trends and state-of-the-art techniques in cutaneous and aesthetic surgery.

FRIDAY, AUGUST 11, 2017

7:00 am – 12:00 noon

7:00 – 8:00 Registration and Breakfast

8:00 – 8:05 Introduction

Kenneth A. Arndt, MD • Jeffrey S. Dover, MD, FRCPC • Murad Alam, MD, MBA

8:05 – 8:55 Non-Surgical Body Contouring: Has it Reached Its Limit?

Presenters: Elizabeth Tanzi, MD • Mathew M. Avram, MD, JD • Robert A. Weiss, MD
David J. Goldberg, MD, JD

Panelists: Brian S. Biesman, MD, FACS • A. Jay Burns, MD

8:55 – 9:45 New Horizons in Fractional Technology

Presenters: Ashish Bhatia, MD • Christine Dierickx, MD • Nathan S. Uebelhoer, DO • Dieter Manstein, MD, PhD
Panelists: Christopher B. Zachary, MD • Paul M. Friedman, MD

9:45 – 10:15



BREAK

10:15 – 10:55 Controversies: Complex Cases and Complications

Presenters: Jerome M. Garden, MD (Acne) • George J. Hruza, MD, MBA (Compounding) • James Newman, MD, FACS, David J. Goldberg, MD, JD and Girish S. Munavalli, MD (Thread Lifts) • David H. McDaniel, MD (Submental Skin Tightening) • Brian S. Biesman, MD, FACS (Filler complications)

Panelists: Gary D. Monheit, MD • Emil A. Tanghetti, MD • Brian D. Zelickson, MD

10:55 – 11:40 Controversies: Pearls @ Controversies & Conversations

Presenters: A. Jay Burns, MD, FACS (AFR) • Kevin C. Smith, MD, FRCPC (Cannulas) • Roy G. Geronemus, MD (Lasers and Pediatric Anesthesia) • Arielle N.B. Kauvar, MD • (532 nm Lasers for CALM) • Mark B. Taylor, MD (Umbilical Stem Cells) • Gary D. Monheit, MD (Microtoxin)

Panelists: Kristen M. Kelly, MD, Nicholas J. Lowe, MD

11:40 – 12:00 Hot Topics

- **Should Isotretinoin Limit Procedures?** Murad Alam, MD, MBA • Andrew Krakowski, MD
 - **Feminine Rejuvenation** Macrene Alexiades, MD, PhD • Suzanne L. Kilmer, MD
-

– Conclusion of Friday CME Portion of Symposium –

SATURDAY, AUGUST 12, 2017

7:00 am – 12:00 noon

7:00 – 8:00 Registration and Breakfast

8:00 – 8:35 Laser Assisted Drug Delivery: An Update

Presenters: David M. Ozog, MD • Merete Haedersdal, MD, PhD • Dieter Manstein, MD, PhD
Panelist: Arielle N.B. Kauvar, MD

8:35 – 9:15 Lasers Treatment of Scars: State of the Art

Presenters: Jill S. Waibel, MD • Nathan S. Uebelhoer, DO • Brian D. Zelickson, MD
Panelists: David M. Ozog, MD • George J. Hruza, MD, MBA

**9:15 – 9:55 Fillers: How to Choose, How to Use
Juvederm Ultra, UltraPlus, Volbella, Vollure Voluma;
Restylane Silk, Lyft, Refyne, Defyne; Radiesse, Sculptra, Bellafill, Belotero**

Presenters: Jason Rivers, MD, FRCPC • Greg Goodman, MD • Gary Monheit, MD
Panelists: Kevin C. Smith, MD, FRCPC • Michael S. Kaminer, MD

9:55 – 10:25



BREAK

10:25 – 11:05 Controversies: Complex Cases and Complications

Presenters: Mathew M. Avram, MD, JD (Lasers and Skin Cancer) • Elizabeth Tanzi, MD (Lasers Preventing Skin Cancer) • Girish S. Munavalli, MD (Topical Anti-redness Agents) • Jason K. Rivers, MD, FRCPC (When is Too Old Too Old?) • Gary D. Monheit, MD (Conflict of Interest)
Panelists: Ashish Bhatia, MD • Andrew C. Krakowski, MD

11:05 – 11:45 Controversies: Pearls @ Controversies & Conversations

Presenters: Richard P. Felten, MS (FDA 2017: An Update) • Omer Ibrahim, MD (Bellafill Reaction) • James Newman, MD, FACS (Tranexamic Acid) • Paul M. Friedman, MD (Melasma)
Panelists: Bradley S. Bloom, MD • Christine Dierickx, MD

11:45 – 12:00 Hot Topics

- **PRP** Shilpi Khetarpal, MD
 - **Hand Rejuvenation** Jeffrey T.S. Hsu, MD
-

– Conclusion of Saturday CME Portion of Symposium • Non-CME Presentation begins at 12:00 –

SATURDAY, AUGUST 12, 2017

12:00 noon – 2:00 pm

Corporate Controversies

A non-CME Symposium

10 minute presentations from a series of speakers followed by a panel discussion

Chaired by:

Kenneth A. Arndt, MD
Jeffrey S. Dover, MD, FRCPC

Sponsored by and Presenters from:

Allergan
Sciton
Syneron Candela
ThermiAesthetics
Valeant (Solta Medical)

A buffet lunch will be provided

SUNDAY AUGUST 13, 2017

7:00 a.m. – 12:00 noon

7:00 – 8:00

Breakfast

8:00 – 8:40

Do Energy Devices Tighten Skin? Endymed, Infini, Pico, Profound, Thermage, Thermi RF, Ulthera

Presenters: Barry E. DiBernardo, MD, FACS • Nicholas J. Lowe, MD • Girish S. Munavalli, MD • E. Victor Ross, MD

Panelists: Jason K. Rivers, MD, FRCPC • Mark B. Taylor, MD

8:40 – 9:20

Picosecond Lasers for Tattoos: Do the Clinical Results Match the Early Expectations?

Presenters: Roy G. Geronemus, MD • Suzanne L Kilmer, MD • Eric F. Bernstein, MD, MSE • Emil A. Tanghetti, MD

Panelists: Arielle N.B. Kauvar, MD • E. Victor Ross, MD • Jerome M. Garden, MD

9:20 – 10:00

PDT: What is the Latest?

Presenters: Merete Haedersdal, MD, PhD • Kristen M. Kelly, MD • Macrene Alexiades, MD, PhD

Panelists: Christopher B. Zachary, MD • Thomas E. Rohrer MD

10:00 – 10:30



BREAK



10:30 – 11:10

Controversies: Complex Cases and Complications

Presenters: Michael S. Kaminer, MD (Acoustic Waves and Tattoos) • Nicole Y. Lee, MD, MPH (Cool Mini Complications) • Girish S. Munavalli, MD (Kybella for Paradoxical Fat) • Jill S. Waibel, MD (OCT Vascular Lesions) • E. Victor Ross, MD (Heroin Tattoo) • David H. McDaniel, MD (Needles vs Cannulas)

Panelists: Karen H. Kim, MD • Robert A. Weiss, MD

11:10 – 11:55

Controversies: Pearls @ Controversies & Conversations

Presenters: Thomas E. Rohrer, MD, (Nanopulse) • Eric F. Bernstein, MD, MSE (Seymour Light) • Kevin C. Smith, MD, FRCPC (Clobetasol and Tattoos) • Roy G. Geronemus, MD (Periorbital Lasers)

Panelists: James Newman, MD, FACS

11:55 – 12:00

Closing Remarks

Kenneth A. Arndt, MD, Jeffrey S. Dover, MD, FRCPC Murad Alam, MD, MBA

Continuing Medical Education Information

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Dermatologic Surgery (ASDS) and Masters Program in Laser Education (MPLE). The ASDS is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credit(s)[™]

The ASDS designates this live activity for a maximum of 10.5. *AMA PRA Category 1 Credit(s)[™]*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACGME/ABMS Desirable Physician Attributes / Competencies

The ASDS acknowledges the need for CME content to be designed within the context of desirable physician attributes as expressed by the ACGME/ABMS Core Competencies and the Dermatology Residency Committee. Aligned with Criterion #6 of the Accreditation Council for Continuing Medical Education's Provider Requirements for CME, the content of this educational activity has been developed to address the ACGME/ABMS Core Competencies:

- **Patient Care** that is compassionate, appropriate and effective for the treatment of health problems and the promotion of health.
- **Medical Knowledge** about established and evolving biomedical, clinical and cognate (e.g., epidemiological and social behavior) sciences and the application of this knowledge to patient care.
- **Practice-based Learning and Improvement** that involves investigation and evaluation of their own patient care, appraisal and assimilation of scientific evidence, and improvement in patient care.
- **Interpersonal & Communication Skills** that result in effective information exchange and teaming with patients, their families and other health professionals.
- **Professionalism** as manifested through a commitment to carry out professional responsibilities, adherence to ethical principles and sensitivity to a diverse patient population.
- **Systems-based Practice** as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system for health care and the ability to effectively call on system resources to provide care that is of optimal value.

Disclosure of Relevant Financial Relationships

The ASDS controls the content and production of this live CME activity and attempts to ensure the presentation of balanced, objective information. In accordance with the Standards for Commercial Support established by the ACCME, faculty, staff and any others involved in planning the educational content must disclose any relationship they and their first-degree relatives have with commercial interests which may be related to their content. The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest. All faculty and planners are required to complete disclosure and attestation forms.

Faculty are also requested to make a verbal disclosure at the start of their presentation(s), supplemented by a disclosure slide to ensure that this information is shared with attendees prior to the start of an educational activity. **Faculty and planner disclosures are listed on page 13 of the program. Note: attendees are required to disclose relevant financial relationships if they participate in discussion during an educational activity, e.g., question-and-answer sessions.**

The intent of disclosure is to provide attendees with information so that they can make their own determination whether or not disclosed relationships influenced the content of an educational activity.

Resolution of Conflicts of Interest

The ASDS is committed to providing an open forum for the exchange of ideas and methodology for dermatologic surgery and related basic sciences, as well as ensuring that the content of its educational activities are scientifically based, accurate, current, and objectively presented. The ASDS has developed policies that will resolve all conflicts of interest prior to the educational activity being delivered to attendees.

Unapproved Use Disclosure

The ASDS requires that faculty disclose to attendees when off-label use of products or procedures are being discussed (not approved for the indications being discussed) or experimental and/or investigational (not FDA-approved). These disclosures are intended for continuing medical education, not to promote off-label use of products/procedures. If attendees have questions they should contact the medical affairs department of the manufacturer for the current approved use information.

Commercial Support Disclosure

The following commercial interests provided support in the form of an educational grant for this course:

- Galderma, Merz, and Valeant

Disclaimer

Attendees understand that medical knowledge is constantly evolving, and that the views and techniques of faculty are their own and may reflect innovations and opinions not universally shared. The views and techniques of faculty are not necessarily those of the ASDS and MPLE, but are presented to advance medical education and should be based on best available medical evidence. The ASDS and MPLE disclaim any and all liability arising out of information presented in this symposium, and also disclaim any and all liability for injury or other damage resulting in any way from attendance and participation in this educational activity.

Please Note ...

- Schedule and faculty are subject to change.
- No photos, video or audio recording is allowed without the permission of the organizers.
- By attendance and participation in this symposium, you agree to allow the organizers to use photos taken by approved photographers at this symposium for promotion of future symposiums.

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