

MENLO-ATHERTON FOOTBALL SUMMER 2017

**Football Skills & Conditioning Program - $500**This is a comprehensive strength and conditioning program designed specifically for M-A football. It is held at M-A and includes football skills, training, play book-based drills and more. The experienced coaching staff of M-A Football delivers the program.

**Participation Pledge - $395**It costs $1,000 to outfit a football player each season. We ask that all players who are able donate $395 towards their Spirit Pak which includes:

M-A Bear Summer Athletic Training T-Shirt. Shorts, Socks, Mouth Guard  
Usage of all uniforms and equipment and jerseys (except cleats)  
Summer Insurance  
Double Days Food & Refreshments

Please complete this form and return it with your check made payable to: “Menlo-Atherton Football Association”  
184 Catalpa Drive  
Atherton, CA 94027

OR pay online at http://www.mabearsfootball.com/#!2014-spirit-pack/c18sh

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Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Player Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Level: Freshman JV Varsity Shirt size: M L XL XXL XXXL

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_