



## Start with this...

### Picnic Plate (16)

3 cheeses / daily accompaniments

### Watermelon "Sashimi" (11) GF V

watermelon / fresh feta / maine smoked sea salt / black sesame seeds / spicy-lemon-olive oil

### Zucchini "Carpaccio" (12) GF V

thin sliced zukes / fresh lemon / spicy infused olive oil / arugula / shaved parmesan

### Stones Poke (po-kay) (14)

tuna - OR - tofu V  
edamame / jalapeño / green onion / sesame-soy / seaweed salad / pickled radish / soba noodles

### Tuna Crudo (13) GF

spicy infused olive oil / red chili flakes / radish green / capers / lemon zest

### Mussels (15) GF

white wine and butter - OR - spicy thai coconut

### Buff Shrimp (13)

buffalo / homemade blue cheese dressing

### Chedda-Chips (13)

house-made chips / cheddar / bacon / tomato / sriracha ranch / baked / green onions

### Beach Wings (10)

homemade blue cheese dressing /sweet & zingy

### Sriracha BBQ Tenders (11)

ranch dressing

### Clam Chowder (cup 6.5)

## Sliders

3 per order

### Cauliflower (12) V

hummus / arugula / sriracha greek yogurt

### Lamb (14)

feta / red onion / baby spinach / cumin-mayo

### PeeB-JeeB (12) V

sunflower seed butter / today's jam / maple smoked potato chip

## From the garden...

### House (small 6 / large 10) GF V VG

mixed greens / tomato / red onion / cucumber / basil / balsamic

### Naked Nicoise (nee-swahz) (13) GF V

baby arugula / tomato / olives / sea salted new potato / beet-pickled egg / pickled beet / dilly bean / lemon tarragon dressing

### California (12.5) V

mixed greens / cucumber / avocado / marinated garbanzos / carrot / ramen noodles / green onion / sesame-ginger

### Watermelon & Feta (12.5) GF V

watermelon / feta / radish / grape tomato / avocado / red onion / marinated garbanzos / lemon zest and herb infused olive oil

### J'eggplant (12.5) GF V

baby spinach / cool roasted eggplant / roasted red pepper / red onion / turmeric-yogurt dressing

### The Green (12) GF V VG

baby arugula / avocado / edamame / cucumber / green apple / chives / green herb dressing

add..

fried haddock(9) grilled chicken(7)

wasabi seared tuna(10) steak(10)

scallops(mkt) grilled shrimp(9) lobster(mkt)

tofu(5) chick-a-pea burger(9)

## Sides...

### Dilly Beans (3.5) GF V VG

### Olives (4.5) GF V VG

### Pickled Veg (5) GF V VG

### Cucumber-Carrot and Dill Salad (4) GF V VG

### Seaweed Salad (4) V VG

### Beet Pickled Egg (3) GF V

### House Made Chips (3.5) V VG

### Maine Potato Fries (6) V VG

## Beach grub...

### Big-Beef-Burg (12.5)

cheddar cheese / lettuce / tomato / butter grilled bun / spicy mayo / house-made chips

### Chick-A-Pea-Burg (12.5) V

chickpea-sweet potato burger / cucumber-carrot and dill salad / tomato / grilled bun / spicy mayo / house-made chips

### Steakin' (13)

shaved steak / pepper and onion / cheddar / spicy bbq sauce / sourdough / grilled / house-made chips

### Fish Sandwich (14.5)

panko fried haddock / lettuce / tomato / tartar / grilled roll / house-made chips

### Lobster Roll (market)

mayo - OR - warm butter  
butter grilled roll / house-made chips

### Chicken Flatbread (14)

grilled chicken / spicy-balsamic-strawberry sauce / mozzarella / parmesan / bacon / strawberries / cilantro

### Shrimp Flatbread (19)

spicy shrimp / brie / honey / caramelized onions / arugula

### 2 Baja Tacos (13)

panko fried haddock / sesame ginger slaw / peach-habanero / baja sauce

### Fish & Chips (19)

panko fried haddock / maine potato fries / sesame-ginger slaw / tartar

## Entrees...

### Lobster-Fra-Diavlo (32)

fresh lobster / house made pasta / spicy red sauce / grilled sourdough

### Lackadaisical Lobster (32)

butter poached / sea salt new potatoes / corn

### Chef's Cut (market)

daily cut / sea salt new potatoes / vegetable

### Wasabi Seared Tuna (26)

wasabi-pea-crust / sea salt new potatoes / seaweed salad / sesame-soy

### Seared Scallops (market)

pan seared / sea salt new potatoes / arugula, corn, and bacon sauté

### Shrimp n' Salties (26)

blackened shrimp / sea salt new potatoes / vegetable

### O-Tofu (24) V VG

marinated-sesame-crust / pan seared / orange garlic sauce / sea salt new potatoes / vegetable

Substitutions and modifications are discouraged, thank you

V - Vegetarian / VG - Vegan / GF - Gluten Free

consuming raw, unpasteurized, or undercooked meat, poultry, seafood, dairy, shellfish, or eggs may increase your risk of food-borne illness

## Our farmer friends and local sources...

2 Friends Farm - Attleboro ME  
Taylor Lobster - Kittery ME  
Maine Ocean Lobster Company - Kittery ME  
Maitland Farm - Salem MA  
Sea Cove Farm - Lamoine ME  
Jasper Hill Farm - Greensboro Bend VT  
Maine Sea Salt Co - Marshfield ME  
Raye's Mustard - Eastport ME  
Casco Bay Butter - Portland ME  
Bread & Roses Bakery - Ogunquit ME  
Vermont Farmstead - South Woodstock VT  
Champlain Valley Creamery - Middleburg VT  
Smith's Farm - Winchendon MA  
Cider Hill Homestead - York ME  
When Pigs Fly Bakery - Kittery ME