

# What is Glad To Be Here?

## A list for reflection



- ✔ An attitude of gratitude.
- ✔ The spirit of “purpose larger than self.”
- ✔ The symbol of a greater truth that flows throughout the lives of everyone who takes high performance to the highest level
- ✔ A rejoicing and celebration; looking at the world through a lens of wonderment and joy.
- ✔ I'm glad to be alive.
- ✔ The essence of living and working for something greater than ourselves.
- ✔ An expression of inner joy over outward purpose.
- ✔ An attitude of gratefulness expresses itself in simple acts of kindness & generosity
- ✔ Thankfulness for the experiences I've had, the people I've known, and the camaraderie I've shared.
- ✔ Thankfulness for the victories of life and work, as well as the setbacks that stretched me, tested me, and taught me.
- ✔ Expressing through acts of kindness and giving and also to inspire—to breathe life into goals and others.
- ✔ Use it to improve your life. Use it to enjoy every moment. Use it to live life in all its fullness.