

Winton School
Health and Physical Education Community Survey
Findings and Analysis 2016

Thank you to the families who returned a survey.
We had 36 paper surveys returned and 7 on-line surveys completed.

Although we only had just over 20% of families contribute to the survey, the overall findings of this two yearly survey are very pleasing.

The learning areas that were considered most important in our curriculum and for students to learn (in this order) were:

Mental Health
Physical Activity
Body Care & Physical Safety
Food and Nutrition
Outdoor Education
Sexuality Education
Sports Studies

When asked about our Health programme....

Positives:

Parents said:
They were happy with our current health programme.
The programme is positive and well integrated into learning.
Children enjoy visits to the Life Ed van.
Having a food / brain break is a good idea.

Points to consider:

The age that sexuality education is taught.
Parents role in educating their children about sexuality education.
What does Winton School do for it's community - the elderly, early childhood, the environment, community projects?

When asked where they believe the school is at with regard to the amount of Physical Education, the result was just short of 'just right'

When asked about our PE programme....

Positives:

Parents said:
They are happy with our current PE programme.
There is a range of experiences and opportunities.
Having experts visit is fantastic.
Children are getting the basics.

Points to consider:

The need to have more PE / each day.

Daily fitness is important. Most kids get it in the playground but what about those who don't?

Consider other lunchtime games / activities, eg. Jump Jam, dance, softball, rounders, basketball.

PE doesn't go for long enough.

A longer lead up to Cross Country and Athletics.

More throws and jumps on Athletics Day.

Kids shouldn't be forced into activities like cross country and athletics. Fun Run option?

Does Winton School even have sports equipment?

When asked about our Health and PE Programme in general....**Positives:**

Parents said:

The programmes are great / positive.

It's great having a Sports Coordinator.

Having junior gymnastics at CSC and extra athletics training in Invercargill was great.

It is great that children are part of a team.

Children are getting opportunities at school they don't get at home.

Points to consider:

Having a swimming sports / triathlon / 'uneven' ground training for cross country.

Parents to be told about the content their kids are learning in these areas.

Provide sporting options after school.

Getting older kids to help the younger ones at playtimes.

More non 'mainstream' sports.

More playtime options, eg. hopscotch and 4 square.

Ensure athletics is taught correctly.

Trials for netball teams.

There is too much emphasis on touch rugby.

When asked about our Senior Camps programme....

93% (40) would like to see the current programme retained.

Positives:

Parents said:

Camps are fantastic / great / keep them.

There is ample opportunity to fundraise.

Camps are fabulous events that encourage teamwork / life skills / bonding.

Points to consider

A Year 4 overnight camp

Letting parents know cost of camps at the start of the year.

Perhaps have a fundraising plan.

Cost can be an ongoing issue - balancing the budget.

How many Year 5's don't go to Camp Columba because of their beliefs?

7% (3) would like to see an alternative to the current programme.

Comments:

Kids should subsidise the parents.

Take only the amount of parents you need to satisfy ratios.

The parent selection process needs to be fairer.

Stewart Island and Deep Cove are great but would like to see Tautuku, Catlins, Mavora, Borland Lodge as ideas.

Donations of food for camps.

Camp menus, eg. a roast instead of burgers.

Replace the Stewart Is. Camp so Deep Cove is the pinnacle.

Too many and too long.

Overall Summary:

In summary, most parents believe that our Health programme is comprehensive, has good coverage and is well integrated. Three parents commented on Sexuality Education. Two questioning the age at which students should be exposed to this and one mentioning that it should be the parent's role to teach this to their children. The 'Positive Puberty' module is taught to our Year 7/8's which will remain in place.

Most parents believe our PE programme provides for a variety of physical activities and opportunities. Things to consider include the amount of PE some classes do, extra optional lunchtime activities, more sporting options, more time spent on cross country and athletics and that children shouldn't be forced to participate in activities or events they don't like.

The general feeling about the amount of physical education at Winton School was, as it was two years ago, just short of 'just right' with three parents commenting that they would like to see more PE and/or exercise included in their child's class.

In Term 4, we will be introducing the Central School's Sports Activator programme into all classrooms. This will involve the delivery of fundamental skills-based sessions by a specialist PE teacher, who will also be supporting teachers to build upon their skills, knowledge and confidence to deliver PE.

As it had been four years since the community was last asked, this year we included a survey on the Senior School Camp Programme.

93% of parents would like to see the current programme retained and 7% would like to see an alternative to the current programme.

The Board and staff will consider the findings of this survey when planning future programmes of learning within the Health and PE curriculum areas.

Thank you for your feedback.

Steve Wadsworth
Principal

September, 2016