



ACAP Hickory
Adult Children of Aging Parents

3rd Annual ACAP Caregiver Conference – “Meaningful Tools for Caregiving”

Friday, November 3, 2017

Location: Western Piedmont Council of Governments: 1880 2nd Ave. NW, Hickory, NC 28601

Conference Agenda

9:00-9:30 Registration and Breakfast

9:30-9:45 Opening Remarks

ACAPcommunity: Frances Hall

9:45-10:45 Tool #1

When is it time to ask for help?

Presented by: Mark Hensley, MA

Dementia Services Coordinator

North Carolina Division of Aging and Adult Services

10:45-11:00 Break

11:00-12:00 Tool #2

Food for Thought

Presented by: Kevin Bailey, MS, RD

Regional Healthcare Chain Manager

Gordon Food Service

12:00-12:45 Lunch and Sponsor Recognition

12:45-1:45 Tool #3

Caregiver Technology 101

Presented by: January Brown

Family Caregiver Support Specialist

Eastern Carolina Council of Governments – Area Agency on Aging

1:45-2:00 Break

2:00-2:45 Tool #4

Is London Bridge falling down?

Falls Prevention and Management Strategies for Older Adults

Presented by: Sue Friguglietti, DHA, MA, OTR/L

Associate Professor & Academic Fieldwork Coordinator

School of Occupational Therapy - Lenoir-Rhyne University

2:45-3:00 Wrap Up, Community Sharing, Questions – ACAP