

Ajoene, Allicin, Alliin, Allyl Sulfides, Onion Cysteine Sulfoxides, S-allylcysteine, Thiopropanal S-oxide, Vinylidithiins, Chives, Garlic Chives, Elephant Garlic, Hardneck Garlic, Softneck Garlic, Wild Garlic, Leek, Chinese Onion, Everlasting Onion, Green Onion, Nodding Onion, Pearl Onion, Red Onion, Sweet Onion, Triangle Onion, Welsh Onion, White Onion, Yellow Onion, Ramp, Ramson, Scallion, Shallot.

Saliva, Salivary  $\alpha$ -Amylase, Pancreas  $\alpha$ -Amylase, Glycogen, Amylose, Amylopectin, Duodenal Brush Border, Maltose, Maltase, Dextrin Iso-Maltose,  $\alpha$ -Dextrase, Glucose, Sucrose, Sucrase Invertase, Fructose, Lactose, Lactase, Galactose, Trehalose,  $\alpha$ -Trehalase, Jejunum Assimilation, Ileum Assimilation, Dietary Fiber, Microbial  $\beta$ -Amylase, Pancreas Beta-Cells, Insulin, Pancreas Alpha-cells, Glucagon, Liver, Glycogen Synthetase.

Artichoke, Asparagus, Bean Sprouts, Beetroot, Bell Pepper Mix, Broccoli, Brussels Sprout, Cabbage, Carrot, Cauliflower, Celery, Collard Greens, Fresh Corn, Cucumber, Eggplant, Green Bean, Kale, Lettuce Mix, Ripe Olive, Onion, Parsnip, Green Pea, Potato Mix Red-Russet-White, Pumpkin, Radish, Spinach, Winter Squash, Swiss Chard, Yam & Sweet Potato, Zucchini. Abyssinian Cabbage, Black Mustard, Broccoli Raab, Brown Mustard, Brussel Sprouts, Cauliflower, Collards, Common Broccoli, Daikon, Horseradish, Kohlrabi, Mustard Greens, Napa Cabbage, Oilseed Rape, Pak-Choi, Pepper Grass, Phenyl-Ethyl Isothiocyanite, Radish, Rat-tail Radish, Red Cabbage, Rutabaga, Savoy Cabbage, Sea Kale, Siberian Kale, Sprouting Broccoli, Tendergreen Mustard, Turnip, Turnip Rapeseed, Water Cress, White Cabbage, Anaheim Pepper, Atropine Alkaloid, Bell Peppers, Capsaicin, Cayenne Pepper, Chiltepin Peppers, Currant Tomato, Deadly Nightshade, Eggplant, Habañero Pepper, Hungarian Wax Pepper, Jalapeño Pepper, Jimson Weed, Mandrake, Nicotine, Paprika, Pepper Spray, Pimento, Red Potatoes, Russet Potatoes, Scopolamine Alkaloid, Serrano Pepper, Solanine Alkaloid, Tobacco, Tobasco Peppers, Tomatillo, Tomatoes Hot-House, Tomatoes Sun-Dried, Tomatoes Vine-Ripened, White Potatoes.

Apple Mix, Apricot, Avocado, Banana, Berry Mix, Melon Mix, Carambola, Cherimoya, Cherry, Date, Fig, Grape Mix, Citrus Mix, Nectarine, Guava, Kiwi, Loquat, Mango, Papaya, Passion Fruit, Peach, Pear, Persimmon, Pineapple, Plantain, Plum, Prickly Pear, Prune, Raisin/Currant, Tomato COCONUT

NutraSweet® Aspartame, Barley Malt, Beet Sugar, Cane Sugar-Brown, Cane Sugar-Molasses, Cane Sugar-Refined, Cane Sugar-Turbinado, Corn Sugar, Corn Syrup, Corn Syrup-High Fructose, Date Sugar, Fructose, Galactose, Glucose, Gum Sugar L-Arabinose, Honey, Lactose, Licorice Root, Marsh Mallow Root, Maple Sugar, Maple Syrup, Potato Dextrose, Rice Syrup, Saccharin, Sorbitol, Sorghum, Splenda® Sucralose, Stevia, Sweet'N Low, Xylitol.

Amaranth, Barley, Barley Malt, Buckwheat, Fresh Corn, Corn Mix Blue-Red-White-Yellow, Corn Syrup, Cornstarch, Gliadin, Gluten, Kamut, Maltose, Millet, Oat, Popcorn, Quinoa, Brown Rice, White Rice, Rice Bran, Rice Syrup, Rye, Grain Sorghum, Spelt, Teff, Wheat Bran, Wheat Germ, Wheat-White Flour, Whole Wheat, Organic Wheat, Wild Rice.

Asparagus Bean, Azuki Bean, Black Bean, Black-Eyed Bean, Chick Pea, Chinese Long Bean, Edamame Fresh Soybean, Fava Bean, Flageolet, Great Northern Bean, Green Lentil, Green Pea dry, Green Pea fresh, Haricot Vert, Hyacinth Bean, Kidney Bean, Lima Bean, Mung Bean, Mung Dahl, Navy Bean, Peanut, Pink Bean, Pinto Bean, Scarlet Runner Bean, Snap Bean, Snap Pea, Snow Pea, Southern Pea, Soybean, Split Pea.

Almond, Almond Butter, Anise Seed, Brazil Nut, Cashew, Celery Seed, Chestnut, Chia Seed, Coconut, Coconut Butter, Coriander Seed, Cumin Seed, Fennel Seed, Flax Seed, Hazelnut, Macadamia Nut, Peanut, Peanut Butter, Pecan, Pine Nut, Pistachio, Poppyseed, Psyllium, Pumpkin Seed, Quince Seed, Sesame, Soy Nut, Sunflower Seed, Black Walnut, English Walnut.

Breakfast Cereal Flakes, Non-Fat Dried Milk, Pancake/Waffle Mixes, Pancake Syrup, Poultry Link Sausage, Pop Tarts, Frozen Orange Juice Concentrate, Packaged Pastries, Homogenized Peanut Butter, Sandwich Bread, Deli Meats, Soy Products, Mayonnaise, Ketchup, Instant Top Ramen, Mixed Dried Fruit, Fruit Juice Drinks, Packaged Cookies, Power Bar®, Carbonated Soft Drinks, Toasted Corn Chips, Toasted Potato Chips, Packaged Macaroni & Cheese, Canned Chili Beans, Canned Tuna, Frozen Cheese Pizza, Ice Cream, Cake/Cookie Mixes, Canned Icings/Frostings, Microwave Popcorn. Granola, Frozen Waffles, Granola Bars, Oven-Ready Biscuits, Instant Breakfast Drinks, Cocoa Mixes, Jams & Jellies, Prepared Mustard, Pickles, Ranch Salad Dressing, Vinaigrette Salad Dressing, Canned Olives, Canned Soup, Canned Pastas, Flavored Yogurt, Prepared Pudding, Kool Aid, Jello, Twinkies®, Packaged Crackers, Salted Mixed Nuts, Canned Salsas, Beer, Wine, Pretzels, Dry Pasta, Canned Pasta Sauce, Shake-n-Bake® Package, Hamburger Helper®, Bar-B-Q Sauce, Instant Mashed Potatoes, Packaged Gravy Mixes, Rice-A-Roni®, Canned Chow Mein, Canned Mixed Vegetables, Frozen Enchilada, Frozen Cooked Meats, Frozen Meat Pies, Lean Cuisine® Meals, Canned Fruit Cocktail, Fruit Sorbet, Frozen Fruit Pies, Whipped Topping, Canned Milk, Canned Pie Filling.

Cowmilk Albumin, Butter, Cowmilk Casein, American Cheese, Blue Cheese, Camembert Cheese, Cheddar Cheese, Cottage Cheese, Cream Cheese, Feta Cheese, Goat Cheese Mix, Mozzarella Cheese, Muenster Cheese, Parmesan Cheese, Romano Cheese, Roquefort Cheese, Sheep Cheese Mix, Swiss Cheese, Cowmilk Cream, Cowmilk Kifer, Cowmilk Lactose, Condensed Canned Milk, Raw Whole Milk, Homogenized Pasteurized Whole Milk, Skimmed Milk, Reduced Fat Milk Mix, Sour Cream, Cowmilk Whey, Plain Cowmilk Yogurt, Goatmilk Yogurt.

Bear Meat, Beef, Beef Jerky, Beef Liver, Beef Wiener, Buffalo Meat, Buffalo Jerky, Chicken Meat, Chicken Egg, Chicken Wiener, Cornish Hen, Duck Meat, Duck Egg, Goat Meat, Goose Meat, Goose Egg, Lamb, Moose Meat, Mutton, Pheasant, Pork, Pork Bacon, Pork Ham, Pork Wiener, Quail, Rabbit, Turkey, Veal, Venison, Venison Jerky.

Ascorbic Acid & Ascorbates Mix, Alginic Acid & Alginates Mix, Aluminum Sulfates Mix, Benzoic Acid & Benzoates Mix, BHA & BHT, Calcium Disodium EDTA, Carageenan, Caramel Coloring, Chlorine, Citric Acid & Citrates Mix, Fluoride, Blue, Red, and Yellow Food Dyes, Glycerine Mix, Hydrolyzed Vegetable Protein, Lactic Acid & Lactates Mix, Lecithin, Modified Food Starch, MSG Monosodium Glutamate, Nitrates Mix, Nitrites Mix, Sodium o-Phenylphenolate, Partially Hydrogenated Vegetable Oils, Powdered Cellulose, Sorbic Acid & Sorbates Mix, Sulfites & Metabisulfites Mix, Sulfates Mix, Sulfur Dioxide, Vegetable Gum Mix.

Abalone, Calamari Squid, Gaper Clam, Geoduck Clam, Pismo Clam, Razor Clam, Cockle, Conch, Blue Crab, King Crab, Market Crab, Mud Crab, Sand Crab, Crayfish, Escargot, Limpet, Spiny Lobster, Maine Lobster, Bay Mussel, Freshwater Mussel, Octopus, Bay Oyster, Rock Oyster, Prawn, Scallop, Scampi, Tiger Shrimp, Bay Shrimp, Moon Snail, Sea Urchin.

Amaranth alpha-Amylase, Amaranth beta-Amylase, Amaranth alpha-Amarantin, Amaranth beta-Amarantin, Amaranth gamma-Amarantin, Amaranth Glutinin, Amaranth Prolamin, Buckwheat 2S Albumin, Buckwheat Concanavalin A, Buckwheat Glutelin, Buckwheat Prolamin, Millet Pennisetin, Millet Setarin, Millet Globulin, Sorghum kafirin Prolamin, Sorghum beta-Prolamin, Sorghum alpha-Amylase, Sorghum Globulin, Sorghum Glutinin, Quinoa alpha-Amylase, Quinoa 2S Albumin, Quinoa Globulin, Quinoa Prolamin, Teff Albumin, Teff alpha-Amylase, Teff alpha-Prolamin, Wild Rice alpha-Amylase, Wild Rice 2S Albumin, Wild Rice 11S Globulin, Wild Rice Prolamin.

Apovitellenins I, Apovitellenins VI, alpha-Livetin, Lysozyme, Ovalbumin, Ovoglobulin, Ovomucin, Ovomuroid, Ovotransferrin Iron-Binding Protein, Phosvitin. Milk Proteins: Bovine Immunoglobulin, BSA Bovine Serum Albumin, alpha(S1)-Casein, alpha(S2)-Casein, beta-Casein, para-kappa-Casein, CMP Caseinomacropptide, alpha-Lactalbumin, beta-Lactoglobulin, Lactoferrin. Soy Proteins: alpha-Conglycinin, beta-Conglycinin, Soy Glycinin Soy Legumin, Kunitz—Trypsin Inhibitor, Soy Hull Protein Gly m 1, Soy Hull Protein Gly m 2, Soy Lectin, Soy Lipoxigenase, Soy Profilin Gly m 3, Thiol Protease P34 Gly m Bd.

Acetylsalicylic Acid, Amyl Salicylate, Benzyl Salicylate, Bisabolol, Bismuth Salicylate, Butyloctyl Salicylate, Choline Salicylate, Copper Salicylate, Disalicyd, Ethyl Salicylate, Ethyl Hexyl Salicylate, Homosalate, Isoamyl Salicylate, Magnesium Salicylate, Menthol, Methyl Salicylate, Nicotine Salicylate, Octyl Salicylate, Phenyl Salicylate, Phenyl Ethyl Salicylate, Proanthocyanidin, Quercetin, Rutin, Salicylaldehyde, Salicylamide, Salsalate, Sodium Salicylate, Tartrazine, Thymol, Triethanolamine Salicylate.

A Retinol, A2 Dehydroretinol, B1 Thiamine, B2 Riboflavin, B3 Niacin, B4 Adenine, B5 Pantothenic Acid, B6 Pyridoxine, B7 Mesoinositol, B8 Biotin, B9 Folic Acid, B12 Cyanocobalamin, B12b Hydroxycobalamin, C Ascorbic Acid, Choline, Coenzyme Q10 Ubiquinone 50, D Calciferols, D2 Ergocalciferol, D3 Cholecalciferol, D4 Dihydroergocalciferol, E ad-Tocopherol, E Tocotrienols, F Linoleic Acid, H2 PABA, Intrinsic Factor, K1 Phytonadione, K2 Menaquinone, K3 Menadione, P Bioflavonoids, T Termitin.

Cocoa Powder, Regular Coffee, Decaffeinated Coffee, Cola-Root Beer Mix, Cream, Nondairy Creamer, Distilled Grain Spirits Mix Wheat-Rye-Corn, Apple Juice Concentrate, Grape Juice Concentrate, Orange Juice Concentrate, Lemonade, Meade, Skimmed Milk, Whole Milk, Rice Milk, Soy Milk, Rum Mix, Black Tea, Decaffeinated Tea, Herbal Tea, Vodka, Bottled Mineral Water, Bottled Sparkling Water, Bottled Spring/Demineralized Water, Chlorinated Municipal Water, Organic White Wine, Organic Red Wine, Ice pure water

Allspice, Basil, Bay Leaf, Black Pepper, Cardamon, Cayenne Pepper, Chili Pepper, Chives, Cinnamon, Clove, Coriander, Cumin, Dill, Fenegreek, Garlic, Ginger, Mace, Marjoram, Mustard, Nutmeg, Oregano, Paprika, Parsley, Rosemary, Saffron, Sage, Savory, Turmeric, Tarragon, Thyme.

Almond Oil, Arachidonic Acid, Avocado Oil, Butter, Canola Oil Rapeseed Oil, Caprylic Acid, Chicken Fat, Coconut Oil, Cod Liver Oil, Corn Oil, Cottonseed Oil, DHA Dodecahexenoic Acid, EPA Eicosapentanoic Acid, Flaxseed Oil, Grape Seed Oil, Hydrogenated Vegetable Oils, Lard, Linoleic Acid, ALA a-Linolenic Acid, GLA ?-Linolenic Acid, Linseed Oil, Oleic Acid, Olive Oil, Peanut Oil, Safflower Oil, Sesame Oil, Soy Oil, Sunflower Oil, Superheated Vegetable Oil, Vegetable Margarine.

Butyric Acid, Caproic Acid, Caprylic Acid, Capric Acid, Lauric Acid, Myristic Acid, Palmitic Acid, Stearic Acid, Arachidic Acid, Behenic Acid, Lignoceric Acid, Palmitoleic Acid, Vaccenic Acid, Oleic Acid, Erucic Acid, Nervonic Acid, Linoleic Acid, ALA a-Linolenic Acid, GLA ?-Linolenic Acid, Arachidonic Acid, Stearidonic Acid, EPA Eicosapentaenoic Acid, DHA Docosahexaenoic Acid, Triglycerides Fats, Phosphatides, Lecithin, HDL High-Density Lipoprotein, LDL Low-Density Lipoprotein, VLDL Very Low-Density Lipoprotein, Cholesterol.

Albacore, Anchovy, Black Bass, Catfish, Codfish, Crappie, Flounder, Grouper, Haddock, Halibut, Herring, Lingcod, Mackerel, Mahi Mahi, Monkfish, Ocean Perch, Pike, Plaice, Atlantic Salmon, King Salmon, Sardine, Shark, Sole, Sturgeon, Swordfish, Rainbow Trout, Steelhead Trout, Tuna Fish, Turbot, Whitefish.

Anethole, Benzyl Alcohol, BHT, Carageenan, Chalcone, Chlorophyll, Citrulline, Coniferyl Alcohol, Ellagic Acid, Ethanol, Furfural, Galacturonic Acid, Glucuronic Acid, Glutathione, Imadizole, Indole, Lactic Acid, Lauric Acid, L-Dopa, L-Glutamic Acid, Limonene, Menthol, Naringenin, Nitrophenol, Oxalic Acid, Phenylethylamine, Phloridzin, Phytic Acid, Pinene, Piperine, Red Dye #3, Red Dye #40, Safferole, Salsolinol, Sesamol, Tannic Acid, Thujone, Thymine, Thymol, Tomatidine, Tryptophan, Valeric Acid, Yellow Dye #5, Yellow Dye #6.