

## - INSTRUCTIONS FOR DRAIN POCKETS -

### **Cutting The Pockets**

1. Use pretty quilters cotton which usually comes 45" wide
2. From 1 yard of fabric you will get 12 pockets (24 pieces in total)
3. Cut 7" x 9" pieces using a rotary cutter, cutting mat and large ruler (much easier than scissors)

### **Hemming The Top Edge**

1. Fold over ½" and another ½" and iron. This makes a double hem that won't fray.

### **Sewing The Pocket Together**

1. Take two sides which have already been hemmed and with right sides together, pin around the 3 unhemmed edges
2. Sew on the sewing machine
3. Turn right side out and push the corners out
4. Iron

### **Embellish (only one side of the pocket!)**

1. Use HeatnBond LITE (make sure it's this one) and iron on to the back of some of the quilters cotton
2. Now the fabric will have glue on it – DO NOT PEEL THE BACKING PAPER OFF YET
3. On the backing paper draw hearts, either different shapes and sizes or use a stencil
4. Cut out the hearts then when you are ready to use them peel off the backing paper, position on front of pocket and iron to heat the glue
5. This is LITE and only holds the decoration in place for you to sew around
6. Using embroidery floss, hand stitch around the edge of the heart
7. This is where people get creative and sometimes add embroidery stitches, for example LOVE.
8. Stitch the SOUL RYEDERS® label on
9. If you want to skip the fusible paper you can just have people embroider the pockets with stitches but I found the hearts to be easier and less intimidating.

### **Package**

1. Put two pockets in a cellophane bag (I used Recollections Transparent Archival Bags 7" x 10" from Michael's) and enclose 8 medium sized safety pins, the instruction card (attached to this) and a handwritten note for a survivor.
2. Fold over the top of the bag and stick down with a SOUL RYEDERS® sticker (or tape if not available)